

Mental Health, Alcohol and Drug Advisory Board (MHADAB)

Regular Meeting Agenda

Wednesday, September 6, 5:30 pm
Mae Helene Bacon Boggs Conference Center
2420 Breslauer Way, Redding, CA 96001

Members of the public may attend via [GoToMeeting](#)
You can also dial in using your phone.

United States: [+1 \(408\) 650-3123](#)

Access Code: 510-166-341

This meeting will be audio recorded.

I. Call to Order & Welcome

Board Members

Ron Henninger, *Chair*

Kalyn Jones,
Vice Chair

Alan Mullikin

Angel Rocke

Anne Prielipp

Charlie Menoher

Christine Stewart

Cindy Greene

Connie Webber

Dale Marlar

David Kehoe

Heather Jones

Jo-Ann Medina

Mary Rickert

Samuel Major

II. Public Comment

Members of the public will have the opportunity to address the Board on any issue within the jurisdiction of the Board. *Speakers will be limited to three minutes.*

III. Announcements and Staff Updates

- A. Staff will address Public Comment, if needed, to follow up from the previous meeting.

IV. Consent Calendar

The following Consent Calendar items are expected to be routine and non-controversial. They may be acted upon by the Board at one time without discussion. Any Board member or staff member may request that an item be removed from the Consent Calendar for discussion and consideration. Members of the public may comment on any item on the Consent Calendar before the Board's consideration of the Consent Calendar. Each speaker is allocated three minutes to speak.

A. Approval of Meeting Minutes

- Board members will review and approve minutes from June 9, 2023, Special Meeting.
- Board members will review and approve minutes from the July 12, 2023, Regular Meeting

B. Approval of Meeting calendar

- October 2023 – December 2024 Mental Health Alcohol Drug Advisory Board Calendar

V. Presentations

- A. Mental Health Services Act Innovations Projects will be provided by the following:

Karen Lee, [Level Up](#)

Valerie Hartley, along with members Shanaiil Hartley, Olivia Whitfield and Mae Saephan, [California Youth Connection](#)

- B. Future Presentations: Tentatively October 2023 – Aleesha Edwards presentation on Woman’s Resiliency and Recovery Program
November 2023: Genell Restivo presentation on Kingsview’s Assisted Outpatient Treatment Program and Shasta Triumph and Recovery Team

VI. Regular Calendar

- A. Open public hearing to receive comments on the “Level Up Innovation”, close public comment period; and close public hearing (as required by California Code of Regulations, Title 9, section 3315A).
- B. Consider approval of the “Level Up Innovation” application and consider recommending that the Shasta County Board of Supervisors approve the “Level Up Innovations” application.
- C. Open public hearing to receive comments on the “California Youth Connection Innovation”, close public comment period; and close public hearing (as required by California Code of Regulations, Title 9, section 3315A).
- D. Consider approval of the “California Youth Connection Innovation” application and consider recommending that the Shasta County Board of Supervisors approve the “California Youth Connection Innovation” application.

VII. Discussion Items

- A. Board members may ask questions about the Director’s Report.
- B. Review the Crisis Residential and Recovery Center program flyer.
- C. Board members may make suggestions for future agenda consideration.
- D. Ad Hoc Nominating Committee of Chair and Vice Chair
- E. Board Member Recruitment

VIII. Board Member Reports

Board members will report committee meeting updates.

IX. Adjourn



MHADAB Meeting
October 4, 2023,
5:30 pm
Boggs Building
2420 Breslauer Way
Redding, CA 96001

**Executive
Committee Meeting**
September 18,
2023, 11:00 am
HHSB BHSS
Services Branch,
Administrative
Conference Room
2640 Breslauer Way,
Redding, CA 96001

Committees

**Shasta Substance Use
Coalition**
September 12, 2023,
10:30 am
Virtual via Zoom
jill@shastatraining.org

**Shasta Suicide
Prevention
Collaborative**
September 12, 2023,
2:30 pm
For location, please
email
stinger@co.shasta.ca.us

Stand Against Stigma
October 10, 2023, 1:30 pm
Boggs Building
2420 Breslauer Way
Redding, CA 96001
cdiamond@co.shasta.ca.us

ADP Provider Meeting
November 15, 2023,
10:30 am
Location: Boggs
Conference Center
2420 Breslauer Way,
Redding, CA 96001
kcassidy@co.shasta.ca.us

**Continuum of Care (CoC),
Executive Meeting**
September 21, 2023, 1 pm
1450 Court Street
Room 352
Redding, CA 96001
HCAP@co.shasta.ca.us

**MHSA Stakeholder
Workgroup**
September 28, 2023, 1:30 pm
Boggs Building
2420 Breslauer Way
Redding, CA 96001
mhsa@co.shasta.ca.us

"The County of Shasta does not discriminate on the basis of disability in admission to, access to, or operation of its buildings, facilities, programs, services, or activities. The Shasta County Mental Health, Alcohol and Drug Advisory Board will make available to any member of the public who has a disability a needed modification or accommodation including an auxiliary aid or service, in order for that person to participate in the public meeting. A person needing assistance should contact Jacquelynn Rose by telephone at (530) 229-8266, or in person 2640 Breslauer Way, Redding, or by mail at P. O. Box 496048, Redding CA 96049-6048, or by e-mail at MHADAB@co.shasta.ca.us at least two (2) working days in advance. Accommodations may include, but are not limited to, interpreters, assistive listening devices, accessible seating, or documentation in an alternate format. If requested, this document and other agenda materials may be made available in an alternative format for persons with a disability who are covered by the Americans with Disabilities Act. Questions, complaints, or requests for additional information regarding the Americans with Disabilities Act (ADA) may be forwarded to the County's ADA Coordinator: Monica Fugitt, Director of Support Services, County of Shasta, 1450 Court Street, Room 348, Redding, CA 96001-2676 Phone: (530) 225-5515 Fax: (530) 225-5345 California Relay Service: 711 or 1-(800)-735-2922, E-mail: adacoordinator@co.shasta.ca.us.

