

MHADAB

Shasta County Mental Health, Alcohol and Drug Advisory Board

Agenda- Regular Meeting

Date & Time: [February 18, 2026, 5:30pm-7:00pm](#)

Location: 2420 Breslauer Way, Redding CA
Shasta County Mae Helene Bacon Boggs Conference Center

Members of the Public may attend via Microsoft Teams

[Join the meeting now](#)

Meeting ID: 238 039 470 411, Passcode: X4QW6St2

You can also dial in using your phone

United States: +1 707-596-6814

Conference ID: 540 842 123#

Board Members:

Erin Dooley, Chair
Heather Jones, Vice Chair
Kalyn Jones, Past Chair
Christina McCabe
David Kehoe
Doug McMullin
Doug Nunes
Jo-Ann Medina
Kevin Crye
Laura Tullado-Johnson
Mikayla Price
Nolan Weber
Stacy Watson
Troy Payne

To address the Board:

Please fill out a speaker request form and provide it to the Board Secretary before the meeting begins. Speaker request forms are available on the table by the front door. Each speaker is allocated up to three minutes of speaking time. Board action or discussion cannot be taken on non-agenda matters, but the Board may briefly respond to statements or questions, and if deemed necessary, refer the subject matter to the appropriate department for follow-up.

Participating in the meeting:

Your interest is encouraged and appreciated. The Board wishes to ensure that business is conducted in an orderly fashion and that all have an equal opportunity to observe and participate in the proceedings. Each person who addresses the MHADAB shall not use loud, threatening, profane, or abusive language which disrupts, disturbs, or otherwise impedes the orderly conduct of the Board meeting.

1. Call to Order and Introductions

February 23 to March 1 is Eating Disorders Awareness Week.

2. Public Comment Period

During the Public Comment period, the public may address the Board on any matter not listed on the agenda that is within the subject matter jurisdiction of the MHADAB or on any agenda item listed on the Consent Calendar.

3. Announcements and Staff Updates

A. Receive an update from the HHSA Director Christy Coleman.

4. Consent Calendar

The following Consent Calendar items are expected to be routine and non-controversial. They may be acted upon by the Board at one time without discussion. Any Board member or staff member may request that an item be removed from the Consent Calendar for discussion and consideration.

A. Approval of Meeting Minutes:

i. January 21, 2026, Regular Meeting Minutes

5. Presentations

- A. Bridge Program - Angela Caldwell & Amber Boddy, Community Health Workers, Dignity Health Mercy Medical Center Redding

6. Regular Calendar

Public comment will be invited prior to the close of each item.

- A. Vote to Approve Proposed Executive Committee Calendar
- B. Ad Hoc Annual Report 2025 Committee Update (Stacy Watson, Vacant, Erin Dooley)
- C. Ad Hoc Bylaws Committee Update (Christina McCabe, Erin Dooley, Nolan Weber, Mikayla Price)
- D. Discuss and Vote on a Special Meeting in April 2026 for Training/Goal Setting
- E. Director's Report

7. Committee Reports

- A. Continuum of Care (Christina McCabe)
- B. Stand against Stigma (Kalyn Jones)
- C. Shasta Suicide Prevention Collaborative (Kalyn Jones, Troy Payne)
- D. Shasta Substance Use Coalition (Jo-Ann Medina, Laura Tulleo-Johnson)
- E. MHSA Stakeholder Workgroup (Erin Dooley)
- F. NAMI (Heather Jones)
- G. Quality Improvement Committee (Kalyn Jones, Mikayla Price)
- H. Facility/Program Tours (Laura Tulleo-Johnson, Kevin Crye, Doug Nunes)
- I. Cultural Competency Committee (Jo-Ann Medina)

8. Adjourn

Next Meeting March 18, 2026

MHADAB MEETINGS

MHADAB Regular Meeting

Date & Time: March 18, 2026, 5:30pm

Location: Boggs Building

2420 Breslauer Way, Redding CA 96001

Executive Committee Meeting

Date & Time: TBD

Location: Boggs Building

2420 Breslauer Way, Redding CA 96001

COMMITTEE MEETINGS

Stand Against Stigma

Date & Time: April 8, 2026, 1:30pm

Location: Sunrise Mountain Wellness Center

1300 Hilltop Dr, Suite 200, Redding CA 96003

cdiamond@shastacounty.gov

MHSA Stakeholder Workgroup

Date & Time: TBD, 10am

Location: Boggs Building

2420 Breslauer Way, Redding CA 96001

mhsa@shastacounty.gov

Shasta Substance Use Coalition

Date & Time: March 10, 2026, 10:30-12pm

Location: Virtual via Zoom

shauna@strattonconsulting.org

Shasta Suicide Prevention Collaborative

Date & Time: March 10, 2026, 2:30-4pm

Meeting locations vary, please email:

