



Are you
(or a loved one)
in recovery for
mental health
or substance
use?

Want to improve services for others?
Become a board member. Make a difference!

Serve on the Shasta County Mental Health, Alcohol and Drug Advisory Board (MHADAB)

As a board member, you will learn about the mental health and substance use programs provided by the county and help design future programs.

You can provide feedback on how things are done.

You can help others.

For more information

- Call (530) 229-8266
- Email MHADAB@co.shasta.ca.us
- Visit shastahhsa.net and click on “Advisory Boards”

The 15-member MHADAB board includes consumers of mental health and substance-use services or their family members. It meets on the third Monday of every month at 5:30 p.m.

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Shasta County
Health & Human
Services Agency