**SHASTA COUNTY COMMISSION ON AGING**

**Minutes for January 19, 2024**

Shasta County Administration Center

1450 Court Street, Room 311

10:00 AM

**Call to order:** 10:00am

**Commissioners Present:** Kristie Mathews, Jean Blankenship, Carolyn Gomes, Bonnie Simmons, Lynn Dorroh,Patty Plumb

**Commissioners Absent:** Barbara Ghidinelli, Bonnie Giles

**Others present:** Cindy Lane, Lisa L Fisher, Jeff Van Ausdall

**Approve the minutes**: December 2023-motion to approve by Jean Blankenship, seconded by Lynn Dorroh. Approved

**Review current ByLaws:** The government document we are working with currently is somewhat confusing language. We are going to be working on revisions of the ByLaws to make them less confusing and easier to follow.

**Ad Hoc committee update:** We will dissolve the Ad Hoc committee to afford more time to work on updating the ByLaws.

**Discuss City of Redding COA representative:** She will have an extended absence, possibly more than 3 months. She is a very active member who has made tremendous contributions. Possibly we can get an alternate to sit in her place if the ByLaws support it. Other boards make exceptions for people to go on leave for extended periods of time. We will need to run it through legal.

**Motion to appoint an alternate representative for City of Redding for this extenuating circumstance:** Motion by Carolyn, seconded by Lynn Dorroh. Approved.

We can conduct no business if we do not have a quorum. As some people travel a great distance to be here, if you are going to be absent, please notify the chair asap so in the event of no quorum, the meeting can be cancelled.

**Select desired presentations for the remainder of 2024:** February Kristine Boban from Sierra Oaks. March Lucky Jesrani, Shasta County DA possibly with APS representative also. Elder abuse awareness month is June-try to get agencies that are directly involved in elder abuse awareness events: Dignity Health Connected Living, Ombudsman, IHSS, Older Adult Policy Council, Shining Care, rep from SRMC or Mercy, VA, Shasta County Public Health.

**COA Performance Review: What things have we done well and what needs improvement?** We have done well trying to get this commission in line with its intended purpose. We are trying to create a strong foundation of ByLaws. Wish we could have had more success with bringing the Supervisors to the Seniors but understand that we have to get the ByLaws in line first. Chair will write a ‘Year in Review’ and make a presentation at a BOS meeting.

**Reports from Commissioners:**

**County Update**-Kristie Mathews had a conversation with one of the supervisors and brought to their attention some issues for this committee. The Supervisor instructed her to ask for the things needed, such as, a modest budget, an allocated amount of legal availability, a meeting room with sufficient audio/visual and zoom access, and audit capability.

**Guest Presentation: Jeff Van Ausdall-Shasta County PH**: Volunteer instructors needed. Fun with Senior Fitness program is a program that is county wide in Shasta County. It is run by volunteer instructors. We are planning an annual instructor training on March 22, 2024 from 8:30am-1:pm at DHCL-100 Mercy Oaks Dr., Redding, CA 96003. Lunch is provided. It is for people who want to help seniors get fit and get in better health. We are looking to expand to other parts of the county.

**Adjournment**: 11:17 am **Next meeting date:** February 16, 2024