

# MEET LOCAL MOTHERS AT SHASTA MOM'S CIRCLE (SMC)!

First Wednesday of each month, 10-11:30 a.m.

**ENTERPRISE OFFICE**  
2757 Churn Creek Rd., Redding



SMC is a monthly group for pregnant and breastfeeding moms. It is a safe place to share the joys of breastfeeding and to learn strategies to overcome challenges.

This group meets WIC class/education requirements!

If interested, ask a WIC staff member to reschedule your appointment to the first Wednesday of the month at 10 a.m. or call the WIC office at (530) 225-5168.

This is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, sex or handicap, write immediately to the Secretary of Agriculture, Washington D.C. 20250.



Shasta County  
Health & Human  
Services Agency