sstinger@shastacounty.gov

Quality Improvement Committee

Date & Time: March 16, 2026 2:30pm

Location: Boggs Building

2420 Breslauer Way, Redding CA 96001

hhsamcc@shastacounty.gov

Cultural Competency Committee

Date & Time: March 3, 2026, 9am

Location: Virtual via Teams

hhsamcc@shastacounty.gov

NAMI Family Support Group

Date & Time: March 3, 2026, 5:30-7:00pm

Location: 3609 Bechelli Ln, Suite I, Redding CA 96002

shasta.nami@gmail.com

NorCal Continuum of Care

Date & Time: March 10, 2026, 3-5pm

Location: TBD

"The County of Shasta does not discriminate on the basis of disability in admission to, access to, or operation of its buildings, facilities, programs, services, or activities. The Shasta County Mental Health, Alcohol and Drug Advisory Board will make available to any member of the public who has a disability a needed modification or accommodation including an auxiliary aid or service, in order for that person to participate in the public meeting. A person needing assistance should contact the MHADAB Board Secretary by telephone at (530) 225-5170, or in person 2640 Breslauer Way, Redding, or by mail at P. O. Box 496048, Redding CA 96049-6048, or by e-mail at MHADAB@shastacounty.gov at least two (2) working days in advance. Accommodations may include, but are not limited to, interpreters, assistive listening devices, accessible seating, or documentation in an alternate format. If requested, this document and other agenda materials may be made available in an alternative format for persons with a disability who are covered by the Americans with Disabilities Act. Questions, complaints, or requests for additional information regarding the Americans with Disabilities Act (ADA) may be forwarded to the County's ADA Coordinator: Monica Fugitt, Director of Support Services, County of Shasta, 1450 Court Street, Room 348, Redding, CA 96001-2676 Phone: (530) 225-5515 Fax: (530) 225-5345 California Relay Service: 711 or 1-(800)-735-2922, E-mail: adacoordinator@shastacounty.gov. Public records which relate to any of the matters on this agenda (except Closed Session items), and which have been distributed to the members of the Advisory Board, are available for public inspection at Shasta County Health and Human Services Agency, 2640 Breslauer Way, Redding, CA 96001. If there are any questions regarding this agenda, please contact the MHADAB Board Secretary at (530) 225-5170, or via e-mail at MHADAB@shastacounty.gov.

MHADAB

Shasta County Mental Health, Alcohol and Drug Advisory Board

DRAFT Minutes for January 21, 2026

In Attendance: 12 board members

Community Members: 21 (includes virtual attendees)

X Erin Dooley, Board Chair	Kayln Jones, Board Member	X Christy Coleman, MH Director/HHSA Agency Director
X Christina McCabe, Board Member	X Kevin Crye, Board Member	X Bailey Cogger, BHSS Deputy Branch Director
David Kehoe, Board Member	X Laura Tulleedo-Johnson, Board Member	X Cindy Lane, BHSS Branch Director
X Doug McMullin, Board Member	X Mikayla Price, Board Member	X Leah Moua, Mental Health Deputy Branch Director
X Doug Nunes, Board Member	X Nolan Weber, Board Member	X Amber Brock, SUD Compliance Supervisor
X Heather Jones, Board Member	X Stacy Watson, Board Member	X Nicole Bayless, MHADAB Secretary
X Jo-Ann Medina, Board Member	X Troy Payne, Board Member	

1. Call to Order and Introductions

Chair Erin Dooley called the meeting to order at 5:31pm. She introduced the new board members, announced which Board members had been reappointed by the Board of Supervisors and informed the group about January being Substance Use Disorder Treatment month.

2. Public Comment Period

A member of the public made a statement about Board Member Kevin Crye being appointed to the MHADAB by the Board of Supervisors. As well as commented about Erin Dooley being an employee of HHSA.

A representative of Hill Country Clinic shared their efforts to improve services and to identify gaps in care in Shasta County by doing an anonymous Needs Assessment Survey. It was requested that it is shared with all stakeholders and community partners.

A member of the public spoke about losing advocates on the MHADAB this year.

A member of the public requested short biographies from the new board members be shared.

3. Announcements and Staff Updates

A. County Staff to address Public Comment from meeting 11/19/25.

HHSA Director Christy Coleman gave a handout from Community Relations in response to a public comment regarding MHADAB on social media. She stated that this information will be published quarterly to report social media requests.

4. Consent Calendar

A. Approval of Meeting Minutes:

i. November 19, 2025 Regular Meeting Minutes

Approved as attached to the January 21, 2026 meeting agenda.

Motion: Heather Jones

Second: Christina McCabe

Approved with eleven (11) ayes, zero (0) nays, and one (1) abstention.

5. Presentations

A. Medication Assisted Treatment (MAT)—Dr. Mercedes Patee, Renewed Life Medical Group
Question and Answer period followed.

6. Regular Calendar

- A. Open and close public hearing to receive comments on the “Fiscal year 2025/2026 MHSA Annual Update”, (as required by CCR, Title 9, Section 3315A).

A member of the public stated that she didn’t get her information packet in enough time to review the materials to comment on the report.

Community Development Coordinator Ashley Saechao stated that MHSA received one public comment during the 30-day open public comment period. She read the comment and stated it was not an actionable item.

- B. Vote to approve the “Fiscal Year 2025/2026 MHSA Annual Update”

Approved as attached to the January 21, 2026 meeting agenda.

Motion: Mikayla Price

Second: Christina McCabe

Approved with twelve (12) ayes, zero (0) nays, and zero (0) abstentions

- i. Recommend the approved “Fiscal Year 2025/2026 MHSA Annual Update” to the Shasta County Board of Supervisors.

MHADAB agreed to recommend the approved “Fiscal Year 2025/2026 MHSA Annual Update” to the Shasta County Board of Supervisors.

- C. Nominate candidates for Vice Chair 2026

Board Member Kevin Crye nominated Troy Payne.

Board Member Troy Payne declined the nomination

Board Member Jo-Ann Medina nominated David Kehoe.

Board Member David Kehoe declined previously and was not present at the meeting to accept or decline the nomination.

Board Member Kevin Crye nominated Christina McCabe.

Board Member Christina McCabe would like more information about Vice Chair.

Board Member Heather Jones and Chair Erin Dooley both shared their experience of being a past Vice Chair.

Board Member Kevin Crye nominated Board Member Heather Jones.

