



Adult Protective Services, Redding Office

2640 Breslauer Way, Redding CA 96001
(530) 225-5798

Mandated reporter training available at
cdss.ca.gov

24-hour APS Hotline, (530) 225-5798.
In case of emergency, call 911.



shastacounty.gov/hhsa



ADULT PROTECTIVE SERVICES

Safety and wellbeing for
elderly and dependent adults.

(530) 225-5798



Shasta County
**Health & Human
Services Agency**

ADULT PROTECTIVE SERVICES

Each year, many older and dependent adults are victims of mistreatment by family members, caregivers and others responsible for their well-being.

Shasta County Adult Protective Services (APS) is committed to helping seniors (60 and older) and dependent adults (18-59) live in safe environments, free from abuse and exploitation. APS provides services to adults who are unable to protect their own interests or to care for themselves. APS social workers also investigate allegations of abuse, exploitation and abandonment.

APS provides information and referrals to:

- Victim advocacy
- Counseling
- Money management
- Referrals for food, clothing, housing and community partners

If you suspect
abuse, report it:
(530) 225-5798

RECOGNIZE THE WARNING SIGNS

While one sign does not necessarily indicate abuse, some things to watch for are:

- Self-isolation
- Bruises, scratches or other suspicious injuries
- Poor hygiene, dirty or torn clothes
- Unusually messy home, or a change in previous tidiness
- Lack of appropriate shelter
- Lack of medication or medical aid; untreated medical conditions
- Lack of food and water
- Withdrawn or secretive behavior
- Hesitant to talk freely around caregiver
- Family members or caregivers restricting contact with other people
- Changes to finances or accounts or other unusual bank account activity, including unexplained ATM withdrawals, unpaid bills, eviction notices or utilities shut off



“Our goal is to ensure the safety and well-being of elderly and dependent adults in Shasta County. With the support of families, the community and agency partners, our clients can live independently and safely within their homes and communities.”

PROTECT YOURSELF

- Avoid isolation. Socialize with family, friends and neighbors.
- Learn about community resources (see below). Don't depend on one caregiver.
- Be cautious letting grown children or grandchildren, especially those with troubled lives, live with you or be involved in your finances.
- Don't leave all financial matters to one person.
- Get a second opinion before you sign any documents or contracts. If you are a victim, you are not alone—tell someone.

Each year, more than 2,000 elderly and dependent Shasta County adults are supported so they can live in a healthy environment, free from abuse, neglect and financial mistreatment.

COMMUNITY RESOURCES

In-Home Supportive Services (IHSS)

IHSS is a state program that helps eligible clients remain in their own homes by paying caregivers, through health insurance, to assist with essential daily activities.

(530) 225-5507 (Redding)

(530) 335-3234 (Burney)

shastacounty.gov/hhsa

Hill Country CARE Center

The center assists clients and their families prevent mental health crises and unnecessary psychiatric hospitalization. It offers recovery support, classes, workshops and support groups.

(530) 691-4446 | hillcountryclinic.org

Inter-Tribal Council Family Violence Prevention

Indigenous Americans residing in California can access crisis intervention, emergency services, referrals, legal advocacy and support.

(530) 365-1301

One SAFE Place

This multi-services agency provides legal services, safety, and emotional support to people affected by domestic violence and sexual assault. Aids filing restraining orders, safety and emotional support to seniors and dependent adults affected by abuse.

(530) 244-0117 | opshasta.org

2-1-1

2-1-1 is a comprehensive phone referral service, available in multiple languages. It offers referrals to physical and mental resources, including housing, utilities, food, employment assistance, and suicide and crisis interventions.

211norcal.org

Legal Services of Northern California (LSNC)

This legal aid offers civil legal services. It provides information and assistance for low-income and/or senior residents of Shasta, Trinity, Siskiyou Modoc and Lassen counties with no-cost civil legal services. LSNC assists seniors with elder abuse restraining orders and tenant/landlord disputes in some cases.

(530) 241-3565 | lsnc.net

Crime Victims Assistance Center

The center advocates for victims of crimes. It offers crisis counseling/assistance, orientation to the criminal justice system, victim's rights, court accompaniment, court or jail notification, resource referral, restitution assistance and help with applications for California Victims Compensation benefits.

(530) 225-5220

Dignity Health Connected Living

This outpatient services center provides services to enrich the lives of seniors through respect and self-determination. It offers case management, resources and referral, money management, senior activities, volunteer opportunities, community transportation, support groups, benefit assistance and Meals on Wheels.

(530) 223-6034

dignityhealth.org/north-state/locations/connected-living