Public records which relate to any of the matters on this agenda (except Closed Session items), and which have been distributed to the members of the Advisory Board, are available for public inspection at Shasta County Health and Human Services Agency, 2640 Breslauer Way, Redding, CA 96001. This meeting may be recorded. If there are any questions regarding this agenda, please contact Jacquelynn Rose at 530-229-8266, or via e-mail at MHADAB@co.shasta.ca.us.

SHASTA COUNTY MENTAL HEALTH, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB)

DRAFT SPECIAL MEETING

Minutes

June 9, 2023

Members: Ron Henninger, Dale Marlar, David Kehoe, Sam Major, Cindy Greene, Jo-Ann Medina, Charles Menoher, Kalyn Jones, Angel Rocke, Anne Prielipp.

Absent Members: Heather Jones, Christine Stewart, Connie Webber, Mary Rickert, Alan Mullikin.

Shasta County Staff: Miguel Rodriguez, Katie Cassidy, Nicole Carroll, April Jurisich.

Guests: Gene Ward.

| Agenda Item | Discussion | Action | Individual Responsible |
|---------------------------|---|---|--|
| I. Introductions | ➤ All present parties were welcomed and introduced. | | ➤ Ron Henninger, MHADAB Chair |
| II. Public Comment Period | ➤ No public comments were made. | | |
| III. Discussion | <ul style="list-style-type: none"> ➤ Jo-Ann Medina inquired about the “numbers served” listed within some of the programs on the MHSA Plan. She requested that staff could explain the numbers for data in the next plan, where thousands are indicated. ➤ Ron Henninger asked how to increase the number of Consumer Perception Surveys in future survey plans and Miguel Rodriguez responded that there are state regulations that surround survey implementation, and Shasta County is developing a new survey that is more accessible to clients. ➤ Discussion on the inclusion of a percentage reduction goal for Shasta County completed suicide numbers. Program staff advised prevention impact cannot reliably be measured with completed suicide data alone and cautioned that reporting percentage reduction goals is not best practice in Suicide Prevention and may cause harm to programs. | <ul style="list-style-type: none"> ➤ Text was added to the “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26” to include: “Public Health will work with the Mental Health, Alcohol and Drug Advisory Board to identify appropriate outcome measures to be published in the next Annual Update.” | <ul style="list-style-type: none"> ➤ Jo-Ann Medina, Board Member ➤ Ron Henninger, MHADAB Chair ➤ David Kehoe, Board Member |
| IV. Regular Calendar | <ul style="list-style-type: none"> A. Open public hearing to receive comments on the “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26”; close public comment period; and close public hearing (as required by California Code of Regulations, Title 9, section 3315A). B. Consider approval of “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26”; and consider recommending that the Shasta County Board of | <ul style="list-style-type: none"> ➤ Public hearing opened to receive comments on the “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26” No public comments were made, and the public hearing was closed. ➤ Motion passed with 8 Ayes, 2 Nays and 0 Abstentions to approve the recommendation that the Board of Supervisors adopt the “Mental Health | <ul style="list-style-type: none"> ➤ Ron Henninger, MHADAB Chair ➤ Charlie Menoher (Motion) Dale Marlar (Second) David Kehoe (Nay) Ron Henninger (Nay) |

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| | Supervisors approve the “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26.” | Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26.” | |
| XIV. Adjournment | | Adjournment (7:28 p.m.) | |

Rachel Renier

Rachel Renier, Secretary

DRAFT SHASTA COUNTY MENTAL HEALTH, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB)

REGULAR MEETING

Minutes
July 12, 2023

Members: Allan Mullikin, Sam Major, Jo-Ann Medina, Ron Henninger, David Kehoe, Kayln Jones, Cindy Greene, Mary Rickert, Dale Marlar, Charlie Menoher, Connie Weber

Absent members: Anne Prielipp, Christine Stewart, Angel Rocke, Heather Jones

Shasta County Staff: Rachel Renier, Miguel Rodriguez, Jackie Rose, Marie Marks, Shawna Hall, April Jurisich, Rene Bairos, Christopher Diamond, Lindsay Heuer, Sydney Stinger

| Agenda Item | Discussion | Action | Individual Responsible |
|--------------------------------|--|---------------|---|
| I. Call to Order & Welcome | <ul style="list-style-type: none"> ➤ The meeting was called to order and all present parties were welcomed. | | <ul style="list-style-type: none"> ➤ Ron Henninger, MHADAB Chair |
| II. Open Public Comment Period | <ul style="list-style-type: none"> ➤ Public commenter participates in Mental Health services and can get no dental services until 2024. Not having services causes stress and barriers. In 2002 the word advisory was stricken from bylaws. Mentioned that a yearly board report comes out, they don't know when it comes out. ➤ Public commenter has questions about housing programs, and she believes according to the law, they are to help those most in need. She was there advocating for her daughter stating that programs have helped in the past and a few have not. Due to her daughter being known in the community, she states that local officers told her that housing would not help her. She is pleaded for her daughter to get assistance. Miguel, Mental Health director asked to connect after the meeting. ➤ Public commenter says they went through all the agendas for the past 12 months and found nothing regarding the changes to Legislative bill SB43 – Behavioral Health to expand the definition of “gravely disabled” to include in which a person is as a result of a severe substance use disorder, or a cooccurring mental health disorder and a severe substance use disorder, is, in addition to the basic personal needs described above, unable to provide for their personal safety or necessary medical care, as defined. Also found nothing on Legislative bill | | <ul style="list-style-type: none"> ➤ |

