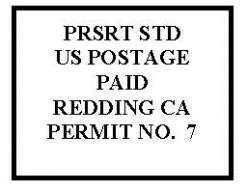


Shasta County Public Authority/ IHSSAC
2640 Breslauer Way
Redding, CA 96001



Important Phone Numbers

- Adult Protective Services (APS) 225-5798**
- Disability Action Center 242-8550**
- Golden Umbrella 223-6034**
- IHSS General Information 225-5507**
- Provider Help Desk 1-866-376-7066**
- Public Authority 229-8330**
- Public Guardian 225-5103**
- Rowell Family Empowerment..... 226-5126**
- SEIU 2015 1-855-810-2015**

To receive IHSS news by e-mail, send your request to sadamec@co.shasta.ca.us or contact the Public Authority at 229-8330 to have them add your email information.



Need help finding local resources?

- Free, confidential, 24 hours a day, 7 days a week
- Available in many languages
- Referrals for food, health care, utility assistance, and more
- Speak with a call specialist or go online to 211shasta.org

Dial 2-1-1 or visit 211shasta.org

Shasta County In-Home Supportive Services Spring 2018

IHSS Advisory Committee



Back Row: Sharla Adkins, Marty Longwell, Wendy Longwell, Evan LeVang, Elizabeth Slosson.
Front Row: Shryle DeHaven, Linda Roberts and Joy Newcom-Wade.

Shasta County's IHSS Advisory Committee is a group of volunteers who advise on the administration and delivery of the In-Home Supportive Services program. Members are people who have either used or provided services or who have an interest in supporting the program.

The Advisory Committee meets three times a year. These meetings are open to the public. Visit our web page for more information www.shastahhsa.net.

Chairman's Message

For those of us who depend on one or more public programs, like IHSS, SSI or Medi-Cal, to live safely and comfortably in our own homes, these past few years have been relatively free of threats to our lifeline programs. Many years have passed since a federal or state budget proposal included major cuts to our programs. In fact, we have enjoyed some nice improvements to our programs, such as the new electronic time cards for IHSS (look for more information in this issue) that dramatically decrease the wait time for providers to receive their pay. Improvements to the IHSS system should lower the turnover rate of providers, making it less difficult for consumers to maintain stable, long-term assistance.




Evan LeVang
IHSSAC Chair

Unfortunately, our period of budgetary stability is coming to an end. In its recently-released federal budget proposal, the Trump Administration is proposing cuts to social insurance and support programs that total hundreds of billions of dollars. Proposed cuts include a 22.5% reduction to Medicaid (Medi-Cal) and a 27.4% cut to SNAP (food stamps). The list goes on to include huge cuts to essentially every single social insurance and support program in existence. Although California's budget is stable, these federal cuts would impact our state programs as federal base funding evaporates.

Now is the time to pay attention and to speak up. Every voice counts. Your voice counts. Take a few minutes to call Congressman Doug LaMalfa at (530) 223-5897 and let him know how you feel about these proposed cuts. Remember this: the only way that our lifeline support programs can be dismantled is if we allow it to happen by standing by ... silently.

Did you know!

Elephants are the only mammals that can't jump!



Electronic Time Sheets are here!

This Service is **OPTIONAL**; you do not have to change from paper timesheets.

HOW DOES THIS NEW ONLINE SERVICE BENEFIT ME?

- Providers can submit timesheets directly online.
- Recipients can approve timesheets online or by telephone.
- No more waiting for the postal service to deliver your timesheet.
- ETS checks your timesheet before it is submitted to help you avoid errors and potential violations.
- You can check timesheet and payment status through the ETS.
- You can view timesheet history up to the last three months in the ETS.
- You can request supplemental timesheets without having to contact the county.

WHAT DO I NEED TO HAVE BEFORE I SIGN UP?

- You must be a current active eligible IHSS or WPCS program provider or recipient.
- You must possess a valid email address.
- You must have internet access.
- You must have access to a smartphone, tablet, laptop or personal computer.

HOW DO I SIGN UP FOR THE NEW ONLINE SERVICE?

- Go directly to <https://www.etimesheets.ihss.ca.gov> to register for the service
- Read more about the Electronic Timesheet Service at the CDSS website at <http://www.cdss.ca.gov/inforesources/IHSS-Providers/Resources/Timesheet-Information>
- Contact the ETS Help Desk Toll Free at (866) 376-7066, Option 4, during normal business hours 8am-6pm Monday through Friday, excluding major holidays, for additional assistance.
- **Recipients** can contact their local county office to sign up to approve timesheets by telephone using the Telephone Timesheet System (TTS).

Online Direct Deposit Service is now available for IHSS and WPCS providers on the IHSS Website. The new Online Direct Deposit Service allows IHSS/WPCS providers in all California counties the ability to electronically enroll, change or cancel their Direct Deposit service through the IHSS Website, instead of using a paper form.

"Very efficient and reliable! With great turnaround time." Gina, Provider "I get my check much faster this way!" Kristen, Provider "Easy to access online for approval of timecards." Joy, Consumer "I like that my provider gets their money faster." Lauren, Consumer "No more lost timecards in the mail!" Wendy, Provider

Look who's in our community!

Rowell Family Empowerment
of Northern California
530-225-5103



Our Mission Statement

Empowering people with diverse abilities, and their families, to successfully navigate the systems that serve them and to empower them to self-advocate, by providing support, information and training. Check out our website for the trainings we offer at empoweryourfamily.org.

We offer services to help families who have children with diverse abilities connect with any community resource they need.



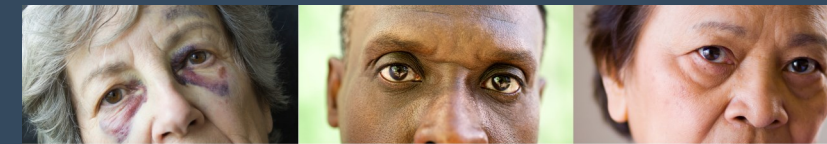
Your source for disability services and information in Shasta County.
530-242-8550

Housing Strategies
Assistive Technology
Peer Advising
Traumatic Brain Injury Program
Public Education and Advocacy
Information & Referral
Transition-age Youth Services
Independent Living skills

Senior Vision Resources
Support Groups

National Elder Abuse Day is June 15th

Adult Protective Services is committed to helping elders and dependent adults in Shasta County live to their highest potential.



KNOW ABUSE **REPORT ABUSE**
ELDER AND DEPENDENT ADULT ABUSE AWARENESS

Call 530-225-5798

You've got a **FRIEND**

THE FRIENDSHIP LINE

For many depressed and lonely seniors, the Friendship Line is a source of support and reassurance, while also offering crisis intervention, elder abuse prevention, Medication reminders, well-being checks and information and referral services. Most services are offered to seniors at no cost.

To contact the Friendship Line call: 1-800-971-0016

Join the IHSS Advisory Committee!

In-Home Supportive Services (IHSS) Advisory Committee is seeking new members. Fill out the enclosed application and return to Shasta County IHSS by Friday, August 31, 2018.