

Mental Health, Alcohol and Drug Advisory Board (MHADAB)

Regular Meeting Agenda

Wednesday, October 4, 2023, 5:30 pm
Mae Helene Bacon Boggs Conference Center
2420 Breslauer Way, Redding, CA 96001

Members of the public may attend via [GoToMeeting](#)
You can also dial in using your phone.

United States: [+1 \(408\) 650-3123](#)

Access Code: 510-166-341

This meeting will be audio recorded.

I. Call to Order & Welcome

II. Public Comment

Members of the public will have the opportunity to address the Board on any issue within the jurisdiction of the Board. *Speakers will be limited to three minutes.*

III. Announcements and Staff Updates

- A. Staff will address Public Comment, if needed, to follow up from the previous meeting.
- B. Committee Updates

IV. Consent Calendar

The following Consent Calendar items are expected to be routine and non-controversial. They may be acted upon by the Board at one time without discussion. Any Board member or staff member may request that an item be removed from the Consent Calendar for discussion and consideration. Members of the public may comment on any item on the Consent Calendar before the Board's consideration of the Consent Calendar. Each speaker is allocated three minutes to speak.

V. Approval of Meeting Minutes

Board members will review and approve minutes from the September 6, 2023, Regular Meeting

VI. Presentations

- A. Woman's Resiliency and Recovery Program from Aleesha Edwards, Clinical Program Coordinator
- B. Future Presentations: November 2023: Genell Restivo presentation on Kingsview's Assisted Outpatient Treatment Program and Shasta Triumph and Recovery Team

VII. Regular Calendar

Board Members

Ron Henninger, *Chair*

Kalyn Jones,
Vice Chair

Alan Mullikin

Angel Rocke

Anne Prielipp

Charlie Menoher

Christine Stewart

Cindy Greene

Connie Webber

Dale Marlar

David Kehoe

Heather Jones

Jo-Ann Medina

Mary Rickert

Samuel Major

VIII. Discussion Items

- A. Board members may ask questions about the Director’s Report.
- B. Review the Crisis Residential and Recovery Center program flyer.
- C. Board members may make suggestions for future agenda consideration.
- D. October 2023 – December 2024 Mental Health Alcohol Drug Advisory Board Calendar
- E. Review meeting minutes from Special Meeting June 9, 2023
- F. Ad Hoc MHADAB Annual Report 2022 Committee
- G. Ad Hoc Nominating Committee

IX. Board Member Reports

Board members will report committee meeting updates.

X. Adjourn

Committees			
<p>MHADAB Meeting November 1, 2023, 5:30 pm Boggs Building 2420 Breslauer Way Redding, CA 96001</p> <p>Executive Committee Meeting October 16, 2023, 11:00 am HHSA BHSS Services Branch, Administrative Conference Room 2640 Breslauer Way, Redding, CA 96001</p>	<p>Shasta Substance Use Coalition November 14, 2023, 10:30 am Virtual via Zoom jill@shastatraining.org</p> <p>Shasta Suicide Prevention Collaborative November 7, 2023, 2:30 pm For location, please email stinger@co.shasta.ca.us</p>	<p>Stand Against Stigma October 10, 2023, 1:30 pm Boggs Building 2420 Breslauer Way Redding, CA 96001 cdiamond@co.shasta.ca.us</p> <p>ADP Provider Meeting November 15, 2023, 10:30 am Location: Boggs Conference Center 2420 Breslauer Way, Redding, CA 96001 kcassidy@co.shasta.ca.us</p>	<p>Continuum of Care (CoC), Executive Meeting October 19, 2023, 1 pm 1450 Court Street Room 352 Redding, CA 96001 HCAP@co.shasta.ca.us</p> <p>MHSA Stakeholder Workgroup TBD, 1:30 pm Boggs Building 2420 Breslauer Way Redding, CA 96001 mhsa@co.shasta.ca.us</p>