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| | <p>SB551 Mental Health boards. This bill would require one member of a mental health board’s membership to be employed by a local educational agency, and at least one member to be an individual who is 25 years of age or younger in counties with a mental health board membership of 5 to 8 members. The bill would require 2 members of the board to be employed by a local educational agency and at least 2 members to be 25 years of age or younger in counties with a mental health board membership of 9 to 15 members. The bill would require at least 2 members of the board to be employed by a local educational agency and at least two members to be 25 years of age or younger in counties with a mental health board membership of 16 or more members. In addition, community member feels that we have lack of Mental Health funding and housing and pulling of 30% of Mental Health funding should not occur.</p> <ul style="list-style-type: none"> ➤ Public comment was read on behalf of an individual, about his art and work with the Vetart.org, and the Shasta County Arts Council. | | |
| <p>III. Announcements and Staff Updates</p> | <ul style="list-style-type: none"> ➤ Staff addressed Public Comments from the previous meeting. <ul style="list-style-type: none"> ▪ Public commenter discussed in the 6/7/23 board meeting that homeless are required to participate in religious services to stay at the mission. Miguel, Mental Health Director reported back that this is not the case and if anyone hears differently to report it to Mental Health. ▪ Miguel provided information from the Directors board report which included Crisis Services for May 2023, Shasta County Mental Health Plan grievance report 2022 – 2023 quarter 3, branch updates including Assisted Outpatient Treatment program, Payment reform, a component of CalAIM and 2 innovative projects that are being submitted to Mental Health Services Oversight & Accountability for approval. Also in the Directors report was | | <ul style="list-style-type: none"> ➤ Miguel Rodriquez, Director of Mental Health, HHSA |

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| | information about Mental Health Services Act 3-year plan including links. | | |
| IV. Action Items | <p>A. <u>Approval of Meeting Minutes</u></p> <ul style="list-style-type: none"> ▪ Board members reviewed minutes from the May 3, 2023, Regular Meeting. ▪ Board members will review and approve minutes from the June 7, 2023, Regular Meeting | <ul style="list-style-type: none"> ➤ Meeting minutes approved with eleven (11) ayes, zero (0) nays, and zero (0) abstentions. ➤ Meeting minutes approved with eleven (11) ayes, zero (0) nays, and zero (0) abstentions. | <ul style="list-style-type: none"> ➤ Motion: Dale Marlar Second: David Kehoe ➤ Motion: Charles Menoher Second: David Kehoe |
| V. Presentations | <ul style="list-style-type: none"> ➤ Sydney Stinger along with Lindsey Heuer provided information about suicide prevention and went over California's statics but focused on Shasta County's statistics. Also talked about Shasta Suicide Prevention Strategic Plan, various trainings that are offered for free for the community, Captain Awesome/MAG which is Men's Advisory Group, Suicide Fatality Review, which is evaluating the history of individuals that have died by suicide and figuring out the "why" factor, discussed different ways to capture evaluations for programs including call volume data, pre/post training evaluations, focus groups and Suicide Fatality Review (SFR) data. Resources were also discussed including the use of 988 Suicide & Crisis Lifeline which can be used throughout the United States. Questions from the board are attached. ➤ Theresa Comstock, Executive Director at the California Association of Local Behavioral Health Boards and Commissions presented the Brown Act Guide. Focusing on the basics such as open & public meetings, who is covered, who is not, documents, posting of documents and when to post them, public participation, teleconferencing, voting, public emergency allowances, "just cause" or "emergency" allowances. She also provided a binder including Mental Health Advisory Board Training on How to Be an Effective Board/Commission, and Best Practices handbook to each of the board members. | <ul style="list-style-type: none"> ➤ | <ul style="list-style-type: none"> ➤ Sydney Stinger, Community Education Specialist and Lindsey Heuer, Supervising Community Education Specialist ➤ Theresa Comstock, California Association of Local Behavioral Health Boards and Commissions Executive Director |

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| VI. Regular Calendar | A. None. | | |
| VII. Discussion Items | <p>A. No questions were asked about the Director’s report.</p> <p>B. Board members were invited to participate in meeting planning by attending Executive Committee meetings. A comment was made that if you ask for a specified agenda topic to attend the Executive meeting to provide additional clarification on special interests.</p> <p>C. Board members reviewed 3 options for the 2023-2024 Regular & Executive calendar meeting dates. Calendar version 3 is what the members would like to use. Miguel will look at other calendars to see if option 3 will work. Board asked if a group poll could be used such as Doodle, free online meeting scheduling tool. Board also asked if meetings could be sent as a calendar invite.</p> <p>D. Crisis Residential Recovery Center flyer was reviewed. Three different colors were presented for the new flyer. Members would like to include wording to the effect of individuals In crisis can receive services without a referral. Miguel stated he would update the flyer and adjust the wording and bring back at the next board meeting.</p> <p>E. Board members were invited to contribute topics of interest for future agenda item consideration and to please participate in the Executive Meetings.</p> | | <ul style="list-style-type: none"> ➤ Ron Henninger, MHADAB Chair ➤ Sam Major, Board Member ➤ Ron Henninger, MHADAB Chair ➤ Miguel Rodriquez, Director of Mental Health, HHS ➤ Sam Major, Board Member |
| VIII. Board Member Reports | ➤ None. | | |
| IX. Adjournment | ➤ | ➤ Adjournment 7:25 PM | <ul style="list-style-type: none"> ➤ Motion: Charlie Menoher ➤ Second: Dale Marlar |

Ron Henninger, Chair

Jacquelynn Rose, Board Secretary

MHADAB Questions
Suicide Prevention Program Presentation July 12, 2023

Shasta Suicide Prevention Collaborative

1. How long has the Suicide Prevention Collaborative been around?

Response: The Shasta Suicide Prevention Collaborative has been around for 15+ years and, prior to 2020, the group was known as the Shasta Suicide Prevention Workgroup.

2. Who typically attends Collaborative meetings?

Response: A Collaborative meeting typically consists of local organizations, medical and behavioral health agencies, stakeholders, and community members. The organizations and individuals in attendance have varied throughout the years and participation is greatly influenced by capacity as well as agency staffing and turnover. Since the Collaborative was on hiatus from February 2020 to July 2021 due to COVID-19, the Suicide Prevention Program is working to re-engage Collaborative members and increase regular attendance.

