

# Shasta County WIC Clinic Locations

Women, Infants, and Children (WIC) Food and Nutrition Services are available **by appointment only** (in person, by phone or online). Clinic hours vary. Please contact the location nearest you to schedule an appointment.

## Anderson

2889 East Center St., Ste. 102,  
Anderson, CA 96007  
(530) 225-3715, (530) 225-5168  
(530) 229-8201 (fax)



## Enterprise

2757 Churn Creek Rd., Ste. C,  
Redding, CA 96002  
(530) 224-4200, (530) 225-5168  
(530) 224-4878 (fax)



## Shasta Lake

4216 Shasta Dam Blvd.,  
Shasta Lake, CA 96019  
(530) 225-5168  
(530) 224-4878 (fax)



## Burney

36911 Main St. (Hwy. 299 E),  
Burney, CA 96013  
(530) 225-5168  
(530) 224-4878 (fax)



## McArthur

Intermountain Fairgrounds,  
44218 A St.,  
McArthur, CA 96056  
(530) 225-5168  
(530) 224-4878 (fax)



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For more information, visit [www.shastaWIC.net](http://www.shastaWIC.net).  
Call (530) 225-5168 or (530) 224-4200,  
email [shastawic@co.shasta.ca.us](mailto:shastawic@co.shasta.ca.us) or text (888) 424-6499.



Shasta County  
Health & Human  
Services Agency

This institution is an equal  
opportunity provider and employer.

# Shasta County Community Breastfeeding Resources

## Breast Pump

### Loans/Rentals

#### WIC Breastfeeding Support

Pump loans for WIC families

Rentals for non-WIC Families

For an appointment, call (530) 245-6466.

## Breastfeeding Education & Support

#### WIC Breastfeeding Support

Breastfeeding classes and consultations.

Services are available to both WIC and non-WIC families.

For an appointment, call (530) 245-6466.

#### Pathways to Hope for Children

#### Road to Resilience Program

Home visiting case management, including lactation support

Call Amy Ross, CLC:

(530) 242-2020 main

(530) 338-1188 cell

## Shasta Community Maternity Center Breastfeeding Support

Outpatient breastfeeding consultation

1900 Railroad Ave., Redding

For an appointment, call (530) 225-7480.

## Childbirth Education

### Mercy - Childbirth and Breastfeeding Classes

[www.dignityhealth.org/north-state/locations/mercy-redding/classes-and-events/maternity](http://www.dignityhealth.org/north-state/locations/mercy-redding/classes-and-events/maternity)

#### Grace Doulas

(530) 224-9024

[www.gracedoulas.com](http://www.gracedoulas.com)

#### Free Online Video Series

[www.babycenter.com/pregnancy/birth-class](http://www.babycenter.com/pregnancy/birth-class)

## Eastern Shasta County

### Burney/McArthur

Melanie Kennedy: (530) 338-9388

## Breastfeeding Support Groups

### La Leche League Helpline

1 (877) 452-5324

[www.lllusa.org/locator](http://www.lllusa.org/locator)

Free monthly meetings, open to the public.

### Shasta Mom's Circle - SMC

(530) 245-6466 (For WIC Families only)

## Online Resources

[www.kellymom.com](http://www.kellymom.com)

[www.globalhealthmedia.org/videos](http://www.globalhealthmedia.org/videos)

[www.LLLL.org](http://www.LLLL.org)

[www.womenshealth.gov/breastfeeding](http://www.womenshealth.gov/breastfeeding)



Shasta Mom's Circle - SMC

#### Related Websites:

[www.postpartum.net](http://www.postpartum.net) (Postpartum Mental Health)

For more information, visit [www.shastaWIC.net](http://www.shastaWIC.net).

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