“The County of Shasta does not discriminate on the basis of disability in admission to, access to, or operation of its buildings, facilities, programs, services, or activities. The Shasta County Mental Health, Alcohol and Drug Advisory Board will make available to any member of the public who has a disability a needed modification or accommodation including an auxiliary aid or service, in order for that person to participate in the public meeting. A person needing assistance should contact Jacquelynn Rose by telephone at (530) 229-8266, or in person 2640 Breslauer Way, Redding, or by mail at P. O. Box 496048, Redding CA 96049-6048, or by e-mail at MHADAB@co.shasta.ca.us at least two (2) working days in advance. Accommodations may include, but are not limited to, interpreters, assistive listening devices, accessible seating, or documentation in an alternate format. If requested, this document and other agenda materials may be made available in an alternative format for persons with a disability who are covered by the Americans with Disabilities Act. Questions, complaints, or requests for additional information regarding the Americans with Disabilities Act (ADA) may be forwarded to the County’s ADA Coordinator: Monica Fugitt, Director of Support Services, County of Shasta, 1450 Court Street, Room 348, Redding, CA 96001-2676 Phone: (530) 225-5515 Fax: (530) 225-5345 California Relay Service: 711 or 1-(800)-735-2922, E-mail: adaordinator@co.shasta.ca.us.

Public records which relate to any of the matters on this agenda (except Closed Session items), and which have been distributed to the members of the Advisory Board, are available for public inspection at Shasta County Health and Human Services Agency, 2640 Breslauer Way, Redding, CA 96001. This meeting may be recorded. If there are any questions regarding this agenda, please contact Jacquelynn Rose at 530-229-8266, or via e-mail at MHADAB@co.shasta.ca.us.

Shasta County Health and Human Services Agency
DRAFT SHASTA COUNTY Mental Health, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB)
REGULAR Meeting
Wednesday, September 6, 2023

Attendees:

Ron Henninger	√	Anne Prielipp		Connie Webber	√	Jo-Ann Medina	√
Kalyn Jones	√	Charlie Menoher	√	Dale Marlar	√	Mary Rickert	√
Alan Mullikin	√	Christine Stewart	√	David Kehoe	√	Samuel Major	√
Angel Rocke		Cindy Greene		Heather Jones	√		

Shasta County Staff: Laura Stapp, Amber Brock, Ashley Saechao, Rachel Iberra, Marie Marks, Shawna Flanigan, Christopher Diamond, Tom Ramont, Leah Shuffleton
Community Members: 25 members including those on GoTo Meeting

Agenda Item	Discussion/Conclusions/Recommendations	Action/Follow-Up	Date Due/Status	Individual/Department Responsible
I. Call to Order	Ron Henninger, MHADAB chair extended a warm welcome to all attendees and called meeting to order at 5:33 pm	No action required.	N/A	Ron Henninger, MHADAB chair
II. Public Comment	Public commenter states they cannot get a doctor's appointment nor a dentist appointment. No one is taking new patients. They had a question on grievances, of the 35 or so from last year, how many did we change policy or procedures for? They also stated they applied to be on the Advisory Board over 2 years ago.	Leah relayed the information via email to this public commenter.	10/4/2023	Leah Shuffelton
III. Announcements and Staff Updates	<p>A. Public Comment from previous meeting did not need to be addressed.</p> <p>Miguel introduced the HHS Staff that were in the audience.</p> <p>Board member, Heather Jones, had a question about what Diversion Court was and would like more information about it. She also suggested a presentation be done on Assisted Outpatient and Treatment Programs. Heather mentioned that NAMI has a 9-week family education course starting at the end of September.</p>	<p>A. N/A</p> <p>Miguel stated that Diversion court was through the District Attorney's office. They are going to do a presentation for the board. It is not through HHS Behavioral Health in our system, but it's through their department.</p> <p>Schedule presentation</p> <p>The Assisted Outpatient Treatment program is scheduled to be in November 2023.</p>	<p>A. N/A</p> <p>N/A</p> <p>10/16/23</p> <p>N/A</p>	<p>A. N/A</p> <p>N/A</p> <p>Jacquelynn Rose</p> <p>N/A</p>

