Moving Shasta County families toward independence & self-sufficiency

#### CalWORKs CAN HELP YOU

CalWORKs (California Work Opportunity and Responsibility to Kids) provides temporary cash aid and employment services to needy families with children.

The program provides supportive services, such as childcare, transportation, work or training-related expenses and other services necessary for a successful transition from welfare to work.

### Shasta County CalWORKs

### LOCATIONS

- CalWORKs Employment Services 1400 California St., Redding, CA 96001
- Anderson Office 2889 E. Center St., Anderson, CA 96007
- Burney Office 36911 Main St. (Hwy. 299), Burney, CA 96013
- Downtown Redding Office
  1220 Sacramento St., Redding, CA 96001
- Enterprise Office 2757 Churn Creek Road, Redding, CA 96002
- Shasta Lake Office
  4216 Shasta Dam Blvd., Shasta Lake, CA 96019
- South Redding Office
  2640 Breslauer Way, Redding, CA 96001

### PHONE: 1 (877) 652-0731



Shasta County Health & Human Services Agency

shastacounty.gov/health-human-services/ page/calworks

# CalWORKs

### Employment Services

California Work Opportunity and Responsibility to Kids



Let CalWORKs Employement Services work for you.

#### **EMPLOYMENT**

One component to families successfully transitioning from public assistance and to become self-sufficient is employment. CalWORKs offers a variety of services to help parents find and keep jobs.

## If you participate in CalWORKs, you may receive:

- · Behavioral health services
- · Educational opportunities
- Financial assistance
- Free childcare
- Housing assistance

- Help paying for work or work-related expenses
- Help paying for transportation
- · Job preparation, assessment & training
- Job search activities
- Services for mental health, substance abuse or domestic violence issues

## The amount of cash aid a family can receive depends on:

- $\cdot$  Number of people in the family
- Current income, if any
- · Special needs of family members
- Other resources

Shasta County Employment & Training Workers engage with individual families to develop short- and long-term goals to remove barriers and improve opportunities.

Engaging individuals, families and communities to protect and

improve health and wellbeing.

CalWORKs families may also qualify for.

#### **MEDI-CAL**

Provides low- or no-cost health coverage; may be available to children and adults.

### CALFRESH

Offers monthly benefits to keep food on the table and meet nutritional needs.

## WOMEN, INFANTS AND CHILDREN PROGRAM (WIC)

Provides food and nutrition information to low-income pregnant women, mothers, infants and children up to age 5.

### NURSE-FAMILY PARTNERSHIP®

Helps parents succeed by having trained nurses visit first-time moms-to-be early in pregnancy. Visits continue through the child's second birthday, ensuring a healthy start for babies and stability for the whole family.