3. Is the Shasta Suicide Prevention Collaborative the same as the one advertised in the MHADAB agenda?

Response: Yes, they are one in the same.

Suicide Prevention Trainings

4. How does the program promote and advertise suicide prevention trainings?

Response: The Suicide Prevention Program advertises suicide prevention trainings through the Shasta Suicide Prevention Collaborative monthly newsletter and Facebook page. The program also works with Collaborative members and local partners to increase advertising reach and promote the trainings with community members directly. The Suicide Prevention Program continues to develop strategies to increase participation in suicide prevention training opportunities. The program appreciates the feedback from the Board to connect with older adult housing programs, churches, and board and care facilities to expand training outreach efforts to older adult populations.

5. Who typically attends suicide prevention trainings?

Response: Attendance varies greatly as any resident of Shasta County is welcome to participate in Question, Persuade, Refer (QPR), SafeTALK, and Applied Suicide Intervention Skills Training (ASIST). For recent trainings in 2023, many individuals that work in the behavioral health field (e.g., clinician, school counselor, case manager, social worker, etc.) have been in attendance.

6. Are trainings free to the public?

Response: Yes, the Suicide Prevention Program contracts with Lotus Educational Services to provide free SafeTALK and ASIST trainings to the public. QPR trainings are also free to the public and made available through agency staff and community partners trained to deliver QPR.

7. Are there trainings available for law enforcement?

Response: The Suicide Prevention Program recently coordinated Code 9 workshops during February-March 2023 and May 2023. The workshops are designed for first responders, including law enforcement, firefighters, EMT's/paramedics, veterans, and their family members. Code 9 provided training for integrating officer wellness and suicide prevention into department programming, improving stress management skills, and expanding peer support programs. These trainings provided a great opportunity for the program to connect with local first responders about suicide prevention. In addition to Code 9, first responders are always welcome to participate in suicide prevention trainings hosted by the Suicide Prevention Program (e.g., QPR, SafeTALK, and ASIST). The program will continue to conduct outreach with local first responders to encourage attendance in suicide prevention trainings.

Resources

8. How are resources distributed to unhoused populations?

Response: The Suicide Prevention Program attends community events that serve the unhoused populations, such as Project Homeless Connect, to distribute resources. The program also distributes resources to organizations that provide direct support to unhoused individuals.

MHADAB Questions
Suicide Prevention Program Presentation July 12, 2023

Suicide Fatality Review (SFR)

9. When will the Suicide Fatality Review (SFR) team be up and running?

Response: The Suicide Prevention Program is not able to provide a definitive date for the establishment of an SFR team. The documentation for SFR is still being developed and must be reviewed by Public Health leadership and County Counsel to ensure all forms and processes align with state law and county policies. The Suicide Prevention Program approximates that it will take about 6-12 months to establish an SFR team in Shasta County.

Data

10. What chemical or medication was most frequently used in suicide deaths that resulted from poisoning?

Response: The data from the California Department of Public Health's (CDPH) EpiCenter, does not specify the type of poison or medication used in self-poisoning suicide deaths.

11. What is the data for suicide attempts?

Response: According to CDPH's EpiCenter, self-harm accounted for 65 hospitalizations in Shasta County in 2021. Of those reported instances where self-harm was the primary reason for hospitalization, 25 were men and 40 were women. Please note, the EpiCenter does not have a code to identify suicidal intent, so it is unknown if all 65 self-harm hospitalizations were the result of suicide attempts. It is also important to recognize that suicide attempts are often underreported, so this impacts the accuracy of the data made available.

12. Why do jump/fall suicide deaths appear to be high?

Response: Suicide deaths that result from jumps/falls may be more likely to occur in Shasta County compared to neighboring communities due to the many outdoor locations and structures that are situated at great heights and available for public use. These areas could benefit from signage about suicide prevention resources. It is important to note that suicide deaths that result from jumps/falls do not occur as frequently as suicide deaths resulting from other lethal means such as firearms and hanging/suffocation. For instance, while jumps/falls accounted for 4% of male suicide deaths and 9% of female suicide deaths from 2019-2021, firearms accounted for 56% of male suicide deaths and 19% of female suicide deaths from 2019-2021.

13. Why does the distribution of lethal means used among men vary so differently from lethal means used among women?

Response: While the difference in the lethal means used by men compared to those used by women cannot be attributed to a single factor, it can be inferred that the means used across genders in Shasta County are influenced by the high volume of gun ownership in our community.

14. Is there information that provides where the suicide happened so you can look at the trends related to the 85+ age group and identify areas of concern or areas to do outreach?

Response: The Epidemiology department provides suicide surveillance reports which can include general location information. The Suicide Prevention Program utilizes the suicide surveillance reports to identify trends in specific age groups and populations for the development of specialized suicide prevention activities.

988 Suicide & Crisis Lifeline

15. What support does the 988 Suicide & Crisis Lifeline offer?

Response: In addition to providing suicide crisis support, if you or a loved one is experiencing an emotional crisis or substance use crisis, the 988 Lifeline can connect you with a resource to help navigate the situation. For more information about the 988 Lifeline, please visit the [988 Suicide & Crisis Lifeline](#) website (see the "Should I call the Lifeline?" section) or the "[988 Frequently Asked Questions](#)" page located on the Substance Abuse and Mental Health Services Administration (SAMHSA) website. NOTE: In the event of an emergency, please call 911.

If you have any additional questions, please contact the MHADAB secretary, Jacquelynn Rose, at
MHADAB@co.shasta.ca.us
Thank you!