Board Member Heather Jones accepted the nomination pending moving the executive committee meetings to a Tuesday or Wednesday and that she wouldn’t be required to be Chair in 2027

Motion: Kevin Crye

Second: Stacy Watson

Approved with eleven (11) ayes, zero (0) nays, and one (1) abstention (Heather Jones)

- D. Vote to approve Regular and Executive Committee Calendar modifications

A member of the public stated that the minimum number of meetings is 10 per year.

Motion: Kevin Crye motioned to approve the regular calendar, minus the executive committee dates

Second: Heather Jones

Approved with twelve (12) ayes, zero (0) nays, and zero (0) abstentions.

- E. Discuss Ad Hoc Annual Report 2025 Committee Update (Stacy Watson, David Kehoe, Erin Dooley)

Chair Erin Dooley believes that Imperial County is a good template to use for formulating the new Annual Report template.

F. Form Ad Hoc Bylaws Committee

Board Member Christina McCabe, Erin Dooley, Nolan Weber and Mikayla Price

G. Review and approve revised presentation guidelines

A member of the public would like the contracts for the programs giving presentations to be included in the agenda packet, as well as data, program outcomes, budget and future projections.

Board Member Heather Jones suggested that 8 minutes is too short for presentations and stated the time should be flexible depending on the topic; Chair Erin Dooley and Board Member Troy Payne agreed.

Board Members Heather Jones and Kevin Crye suggested that information on the topic could be provided to the board and public in writing and then the slides be condensed for a shorter presentation, affording time for questions.

Presentation guidelines approved as attached to the January 21, 2026 meeting agenda.

Motion: Jo-Ann Medina

Second: Kevin Crye

Approved with twelve (12) ayes, zero (0) nays, and zero (0) abstentions.

H. Review 2026 Board Presentation Topics and Presentation schedule

A member of the public stated that they would like MHADAB to reach out to stakeholders for ideas for presentations, such as CalAIM.

Ideas for presentations offered were New Life Discovery (Heather Jones), Perinatal (Christina McCabe), Substance Use Coalition (Erin Dooley), Care Court (Erin Dooley), BHCIP awardees (Heather Jones), Lotus with Innovations (Erin Dooley), Public Defenders office (Erin Dooley), HOPE van (Mikayla Price), Prop 1 refresher (Nolan Weber), MAT treatment in hospital presentation/discussion (Doug McMullin), Youth focus (Stacy Watson), 5-peaks (Laura Tullado-Johnson), Redding Rancheria intersection (Christina McCabe), Hill Country Clinic (Doug McMullin), Shasta Community Health Center (Heather Jones).

I. Director's Report

BHSS Branch Director Cindy Lane stated the report is in the packet and asked if there were any questions.

Chair Erin Dooley commented on the veterans' suicide rates.

Board Member Troy Payne reported that the veteran suicide fatality review team is being formed, and he will be volunteering.

A member of the public asked about the number of beds available in Shasta County that have mental health patients filling them and asked why we aren't contracted for all the available beds.

7. **Committee Reports**

A. Continuum of Care (Kevin Crye)

Board Member Kevin Crye nominated Christina McCabe to attend these meetings. They will be held on the 2nd Tuesday of the month from 3-5pm. Board Member Christina McCabe accepted.

B. Stand against Stigma (Kalyn Jones)

Board Member not present to give a report.

C. Shasta Suicide Prevention Collaboration (Kalyn Jones, vacant)

Board Member Troy Payne accepted the second position on this committee. Board Member Troy Payne reported that this is a small group, approximately 6 people in person and 3-4 people online

D. Shasta Substance Use Coalition (Jo-Ann Medina)

Board Member Jo-Ann Medina emphasized the “No overdose” campaign, a multi-agency collaboration.

Board Member Laura Tulleo-Johnson volunteered to report on the Shasta Substance Use Collaborative meeting.

E. MHSA Stakeholder Workgroup (Erin Dooley)

Chair Erin Dooley reported discussion on the Level-Up Norcal referral process, that Lotus is in the contracting phase, and that the next meeting is February 5, 2026.

F. NAMI (Heather Jones)

Board Member Heather Jones conveyed that NAMI has a new president, Lisa, and that they are recruiting for new members.

G. Quality Improvement Committee (Kalyn Jones, vacant)

Board Member is not present to give a report.

Board Member Mikayla Price volunteered to attend future meetings.

Clinical Program Coordinator Leah Shuffleton clarified that these meetings will now be in person until they can get set up to be hybrid.

H. Facility/Program Tours (vacant)

Board Member Laura Tulleo-Johnson volunteered to lead this committee.

Board Member Kevin Crye would also like to be on this committee but wants visits to be spontaneous to ensure authenticity.

Board Member Doug Nunes also volunteered.

I. Cultural Competency Committee (Jo-Ann Medina)

Board Member Jo-Ann Medina stated that the committee is considering the topic of human trafficking as part of their annual training. They are currently looking for experts who can speak about this growing concern in several communities.

8. **Adjourn**

Call to adjourn meeting at 7:01 pm.

Motion: Kevin Crye

Second: Doug McMullin

Next meeting scheduled for: February 18, 2026

Erin Dooley, MHADAB Chair

Date



**Mercy Medical
Center Redding
(MMCR)
Bridge Program**

Angela Caldwell and
Amber Boddy - Community
Health Workers

 **Dignity Health.**
Mercy Medical Center
Redding

1

What is the Bridge Program

The Bridge Program saves lives by enabling people who use drugs to get medication for addiction treatment (MAT) in Emergency Departments and Hospitals throughout California. 24/7 open door access to evidence based addiction treatment. CHW's provide continued care and connection to the community.

 **Dignity Health.**
Mercy Medical Center
Redding

2

Who is The Patient

Our services are open to anyone living with Substance use disorder. Whether they're just beginning their recovery, looking for a new program or wanting Harm Reduction services.