Agenda Item	Discussion/Conclusions/ Recommendations	Action/Follow-Up	Date Due/Status	Individual/ Department Responsible
IV. Consent Calendar	<p>A. Approval of Previous Minutes</p> <p>Minutes from June 9, 2023 meeting were presented in written form.</p> <p>Minutes from July 12, 2023 meeting were presented in written form.</p> <p>B. Approval of October 2023 – 2024 Mental Health Alcohol Drug Advisory Board Calendar.</p>	<p>Ron Henninger had questions about the meeting minutes and asked for them to be discussed during the October meeting. Put on October 4, 2023 meeting under discussion</p> <p>Meeting minutes approved with twelve (12) ayes, zero (0) nays, and zero (0) abstentions.</p> <p>B. It was determined the calendar was approved in prior month.</p>	<p>N/A</p> <p>October 4, 2024</p> <p>N/A</p> <p>B. N/A</p>	<p>Jacquelynn Rose</p> <p>Motion: JoAnn Medina Second: Charlie Menoher</p> <p>B. N/A</p>
V. Presentations	<p>A. Level Up presented on its community-based organization whose mission is to promote access to community members, ensuring information delivered is comprehended and not just translated. They work with providers to assist with individuals/families with understanding services and needs. This in turn will increase utilization of necessary services.</p> <p>B. California Youth Connection presented the importance of enrichment activities available to support foster youth. Enrichment activities support their four pillars of their HEAL campaign, Health and Wellness, Education, A place to call home and Lifelong Connections. Request to invest funds from the Innovation Grant to establish a foster youth enrichment stipend pilot program supporting Shasta County foster youth.</p>	<p>A. No action required.</p> <p>B. No action required.</p>	<p>A. N/A</p> <p>B. N/A</p>	<p>A. N/A</p> <p>B. N/A</p>
VI. Regular Calendar	<p>A. Open public hearing to receive comments on the “Level Up Innovation”, close public comment period; and close public hearing (as required by California Code of Regulations, Title 9, section 3315A).</p>	<p>A. No action required.</p>	<p>A. N/A</p>	<p>A. N/A</p>

Agenda Item	Discussion/Conclusions/ Recommendations	Action/Follow-Up	Date Due/Status	Individual/ Department Responsible
	<p>B. Consider approval of the “Level Up Innovation” application and consider recommending that the Shasta County Board of Supervisors approve the “Level Up Innovations” application in the amount of \$476,737.80</p> <p>C. Open public hearing to receive comments on the “California Youth Connection Innovation”, close public comment period; and close public hearing (as required by California Code of Regulations, Title 9, section 3315A).</p> <p>D. Consider approval of the “California Youth Connection Innovation” application and consider recommending that the Shasta County Board of Supervisors approve the “California Youth Connection Innovation” application in the amount of \$200,000.</p>	<p>B. Approval of the “Level Up Innovation” application and recommendation that the Shasta County Board of Supervisors approve the “Level Up Innovations” application.</p> <p>D. Approval of the “California Youth Connection Innovation” application and recommendation that the Shasta County Board of Supervisors approve the “California Youth Connection Innovations” application.</p>	<p>B. N/A</p>	<p>B. Motion: David Kehoe Second: Sam Major</p> <p>D. Motion: Christine Stewart Second: Kayln Jones</p>
<p>VII. Discussion Items</p>	<p>A. No questions were asked about the Director’s report. Miguel discussed the Customer Satisfaction Survey and Leah explained all feedback was incorporated including a QR code. The code will be made live once the survey is published. One change will be to include Behavioral Health instead of Mental Health to be all inclusive.</p> <p>Miguel addressed the difficulty of finding the MHADAB website and asked if the Advisory Board tab be moved to the main page of HHSa as a separate tab.</p> <p>It was also suggested MHADAB meetings be put on the community calendar.</p> <p>B. Crisis Residential and Recovery Center Program Flyer language changed to reflect program is a referral-based service. If a consumer needs assistance, they will need to use Mental Health services to be referred. Suggestion made was to include “if you have questions or need assistance contact”</p>	<p>A. Board said to move the survey forward.</p> <p>Move Advisory Board page to main HHSa page</p> <p>Meeting will be put on community calendar</p> <p>B. Include the words “If you have questions or need assistance contact” on the flyer</p>	<p>N/A</p> <p>9/6/2023</p> <p>9/20/2023</p> <p>B. 9/29/2023</p>	<p>A. Leah Shuffleton</p> <p>Community Relations</p> <p>Jacquelynn Rose</p> <p>B. Jacquelynn Rose</p>

