

Resources for Families and Caregivers Supporting Individuals with Alzheimer’s Disease and Other Dementias

Organization	Website & Contact Information	Services
Alzheimer’s Association	www.alz.org/norcal <ul style="list-style-type: none"> • Phone: (530) 895-9661 • 24/7 Helpline: (800) 272-3900 	Offers 24/7 helpline, Medic Alert/wandering support program, caregiver support groups, free educational workshops, care consultation, information on the latest research about Alzheimer’s and other dementias and much more, as shown on its website.
Dignity Health Connected Living	www.dignityhealth.org/north-state/locations/connected-living <ul style="list-style-type: none"> • Redding office: (888) 594-0031 • Intermountain/Burney office: (530) 335-4979 • Mt. Shasta office: (530) 859-2021 • Toll Free Phone: (888) 534-9608 	Offers adult day programs, Multipurpose Senior Services Program (MSSP), caregiver support groups, health and wellness programs, community service programs, transportation, and food bank services.
Passages Caregiver Resource Center	www.passagescenter.org <ul style="list-style-type: none"> • Phone: (530) 898-5923 • Toll Free Phone: (800) 822-0109 	Offers care management services, family and caregiver support, patient advocacy support for people in long-term care, Medicare counseling, volunteering opportunities and counseling services.
Shining Care	www.shiningcare.org <ul style="list-style-type: none"> • Phone: (530) 232-5543 • Toll Free Phone: (866) 495-1641 	Helps families and caregivers navigate the medical system and find support services, home care, and assisted living facilities. Shining Care offers social and recreational activities as well as community education.
Planning and Service Area 2 Agency on Aging (PSA 2)	www.psa2.org <ul style="list-style-type: none"> • Phone: (530) 842-1687 	Offers family and caregiver support, elder abuse prevention and education services, health insurance counseling, health promotion services, nutrition programs, long-term care, senior legal services, and transportation.
Friendship Line California – Institute on Aging	www.ioaging.org/friendship-line-california <ul style="list-style-type: none"> • Phone: (415) 750-4111 • Free crisis-intervention hotline AND warmline for non-emergencies: 1 (888) 670-1360 	Provides helpline for people aged 60 and older and adults living with disabilities that are lonely, depressed, and/or are experiencing suicidal thoughts. The Friendship Line also makes ongoing outreach calls to lonely older adults. Other services include emotional support, elder abuse reporting, well-being checks, grief support through assistance and reassurance, active suicide intervention, and information and referrals for isolated older adults and adults living with disabilities.



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Shasta County In-Home Support Services (IHSS)	www.co.shasta.ca.us/index/hhsa/disability-resources/in-home-support <ul style="list-style-type: none"> Phone: (530) 225-5507 	In-home support services are available for older adults, individuals who are blind or disabled, and anyone who cannot perform activities of daily living and remain safely in their own home without help. Types of support include bathing, dressing, cooking, cleaning, and feeding.
Marianne’s Senior Placement Services	www.marianneseniorplacement.com <ul style="list-style-type: none"> Phone: (530) 222-2250 	Provides families assistance in selecting an appropriate assisted living facility for their loved one.
CalVet Redding Veterans Home	www.calvet.ca.gov/VetHomes/Pages/Redding.aspx <ul style="list-style-type: none"> Phone: (530) 224-3300 Toll Free Phone: (855) 769-5791 	Offers a memory care program that provides skilled nursing level of care for veterans with dementia or other memory difficulties.
Adult Protective Services (APS)	www.co.shasta.ca.us/index/hhsa/health-safety/adult-protective-services <ul style="list-style-type: none"> Main office AND 24/7 abuse hotline: (530) 225-5798 	Call APS if you are concerned about the possibility of abuse and exploitation. APS offers victim advocacy, counseling, money management, and referrals.

This message is from Shasta County Health and Human Services.

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Visit www.shastahealthybrain.com for more resources.



Shasta County
Health & Human
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