VERSION THREE

Shasta County Mental Health, Alcohol and Drug Advisory Board - **2023** Calendar

| | October 2023 | November 2023 | December 2023 |
|--------------------------------|--|---|--|
| Regular and Executive Meetings | <p><u>MHADAB Regular Meeting</u> October 4, 2023 5:30 BOGGS</p> <p>Executive Special Meeting October 16, 2023 11:00 2640 Breslauer Admin Conf Room</p> | <p><u>MHADAB Meeting</u> November 1, 2023 5:30 BOGGS</p> <p><i>NO EXECUTIVE MEETING</i></p> | <p><i>NO REGULAR MEETING</i></p> <p>Executive Meeting December 11, 2023 11:00 2640 Breslauer</p> |

Shasta County Mental Health, Alcohol and Drug Advisory Board - **2024** Calendar

| January 2024 | February 2024 | March 2024 | April 2024 | May 2024 | June 2024 |
|---|---|---|---|--|---|
| <p>MHADAB Regular Meeting January 10, 2024 5:30 BOGGS</p> | <p>Special Meeting February 14, 2024 5:30 Boggs</p> <p>Executive Meeting February 21, 2024 11:00 2640 Breslauer Admin Conf Room</p> | <p>MHADAB Regular Meeting March 13, 2024 5:30 BOGGS</p> | <p>Special Meeting April 10, 2024 5:30 BOGGS</p> <p>Executive Meeting April 17, 2024 11:00 2640 Breslauer Admin Conf Room</p> | <p>MHADAB Regular Meeting May 8, 2024 5:30 BOGGS</p> | <p>Special Meeting June 12, 2024 5:30 BOGGS</p> <p>Executive Meeting June 19, 2024 11:00 2640 Breslauer Admin Conf Room</p> |

| July 2024 | August 2024 | September 2024 | October 2024 | November 2024 | December 2024 |
|--|--|---|---|--|--------------------------|
| <p>MHADAB Regular Meeting July 10, 2024 5:30 BOGGS</p> | <p>Special Meeting August 14, 2024 5:30 BOGGS</p> <p>Executive Meeting August 21, 2024 11:00 2640 Breslauer Admin Conf Room</p> | <p>MHADAB Regular Meeting September 11, 2024 5:30 BOGGS</p> | <p>Special Meeting October 9, 2024 5:30 BOGGS</p> <p>Executive Meeting October 16, 2024 11:00 2640 Breslauer Admin Conf Room</p> | <p>MHADAB Regular Meeting November 13, 2024 5:30 BOGGS</p> | <p>No Meeting</p> |



Level Up NorCal

MHSA Innovation Plan – Proposal 1

Supporting Community Driven Practices for Health Equity

About Us

Community Based Organization

Established in Shasta County in 2018. Main office in Redding with satellite offices in Oroville and Woodland.

Bilingual & Bicultural

Staffed by bilingual and bicultural staff fluent in English, Spanish, Mien, Hmong, Thai, Laotian, Tagalog, Vietnamese and more.

Mission

Improve and promote the health, well-being and advancement of ethnic minorities, through education, support and advocacy.

Trusted Messengers

Deep community roots in the communities served. Provide outreach and disseminate information to difficult to reach communities.

Level Up NorCal

MHSA Innovation Plan – Proposal 1

Supporting Community Driven Practices for Health Equity



Addressing Health Disparities



In the last census, Hispanics/Latinos and Asians were the two largest minority groups in Shasta County, with Asians largely comprised of Southeast Asians. Shasta County's most recent performance outcomes report shows that these communities are under-utilizing behavioral health resources.



Hispanic and Southeast Asian communities are either unserved or underserved.

- Unserved: not receiving services they should be receiving
- Underserved: receiving some services but due to cultural or linguistic barriers, have not or cannot access/utilize the services at the same level as those without cultural or linguistic barriers



Equal access does not result in equitable access

- Cultural and linguistic barriers often prevent individuals from understanding, accessing and utilizing services




Level Up NorCal

MHSA Innovation Plan – Proposal 1


Supporting Community Driven Practices for Health Equity

Promotora Peer Support Model


This INN Project applies an equity-driven community practice to promote health equity in underserved and marginalized communities challenged by cultural and linguistic barriers.



Access
Provides trusted community members to assist with accessing services



Comprehension
Ensures not just translation but comprehension



Providers
Works with providers to assist individual/family with understanding needs/services



Utilization
Increase utilization of necessary services



Level UP
N o r C a l

Level Up NorCal

MHSA Innovation Plan – Proposal 1

Supporting Community Driven Practices for Health Equity

Promotora Peer Support Model



Culturally & Linguistically Appropriate – services are provided by a bilingual & bicultural team