Agenda Item	Discussion/Conclusions/Recommendations	Action/Follow-Up	Date Due/Status	Individual/Department Responsible
	<p>C. Board members were invited to participate in meeting planning by attending Executive Committee meetings. If you ask for a specified agenda topic to attend the Executive meeting to provide additional clarification on special interests.</p> <p>D. AD HOC committee created to nominate Chair and Vice Chair for 2024 Mental Health, Alcohol and Drug Advisory Board. Sitting on this committee is Connie Webber, Ron Henninger and David Kehoe</p> <p>E. Board member recruitment – as of December 31st 2023 there will be 3 vacancies on the Mental Health, Alcohol and Drug Advisory Board. Board asked what categories the vacancies were in and if an email could be sent with this information.</p> <p>Miguel will attend Board of Supervisors meeting next week and the Board know about upcoming vacancies. He will work with Community Relations about advertising those vacancies as well as sending out Public Service Announcements including social media platforms.</p> <p>It was also mentioned that if every Board member talked to 1 person, there would be enough applications to choose from.</p>	<p>C. No Action Required</p> <p>D. Committee created; Jacquelynn will work with committee to get them submitted applications.</p> <p>E. Research which categories vacancies will be in for Mental Health, Alcohol and Drug Advisory Board and email board this information.</p> <p>Email Community Relations about advertising vacancies with Public Service Announcements and social media platforms</p>	<p>C. N/A</p> <p>D. 9/30/2023</p> <p>E. 9/7/2023</p> <p>9/22/2023</p>	<p>C. N/A</p> <p>D. Jacquelynn Rose</p> <p>E. Jacquelynn Rose</p> <p>Jacquelynn Rose</p>
VIII. Board Member Reports	No reports from board members.			
IX. Adjournment		Adjournment 7:39 pm	N/A	Motion: Heather Jones Second: Connie Webber

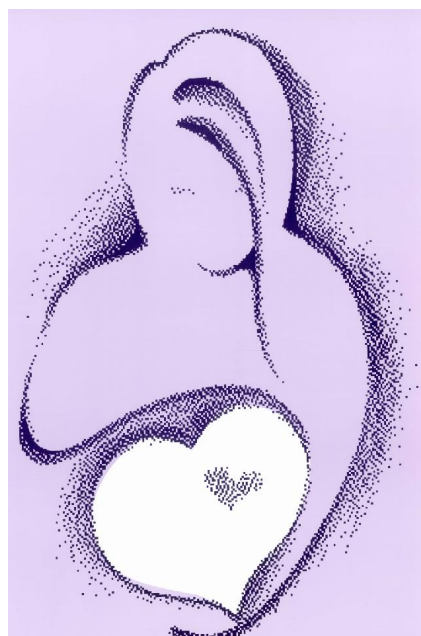
Next Regular Meeting is scheduled on: October 4, 2023