3

Resources and Community Partners

- ▣ Shasta County Mental Health Services
- ▣ Church Base Ministries "Free"
- ▣ Mobile Crisis Unit
- ▣ Clean and Sober Living
- ▣ Local Native American Clinic
- ▣ Community Health Clinics
- ▣ Detox and Residential Facilities



4

Success Story

27-Year old patient admitted for endocarditis, left AMA because they were embarrassed to mention their withdrawal symptoms. At home patient was found overdosed in the shower, needle in arm. They arrived back in the ED for Fentanyl overdose within 45 minutes of leaving AMA. During the second visit, withdrawal symptoms were managed and they were connected to the Substance Use Team. They met daily during the stay and together formed a plan. Patient was discharged straight to residential treatment. They completed 90 days and graduated program.

Shasta County Mental Health, Alcohol and Drug Advisory Board (MHADAB) MEETING SCHEDULE 2026

Executive Committee

(First Wednesday of the following months excluding Jan)

Location: Boggs Building, 2420 Breslauer Way, Redding, CA. 96001

January 12, 2026 @ 11:00 am

March 4, 2026 @ 11:00 am

May 6, 2026 @ 11:00 am

August 5, 2026 @ 11:00 am

October 7, 2026 @ 11:00 am

November 4, 2026 @ 11:00am

PLEASE CONTACT BOARD SECRETARY NICOLE BAYLESS FOR ADDITIONAL DETAILS

(530) 768-9704 or MHADAB@SHASTACOUNTY.GOV

<https://www.shastacounty.gov/health-human-services/page/mental-health-alcohol-drug-advisory-board-mhadab>



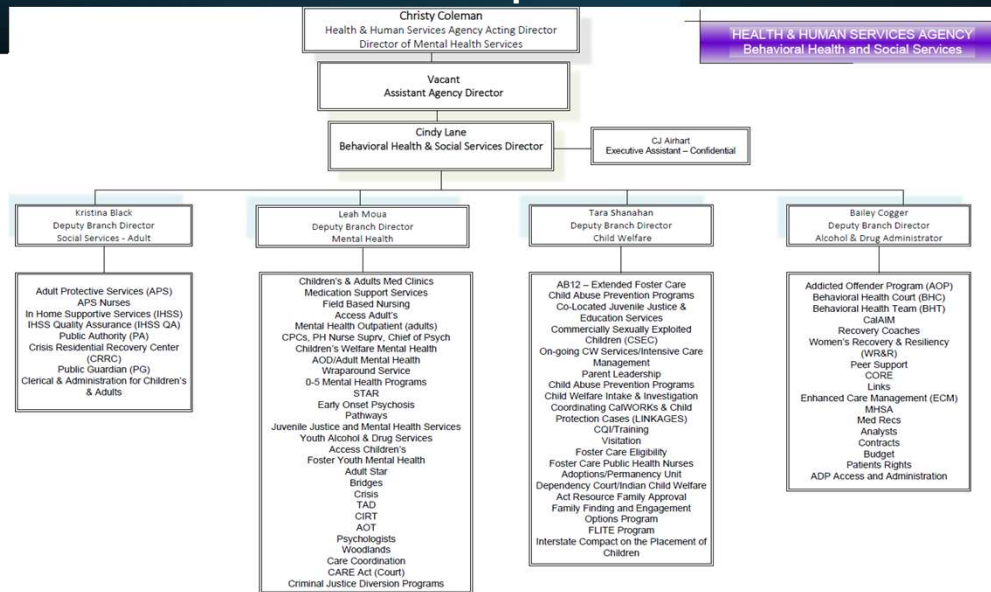
Mental Health, Alcohol and Drug Advisory Board (MHADAB)