Peer Support – shared experiences for improved understanding of needs



Culturally Responsive - assistance that understands the communities served



Wraparound - addresses the whole needs of the individual/family

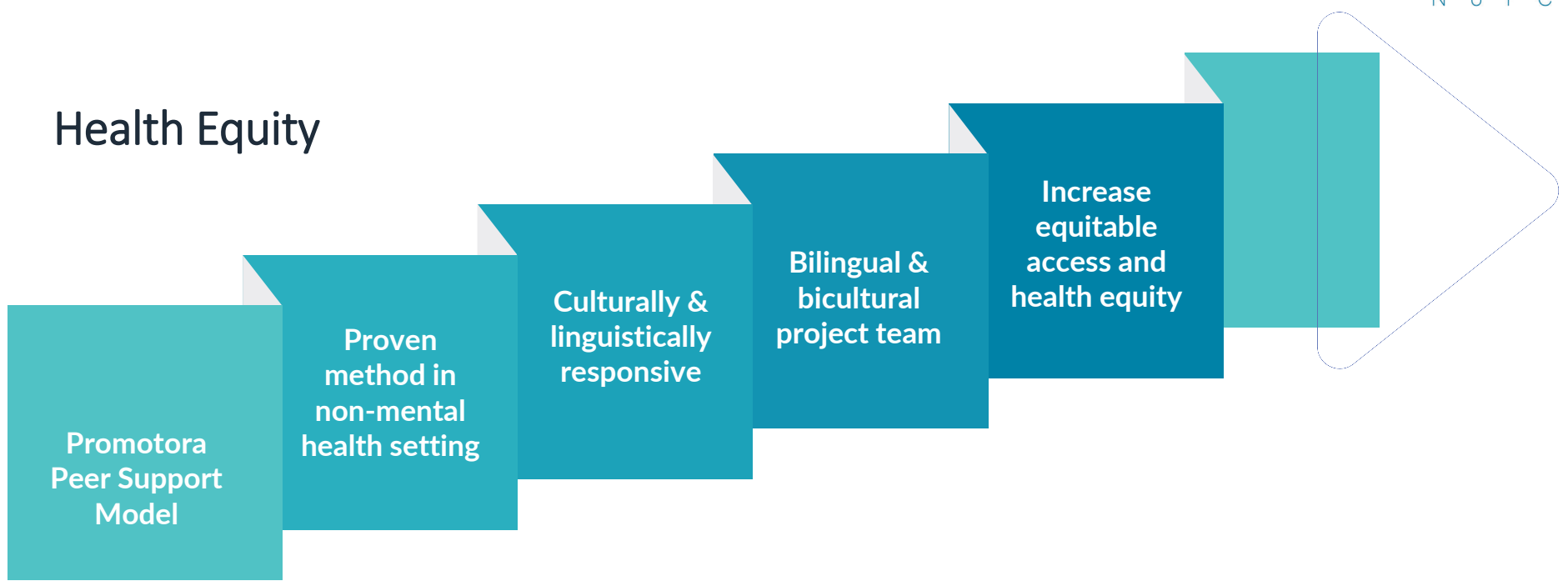
Level Up NorCal

MHSA Innovation Plan – Proposal 1

Supporting Community Driven Practices for Health Equity



Health Equity



Mental Health, Alcohol and Drug Advisory Board (MHADAB)

DIRECTOR'S REPORT

September 6, 2023.

[Mental Health, Alcohol & Drug Advisory Board Previous Meeting Documents | Shasta County California](#)



Shasta County
Health & Human
Services Agency

Board of Supervisors Updates – August

2

June 27, 2023 BOS Meeting Legal Minutes

No contract updates

July 11, 2023 BOS Meeting Legal Minutes

No contract updates

July 25, 2023 BOS Meeting Legal Minutes

- **C4** Approved a renewal agreement with About Time Recovery, Inc., for sober living, recovery residences, and other therapeutic services, in an amount not to exceed \$926,385 for the period July 1, 2023, through June 30, 2026
- **C5** Approved a retroactive renewal agreement with Glenn County in an amount not to exceed \$235,443 for Child Welfare Services/Case Management System staff training for the period July 1, 2023, through June 30, 2024

- **C6** Approved a renewal agreement with Hill Country Community Clinic in an amount not to exceed \$824,242 for a Community Mental Health Resource Center (“CARE Center”) for the July 25, 2023 195 period July 1, 2023, through June 30, 2024
- **C7** Approved a renewal agreement with Hill Country Community Clinic, in an amount not to exceed \$303,788 for a mental health wellness and recovery program in Eastern Shasta County for the period July 1, 2023, through June 30, 2024
- **C9** Approved a renewal agreement with VOTC, Inc., dba Visions of the Cross, for sober living, recovery residences, and other therapeutic services, in an amount not to exceed \$75,000 for the period July 1, 2023, through June 30, 2026.
- **C10** Approved a retroactive amendment, effective July 1, 2023, to the agreement with Willow Glen Care Center for a residential care facility for the elderly (RCFE), which increases rates and compensation by \$249,400 for a new maximum compensation of \$1,900,000, retaining the term July 1, 2022, through June 30, 2025.

- **C11** Approved a retroactive amendment, effective July 1, 2023, to the agreement with Willow Glen Care Center for Sequoia Psychiatric Treatment Center and Cedar Grove locations, licensed as mental health rehabilitation centers (MHRCs), which increases rates and compensation by \$500,000 for a new maximum compensation of \$4,000,000, retaining the term July 1, 2022, through June 30, 2025.

August 1, 2023 BOS Meeting Legal Minutes

- **C5** Approved a renewal agreement with Christine Wright, dba Wright Education Services in an amount not to exceed \$180,000 to provide trauma informed, family-based violence and mental health assessments and counseling services for the period July 1, 2023, through June 30, 2024, with two automatic one-year renewals.

August 4, 2023 BOS Meeting Legal Minutes

No contract updates

Legislative Updates

- ▶ SB 326 MHSA Reform
- ▶ AB 531 Housing

MH & SUD Services Update

Crisis Services (ER) Activity Report July 2023

ER/ED Activity: There were **130** crisis evaluations performed at the Emergency Departments. Shasta Regional Medical Center had **71** evaluations, while Mercy Medical Center had **58** evaluations in July 2023.

Percentage of visits by hospital:

| | |
|--------------------------------|-----|
| Shasta Regional Medical Center | 55% |
| Mercy Medical Center | 45% |
| Mayers Memorial Hospital | 0% |

Diagnosis:

| | |
|---|-----|
| Depressive Disorders | 25% |
| Psychotic Disorders (not Schizophrenia) | 16% |
| Bipolar Disorders | 14% |

Toxicology:

| | |
|-------------------|-----|
| THC | 70% |
| Amphetamines/Meth | 32% |
| Fentanyl | 4% |

5150s Upheld:

- Of clients 5150'd, 45% were ultimately upheld and hospitalized.
- Of clients initially designated 1799.111 then became a 5150, 49% were upheld and ultimately hospitalized.
- Of 5150s to be released, 81% were reported as "Does not Meet Criteria."

Notice of Adverse Benefit Determinations (NOABDs)

Quarterly reports detail Notice of Adverse Benefit Determinations (NOABDs) for both Adult and Children's Services Branches. NOABDs are issued when the plan decides to deny or terminate treatment.

