**SHASTA COUNTY COMMISSION ON AGING**

**Minutes for May 20, 2022**

Shasta County Administration Center

10:00 AM

**Call to order**- 10:00am

**Commissioners Present:** Barbara Ghidinelli, Jim Berg, Kristie Mathews, Betty Harrison Smith

**Commissioners Absent:**

**Pledge of Allegiance**

**Approve the minutes**: April 15, 2022-Approved.

**Meeting Status:** Meetings to be held in person at Shasta County Administration building, unless COVID restrictions change. No hybrid or on-line option available at this site.

**Guest Speaker:** Marianne Seifert, Marianne’s Senior Placement Services:Marianne has been in Redding for 27 years. She moved here from Chicago after college. She has a degree in Phycology. She worked for 5 years as a social services director at a SNF. At that time, she started her senior placement service. She walks you through the process of finding an assisted living or residential care facility for your loved ones. She tries to help you figure out the best option based on what’s affordable, the care needs, and what are you looking for in a facility. There are so many facilities out there and they are all different. She can help you navigate and narrow down your search. She helps people in all stages of the process. The assisted living facilities are all private pay, so the biggest issue is cost. Her services are at no cost to the consumer. Marianne also puts out the Senior Source, a resource guide to Redding’s senior services.

**Reports from Commissioners:**

**Betty Harrison-Smith:** Forwarded info from Shining Care about the June events surrounding seniors. Wellness and Resource fair at City Hall on 6/3/22 from 3pm-6pm and a Purple City Festival at the Sundial Bridge on 6/11/22 from 6pm-9pm.

**Adjournment**: 11:04 am **Next meeting date:** June 17, 2022 – 10:00 am