DIRECTOR'S REPORT

2/18/26

2

HHSA Senior Leadership

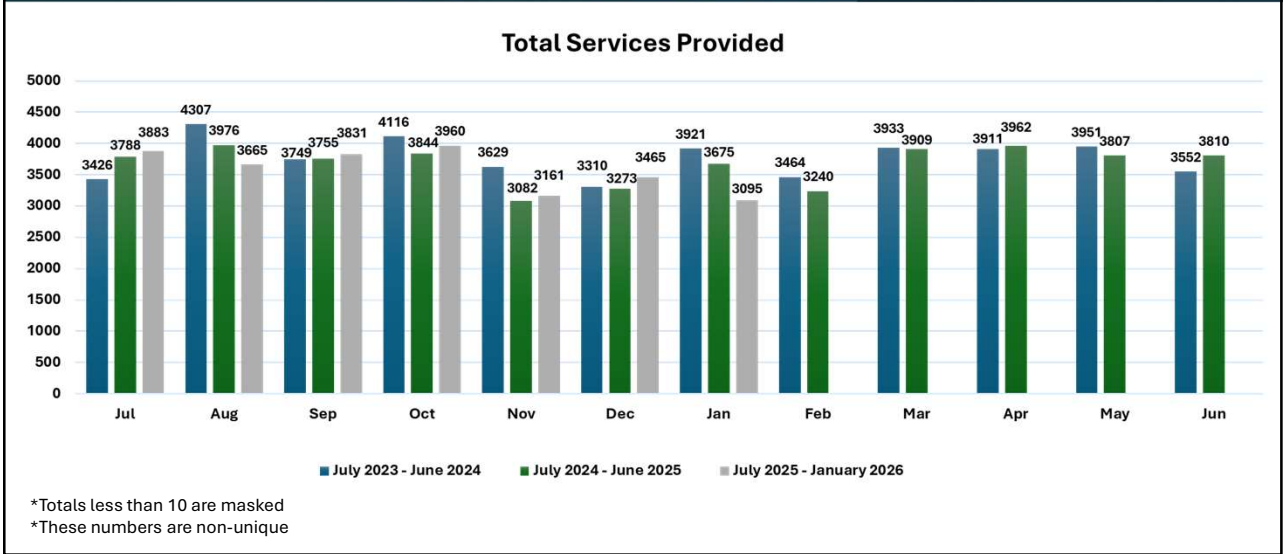


3

Mental Health Services

4

Total Services Provided by Month FY Comparison



5

Clients Served by Primary Diagnosis by Age

FY Comparison

Jul 2023-Jun 2024					Jul 2024-Jun 2025					Jul 2025-Jan 2026				
Diagnosis	<18	19-59	60+	Total	Diagnosis	<18	19-59	60+	Total	Diagnosis	<18	19-59	60+	Total
ADHD	51	10	<10	62	ADHD	46	<10	<10	56	ADHD	37	<10	<10	47
Adjustment Disorders	59	47	11	117	Adjustment Disorders	70	43	14	127	Adjustment Disorders	46	28	<10	82
Alcohol	<10	58	12	73	Alcohol	<10	52	11	66	Alcohol	<10	30	<10	36
Bipolar Disorders	19	84	18	121	Bipolar Disorders	19	86	18	123	Bipolar Disorders	16	53	<10	78
Depressive Disorders	145	235	61	441	Depressive Disorders	103	212	63	378	Depressive Disorders	105	181	70	356
Drug Use	15	189	<10	210	Drug Use	10	137	<10	150	Drug Use	<10	83	<10	96
Mood Disorders	71	156	25	252	Mood Disorders	73	160	20	253	Mood Disorders	81	103	14	198
Psychosis	10	131	21	162	Psychosis	<10	147	17	172	Psychosis	<10	116	18	142
PTSD	148	71	12	231	PTSD	139	73	15	227	PTSD	84	50	11	145
Schizophrenia	<10	342	125	471	Schizophrenia	<10	301	117	425	Schizophrenia	<10	253	101	359

