

CELEBRATE AUTUMN

A NEWSLETTER OF THE CHILD HEALTH AND DISABILITY PREVENTION PROGRAM

2660 Breslauer Way, Redding CA 96001 (530) 225-5122 or (800) 300-5122



42nd Annual Honeybee Festival



The Palo Cedro Honeybee Festival is sponsored by the Palo Cedro Community Park. There are lots of **free** honeybee-related activities, entertainment and a pancake breakfast that kicks off each morning at 8 a.m.

8:30 a.m.–5 p.m. Saturday, September 23

8:30 a.m.–4 p.m. Sunday, September 24

Bishop Quinn Community Center, 21893 Old 44 Dr., Palo Cedro
For more details, visit pcpark.org/honeybee-festival.



5th ANNUAL MR. ROGERS DAY

Anderson River Park
Saturday, September 30,
9 a.m.–1 p.m.

This **free** event is a great way to come together as a community and offer a day of family, fun and kindness.

There will be story time, healthy walk, many booths, vendors and food trucks.

Anderson River Park,
2800 Rupert Rd., Anderson
Sponsored by:



Sealants prevent 80%* of cavities on the back teeth, where most cavities occur.

*Centers for Disease Control and Prevention. www.cdc.gov/vitalsigns/dental-sealants/index.html



SmileCalifornia.org/Sealants



Healthy Teeth Help Children Perform Better In School

Children with cavities may have difficulty eating, talking and focusing in school. The good news is cavities are preventable. Stop tooth decay with sealants. Sealants are clear, protective coatings and are quick and painless. They are a part of your child's MediCal dental benefit. Protect their teeth for several years!



Free Lowe's Kids' Workshops

Bring your mini-DIYer into Lowe's at one of the select time slots. Workshops are 10 a.m.–1 p.m., in-store only. Come build with your little ones!

Register online at [DIY-U by Lowe's \(lowes.com\)](http://DIY-U by Lowe's (lowes.com))

September 16—Home team football card holder.
Registration opens August 14.

October 21—Fire truck toy. Registration opens
September 4.

November 18—Thanksgiving turkey photo holder.
Registration opens October 16.



Free RABA Bus Rides Until September 30

- Local routes in Redding and Anderson.
- Intercity routes to and from Shasta Lake and Anderson, plus the Beach Bus to Whiskeytown Lake.
- The commuter route to Burney and on-demand response service for persons with disabilities unable to access RABA routes.



Did you know that lead can be found in the dust and dirt in and around your home? A child poisoned by lead can develop learning disabilities and speech delays, even if they don't appear sick. Washing your child's hands before eating and sleeping, and washing your child's toys often, can decrease the amount of lead your child puts in their mouth. As a bonus, hand washing and keeping toys clean can decrease your child's exposure to cold and flu germs!

To make sure hands get "squeaky clean," wash with soap and water for 20 seconds while singing "Twinkle, Twinkle, Little Star" or the "ABC" song, and scrub between fingers, on the backs of hands, and under the fingernails too!



Farmers Markets Offer Fresh Produce

Anderson Market

Thursdays, June 8–October 12, 7:30 a.m.–noon
Shasta Gateway Shopping Center (Factory Outlets)
1699 Hwy. 273 #100, Anderson

Burney Market

Wednesdays, June 7–September 27, 3 p.m.–6 p.m.
Burney Sporting Goods 37427 Hwy. 299 E., Burney

Marilyn Miller Market

Tuesdays, June 6–October 10, 7:30 a.m.–noon
Next to Dairy Queen, 1700 Churn Creek Road, Redding

Market by Sundial Bridge

Sundays, June 4–October 8, 8 a.m.–noon
Sundial Bridge Overflow Lot 800 Sundial Bridge Dr., Redding

Redding Market

Saturdays, April 1–December 9, 7:30 a.m.–noon
Redding City Hall, 777 Cypress Ave., Redding

AUTUMN



FREE

HOME DEPOT KIDS' WORKSHOPS

- First Saturday of the month, 9 a.m.–noon
1200 Churn Creek Road, Redding
- * Projects vary—Scheduled activities: Microscope, September 2, and Rescue Float Plane, October 7.
- See website for more information:
Kids Projects & Activities at The Home Depot.



FREE HEALTH EXAMS & IMMUNIZATIONS

Uninsured or no preventive care insurance? The Child Health and Disability Program (CHDP) provides **free** children's health exams and immunizations.

Call to find out if you qualify: (530) 225-5122 or (800) 300-5122.



Shasta County
**Health & Human
Services Agency**



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