

MEET LOCAL MOTHERS AT SHASTA MOM'S CIRCLE (SMC)!

Third Tuesday of each month, 10-11:30 a.m.

ANDERSON OFFICE

2889 East Center St., Anderson



SMC is a monthly group for pregnant and breastfeeding moms. It is a safe place to share the joys of breastfeeding and to learn strategies to overcome challenges.

This group meets WIC class/education requirements!

If interested, ask a WIC staff member to reschedule your appointment to the third Tuesday of the month at 10 a.m. or call the WIC office at (530) 225-5168.

This is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, sex or handicap, write immediately to the Secretary of Agriculture, Washington D.C. 20250.



**Shasta County
Health & Human
Services Agency**