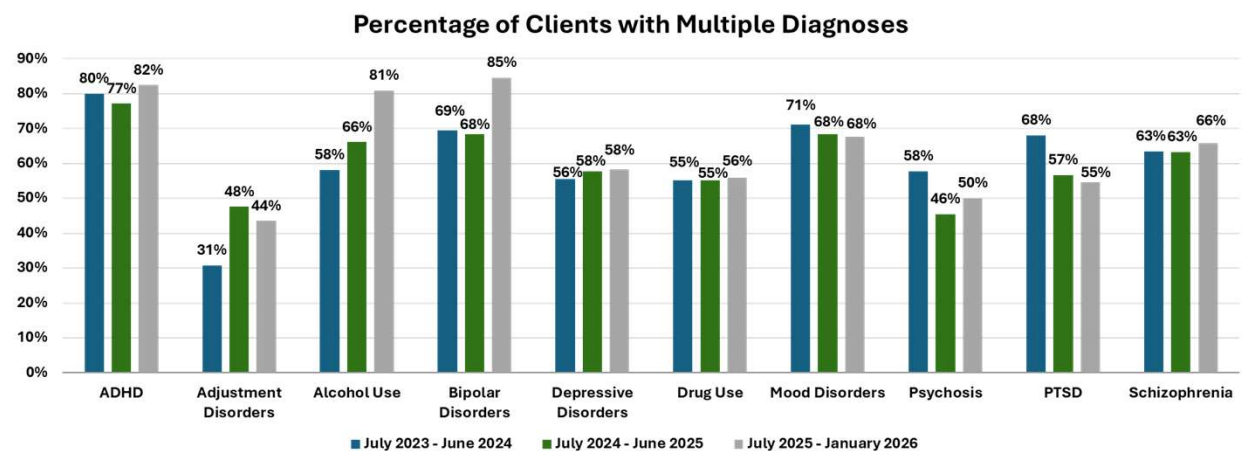
*These numbers are unique

*Totals less than 10 are masked

6

Clients Served with Multiple Diagnosis

FY Comparison



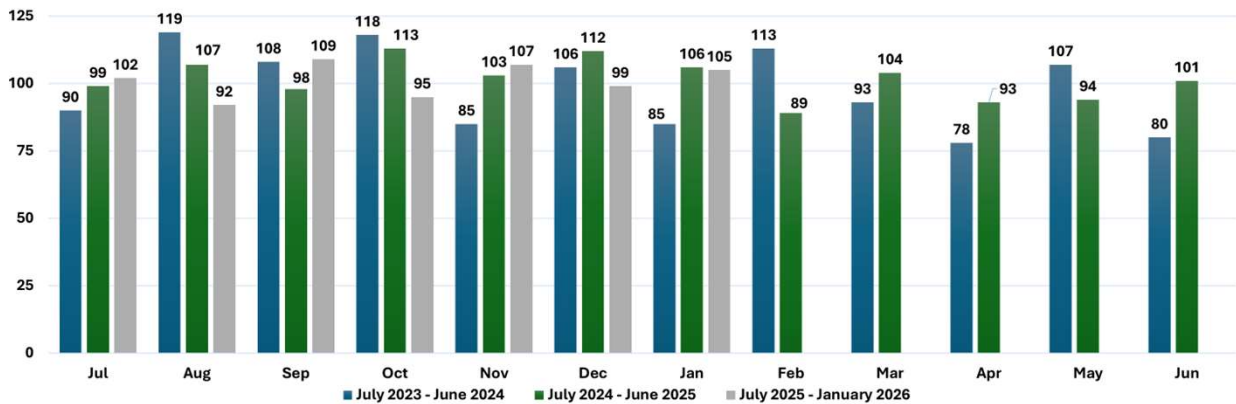
*Totals less than 10 are masked

*These numbers are unique

7

Crisis Services (ER) Historical Trends

5150 Holds
FY Comparison



Total Holds Jul 2023-Jun 2024:
1182

Total Holds Jul 2024-Jun 2025:
1219

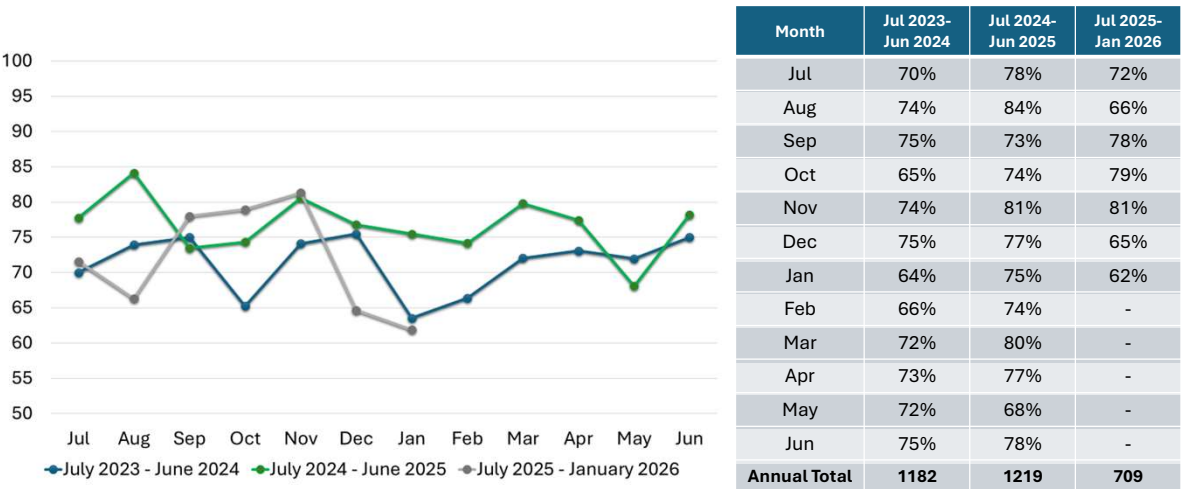
Total Holds Jul 2025-Jan 2026:
709

*Numbers are not unique

8

Crisis Services (ER) Historical Trends

Percentage of 5150 Holds Upheld
FY Comparison

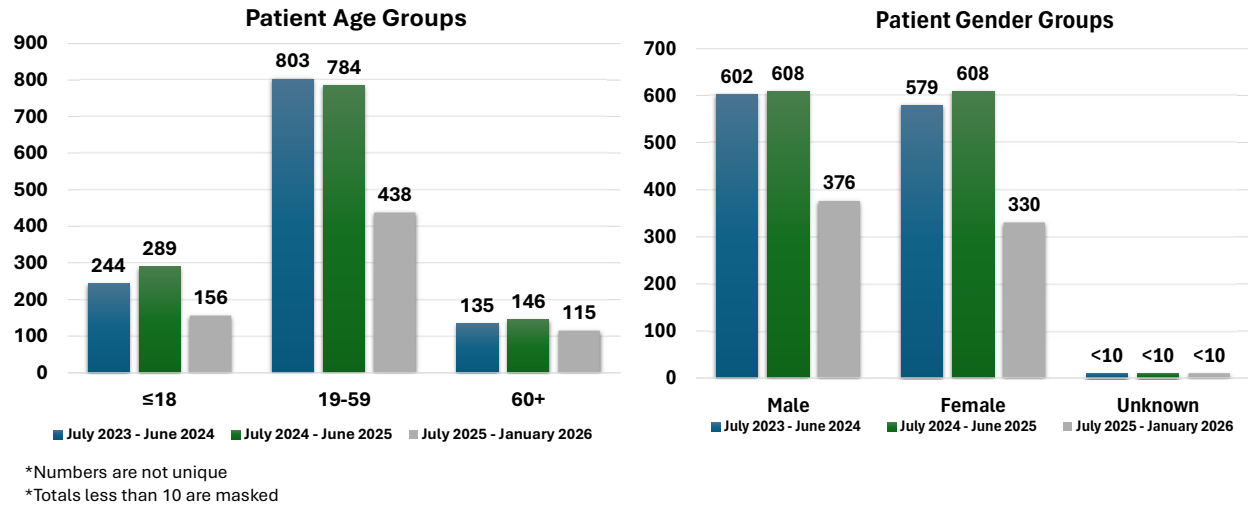


*Numbers are not unique

9

Crisis Services (ER) Historical Trends

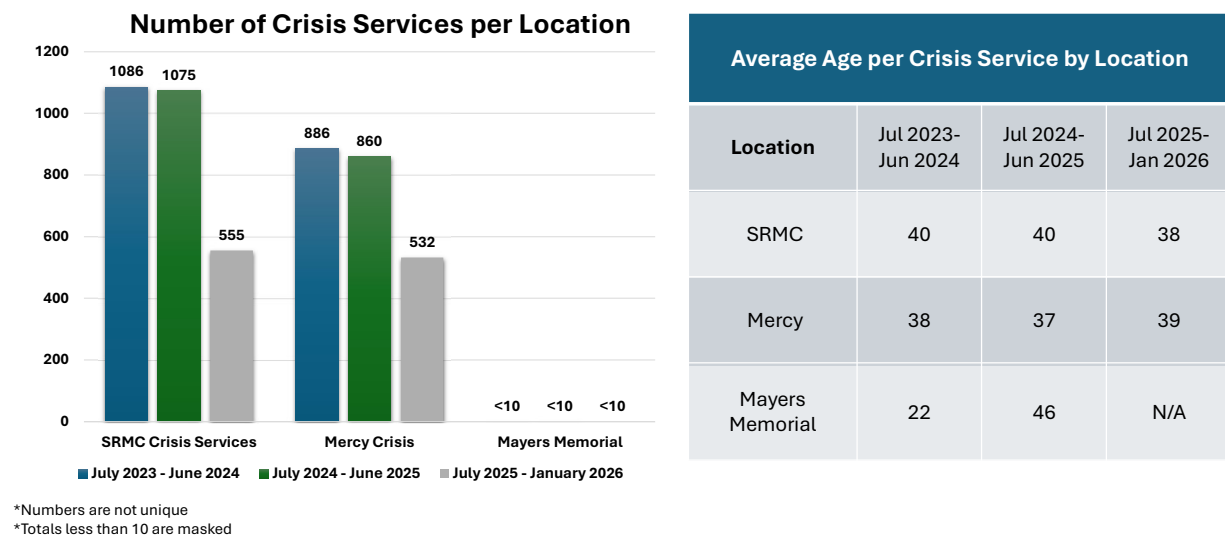
5150 Holds by Age and Gender
FY Comparison



10

Crisis Services by Location

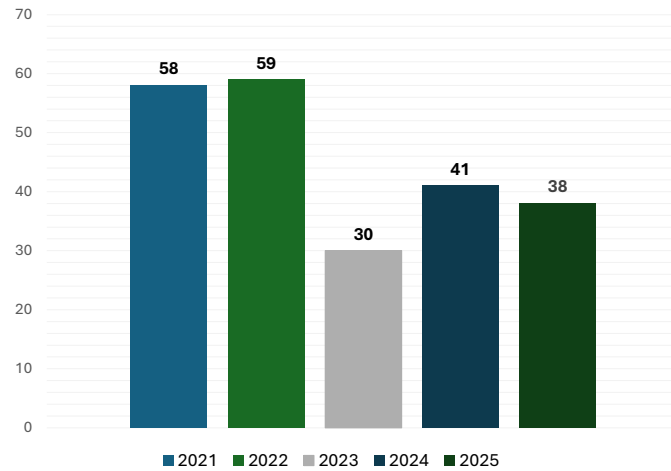
FY Comparison



11

Annual Suicide Rate Comparison

Shasta County Suicide Deaths