In July 2023, 7 NOABDs were issued to Adult Services clients, and 4 NOABDs were issued to Children's Services clients.

MH & SUD Services Update

Notice of Adverse Benefit Determinations (NOABDs)

Delivery System Notices & Terminations 300

| Most Common Reasons Cited for NOABDs in July 2023 | Total Adult (7) | Total Child (4) |
|--|------------------------|------------------------|
| Not able to contact client, various reasons. | 5 (71%) | 3 (75%) |
| Mental health condition would be responsive to treatment by a physical health care provider. | 1 (14%) | 0 (N/A) |

HHSA BHSS Branch Updates

- Grant for Rural Mobile Crisis Services, \$431,075.53
 - Submitted July 31, 2023 to the Investment in Mental Health Wellness Grant Program for Children and Youth, through California Health Facilities Financing Authority
 - Funding to support 5 staff: .25% Clinical Program Coordinator, 2 FTE Clinicians and 2 Peer Supports
 - Mobile crisis support service will be based out of Burney, as Burney is the most centrally located town in rural Shasta County
 - Mobile service is designed as an alternative to hospitalization and detainment from law enforcement.

HHSA BHSS Branch Updates

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- Proposal will be submitted to California Department of State Hospitals Infrastructure, \$4,031,250.00
 - Funding will build residential treatment homes and facilities for ongoing diversion and /or community-based restoration programs.
 - Goal of these facilities will build out the state's capacity for residential treatment homes.



Upcoming Events

► Save the Date!
September 30th the Addicted Offender Program Alumni are hosting a “Golfing with the Stars” Event.

Addicted Offender Program Alumni Presents:

Golfing With The Stars

- ⇒ AOP Alumni, Jeff Pigage
- ⇒ AOP Alumni, Shane Phipps
- ⇒ AOP Alumni, Leelani Kemp
- ⇒ Honorable Judge Daniel Flynn
- ⇒ City Council, Baron Browning
- ⇒ Deputy Public Defender, Bill Bateman
- ⇒ Deputy District Attorney, Curtis Woods
- ⇒ Deputy Probation Officer, John Strain
- ⇒ About Time Recovery Owner, Martin Sell

When: September 30th

Arrival Time: 9:00 a.m. Tee Time: 10:00 a.m.

Where: Allen's Golf Course, 2780 Sacramento Drive, Redding CA

Contact Samantha Girdwood (530) 227-4283 to secure your spot TODAY!

\$30 to be assigned any star

\$50 to select your own star*

Pre-Payment and registration closes September 1st

GOLFING NOT FOR YOU?? JOIN US FOR A BBQ LUNCHEON, OUTDOOR GAMES, 50/50 RAFFLE AND MORE!

WE WOULD LIKE TO THANK OUR SPONSORS!



Professional
Peace Officers
Association



First Come, First Serve



By the Kitchen

HHSA BHSS Branch Updates

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Past Audits & Reviews 2023:

January

Women's Recovery and Resiliency Annual Monitoring Review

June

DHCS – Mental Health Plan Triennial Review

SABG (Substance Abuse Block Grant) Monitoring Review

DMC-ODS (Drug Medi-Cal Organized Delivery System) Monitoring Review

July

SABG Fiscal Audit for FY18-19

August

Mental Health Block Grant

HHSA BHSS Branch Updates

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Future Reviews & Audits:



OCTOBER 2023

Mental Health Services Act County Program Review



NOVEMBER 2023

Network Adequacy Certification

ACMA (Formally known as Ongoing Compliance Monitoring)

External Quality Review (EQR) for Mental Health (MH)

There are several opportunities for community member participation in both the MH and SUD EQR visits. Please let Katie Cassidy know if you would like to participate.

