

WHO ARE WE?

Shasta County Health and Human Services Agency's Women's Recovery and Resiliency Services Program is an intensive outpatient program that provides substance use disorder treatment for all Shasta County women.

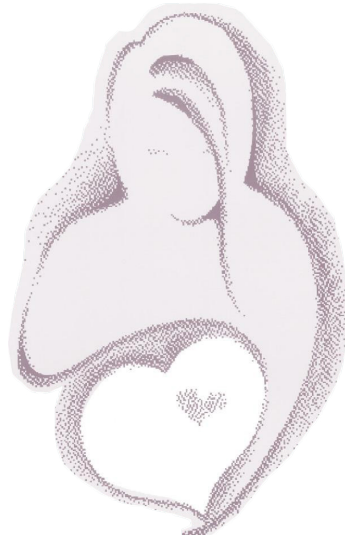


We provide women the skills and opportunities to conquer addiction and raise children who thrive in safe, nurturing and drug-free environments.

The program uses the Matrix Model, an evidence-based program recognized by the National Institute on Drug Abuse.

PROGRAM ACTIVITIES

Through partnerships with other agencies, the program provides gender-specific, trauma-focused intensive day treatment. The program also offers individual and group counseling and case management. Parenting skills development is offered to mothers. Women are taught life skills to process current and past issues in a supportive group setting.



Mothers are also linked to Parent Partners or mentors who have experienced and recovered from similar life situations.

Group Counseling Sessions

- Health education
- Life skills education
- HIV counseling and testing
- Random drug testing
- Relapse prevention
- Orientation to 12-Step meetings
- Role playing and group counseling
- Treatment planning and case management
- Crisis counseling
- Coordination with mental health care
- Positive Parenting Program
- Supervised hands-on parenting skills
- Parent-infant bonding

Participants take an active role in the treatment process and learn effective parenting without the dependence on alcohol or other drugs.

PROGRAM STRUCTURE

Women attend treatment for approximately three hours a day, four times a week in Phase 1 and 2; and then three hours a day, three days a week in Phase 3.

ACCOMMODATIONS

Transportation is available on a limited basis. A childcare cooperative is onsite for children under age 8. Child care referrals are made on a case-by-case basis. Infants up to four months old may be able to attend treatment with their mothers. Pregnant women, parenting women and IV-drug users have priority admission.

ACCESSING SERVICES

Services are available to all women who require an intensive level of treatment. The program accepts Partnership HealthPlan.

To apply for services, walk in or call 245-6411.

**SUPPORT AND RECOVERY
ARE POSSIBLE! FIND OUT
HOW WE CAN HELP.**

LOCATION

Women's Recovery & Resiliency Services

1506 Market St.
Redding, CA 96001
(530) 245-6411



ONLINE

www.shastahhsa.net



Shasta County
Health & Human
Services Agency

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Is addiction hurting you
and your family?

WOMEN'S RECOVERY & RESILIENCY SERVICES

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