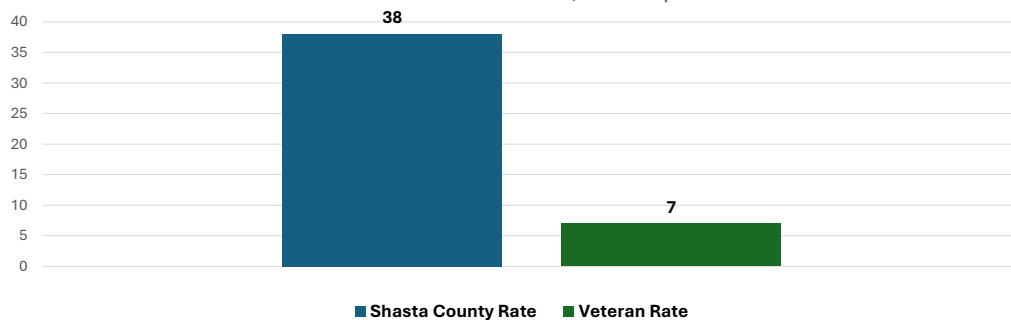
*2025 data is still considered preliminary data and could change as potential cases are still under investigation, toxicology reports, and are then finalized and processed.

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Suicide Rates - Veterans of Shasta County

2025

Suicide Rates Per 100,000 People



Veterans remain a high percentage, 22% in 2025, of suicide deaths despite only making up about 7% of the population in Shasta County. Suicide rates among veterans in Shasta County is more than twice the rate seen among the general populace. This highlights the need for better services and care both for physical and mental health to those with veteran status. *Shasta County Public Health Epidemiologist*

*2025 data is still considered preliminary data and could change as potential cases are still under investigation, toxicology reports, and are then finalized and processed.