HHSA BHSS Branch Updates

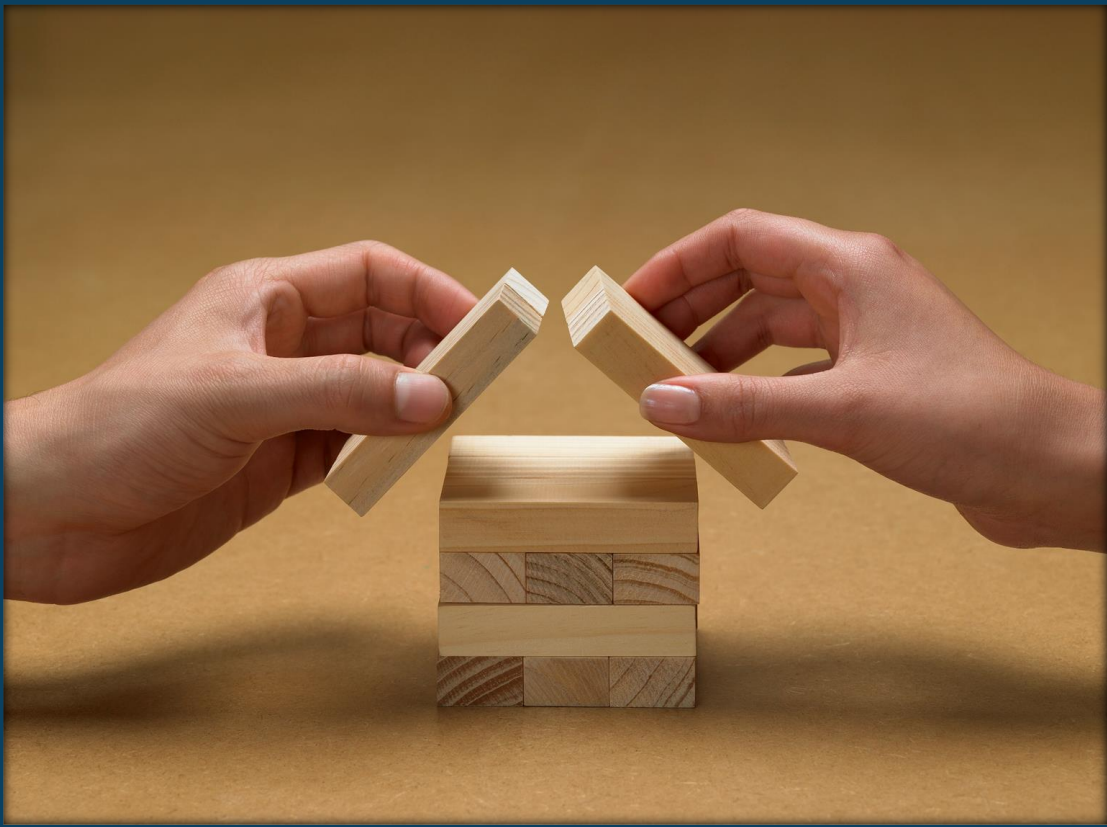
14

- Grant for PATH 3 Justice-Involved, \$1,009,888
 - Department of Health Care Services (DHCS) has approved a provisional award for Justice-Involved planning and implementation for Shasta County Behavioral Health.
 - Mandated in AB 133, DHCS will require correctional facilities, county behavioral health agencies, and Medi-Cal Managed Care Plans to develop and implement processes for behavioral health linkages for those who receive behavioral health services while incarcerated.
 - Money will be used to plan and implement these linkages.

HHSA BHSS Branch Updates

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- Grant for Behavioral Health Bridge Housing, \$5,265,887



- Funding is to help people experiencing homelessness who also have serious behavioral health conditions which prevent them from accessing housing
- Funds support housing options, operational costs, and Behavioral Health Bridge Housing participants' housing stability, retention, and wellness.

Open House: Woman's Recovery and Resiliency

- ▶ On 8/23/2023 Woman's Recovery and Resiliency had over 90 visitors from the community view their new space
- ▶ This program provides Substance Use Disorder Treatment for all Shasta County women. It provides gender specific trauma focused intensive day treatment; individual and group counseling; parenting skills development and case management. An on-site childcare co-op and transportation are available. Babies under the age of 4 months may remain with their mothers during treatment. Learn more at: [Woman's Recovery Resiliency Services](#)





- ▶ **New Faces for Behavioral Health Social Services Branch**
 - Program Manager for the Quality Management Team
 - Policy Analyst

Have you seen **MHSA** webpage makeover? How about **MHADAB**?

Goals of accessibility and user friendliness were accomplished by focusing on website accessibility standards, giving our websites a fresh new look and feel and making sure information is easy to find.

MHSA Innovations Projects

Project 1: Supporting Community Driven Practices for Health Equity

Partner with Level Up NorCal to provide outreach and services regarding our underserved southeast Asian and Latin x populations.

Level up will provide translation, help facilitate culturally appropriate services being provided, bridge the gap of barriers that prevent access and utilization of programs and services, they will work with families and participants to gain understanding of case management services, provide culturally competent strategies and approaches for behavioral health staff to understand the needs of families with cultural and linguistic barriers. Learn more about [Level Up NorCal](#)



Level UP
N o r C a l

MH & SUD Services Update

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Project 2: Extracurricular/Enrichment Activities Funding Partner with California Youth Connection to provide stipends for Foster Youth.

This would give foster youth the opportunity to participate in enrichment activities. Providing this funding would allow youth to have better access to outside of the home activities where lifelong connections can be built. Studies show safe and healthy interactions diminishes the desire to engage in recreational substance use. These opportunities provide youth with a sense of understanding and belonging. Learn more about [CALIFORNIA YOUTH CONNECTION](#)



“Engaging individuals, families and communities to protect and improve health and wellbeing.”

Miguel Rodriguez, LCSW, Behavioral Health and Social Services Branch Director

Katie Cassidy, Behavioral Health and Social Services Deputy Branch Director

Laura Stapp, Behavioral Health and Social Services Deputy Branch Director

Health & Human Services Agency | Shasta County California



Quality of life is the top priority.

CRISIS RESIDENTIAL & RECOVERY CENTER

TREATMENT & GOALS

CRRC staff encourage residents to take an active role in their treatments. Residents and program staff work together to develop short-term goals. Mental health staff teach self-care skills. They help residents develop strategies to confront symptoms that lead to crises.

SERVICES

- Daily groups
- Workshops
- Coping skills
- Medication management
- Community outings
- Interactive discussions
- Help to meet goals

HOW TO ACCESS

CRRC is a referral-based service. Referrals can come from a variety of providers, including healthcare, outpatient mental health, alcohol and drug programs, and others.

Shasta County Mental Health,
Alcohol & Drug Outpatient Services:

(530) 225-5200

CRRC:
(530) 225-5972

Scan QR code to
view services.



2640 Breslauer Way, Redding

CRISIS RESIDENTIAL & RECOVERY CENTER

The CRRC provides Shasta County residents support after a mental health crisis. This social rehabilitation center offers 15 beds and voluntary overnight stays. Residents work with staff to develop a plan to become mentally stable. Preventing future crises is the goal.

(530) 225-5972



Shasta County
Health & Human
Services Agency

Children's Type 1 Diabetes
SUPPORT GROUP

Location: Room 40100 - 304 Pine Street
 11:00 AM - 12:00 PM
 11/11/2019 - 11/11/2019
 11/11/2019 - 11/11/2019
 11/11/2019 - 11/11/2019

Facebook Link: [https://www.facebook.com/ChildrensType1DiabetesSupportGroup](#)

10:30-12:00

One day at a time we can manage Type 1 Diabetes as a community we can spread awareness and support each other on our Type One Journey!

EMAIL: info@type1diabetes.org LOCATION: [https://www.type1diabetes.org](#)
 PHONE: (800) 262-4362 / (530) 367-4300
 MORE CONTACT INFO: www.type1diabetes.org

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