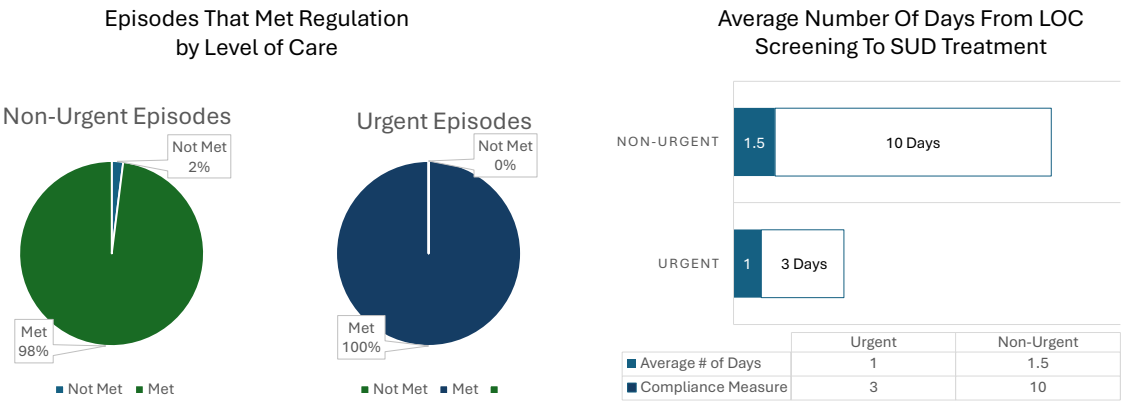
13

Substance Use Disorder Services

14

Timely Access To Treatment

October 2025-December 2025

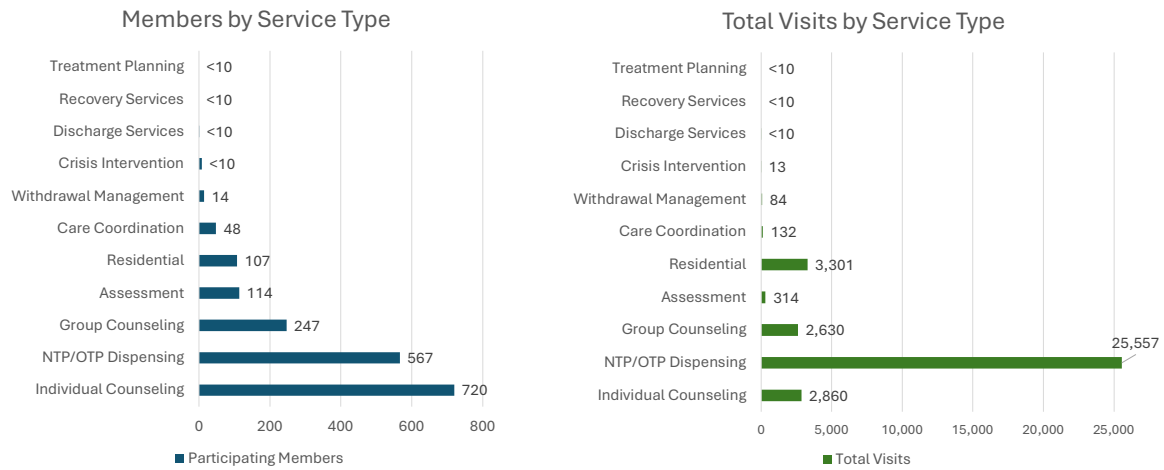


*Based on claims received by Partnership Health Care
*Updated data provided by Partnership on a Quarterly basis

15

SUD Services by Type

October 2025-December 2025



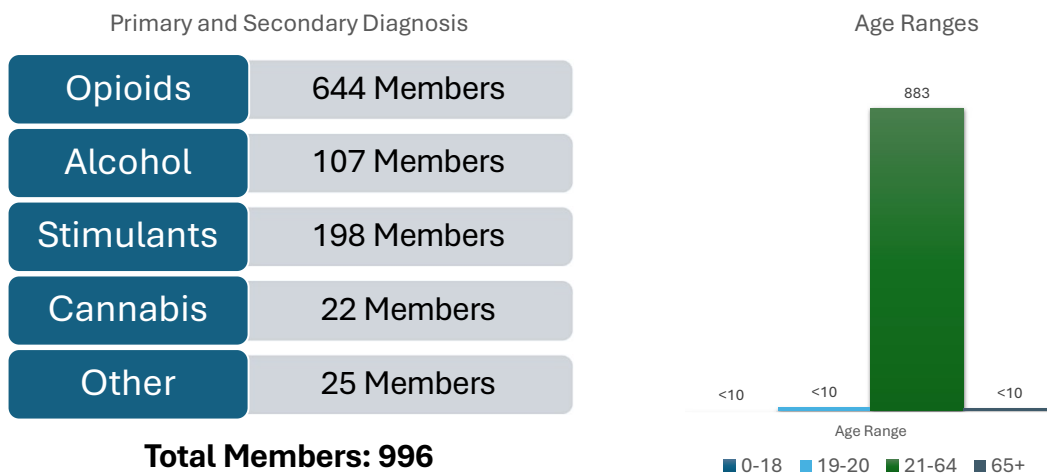
*Numbers listed on the graphs are non-unique, Based on claims received by Partnership Health Care

*Totals less than 10 are masked, Updated data provided by Partnership on a Quarterly basis

16

Clients Served by Diagnosis

October 2025-December 2025



*Unique numbers, Information from Partnership Wellness and Recovery SUD Claims

*Totals less than 10 are masked, Updated data provided by Partnership on a Quarterly basis

17

17

BHSA Updates



Shasta County BHSS released their Community Engagement Survey on Behavioral Health Services as part of their Community Planning Process for the upcoming Behavioral Health Services Act changes. The survey was made available on 12/15/2025 through 12/29/2025. 69 responses were received. The BHSA team is working closely with the Epidemiology team to analyze and create a report on the survey.

DHCS released the draft of the Behavioral Health Services Act County Policy Manual Module 4 on December 1st.

Module 4 provides guidance on:

- Evidence-Based and Community-Defined Practices: How counties can select services that are research-based or rooted in cultural and community experience.
- Full-Service Partnership (FSP) Implementation Requirements: Expectations for delivering intensive, wraparound care using proven models.
- Oversight and Monitoring: A clearer framework for how DHCS will support and review county implementation, including reporting, compliance, and enforcement.

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“Engaging individuals, families and communities to protect and improve health and wellbeing.”

Christy Coleman, Health and Human Services Agency Director and Director of Mental Health Services

Cindy Lane, Behavioral Health and Social Services Branch Director

Bailey Cogger, Behavioral Health and Social Services Deputy Branch Director—Alcohol and Drug Programs

Kristina Black, Behavioral Health and Social Services Deputy Branch Director—Adult Social Services

Tara Shanahan, Behavioral Health and Social Services Deputy Branch Director—Child Welfare

Leah Moua, Behavioral Health and Social Services Deputy Branch Director—Mental Health

Health & Human Services Agency | Shasta County California

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