Ron Henninger
MHADAB Chair

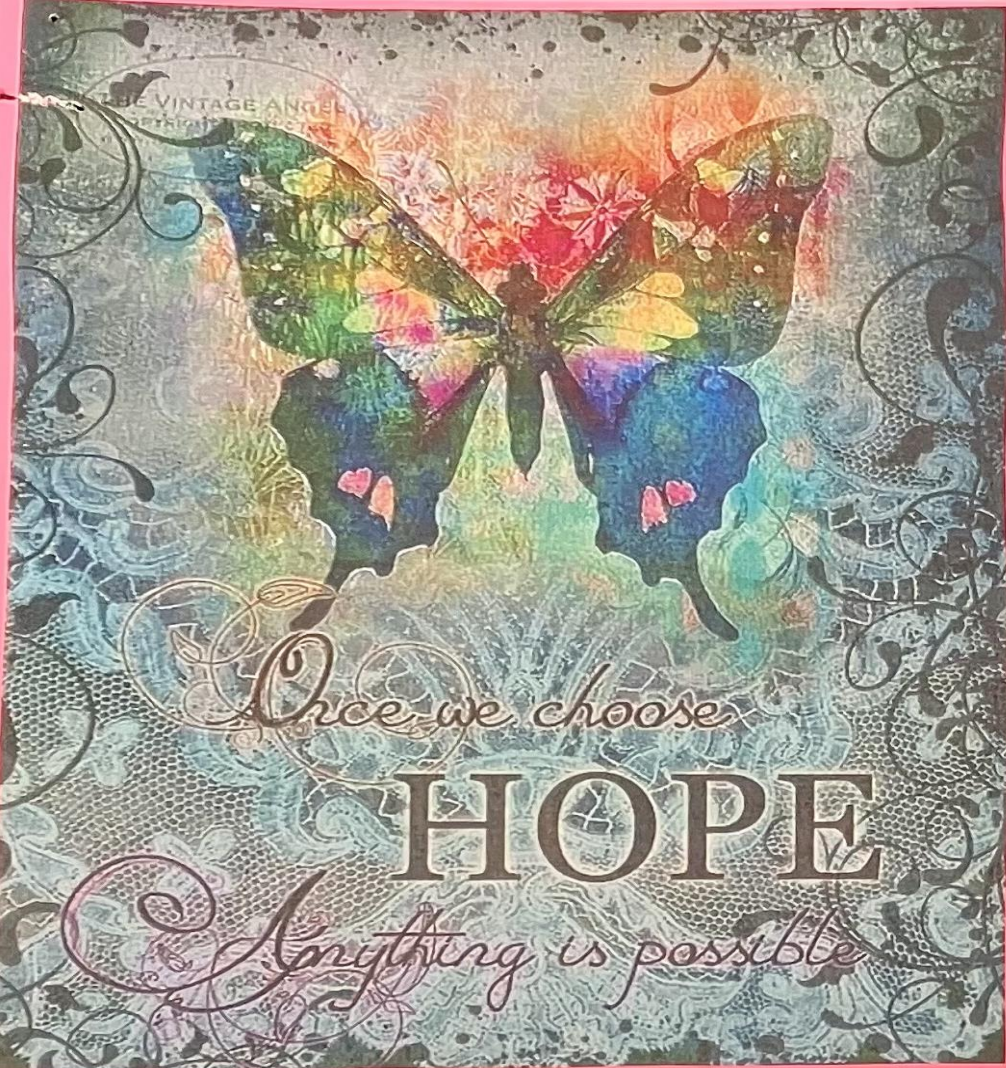
Date



Shasta County
**Health & Human
Services Agency**



Women's Recovery & Resiliency Services



Hope

Free's me from my Past.

Hope let me dance thru the Rain.

Hope Lets me Conquer my fears.

Hope Lets me walk with Dignity.

Hope Showed me what grace is.

Hope frees me from my past,
helps me live each day happy,
Hope shows me no matter what

I Got this.

Hope is the foundation
of my Recovery.

WHO ARE WE?

Shasta County Health & Human Services Agency's Women's Recovery & Resiliency Services is an Intensive Outpatient Program (IOT) that specializes in providing alcohol and drug treatment for women.

- ❖ We have specialized training & focus on women who are pregnant, postpartum (within 2 months of giving birth) & women with children.
- ❖ The program uses the Matrix Model, an evidence-based program recognized by the National Institute on Drug Abuse.
- ❖ Additional evidence-based curriculum utilized include Seeking Safety, Living in Balance, Beyond Trauma, & Motivational Interviewing.

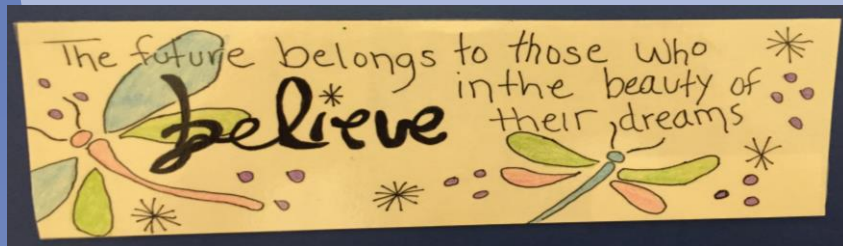
We provide women the skills and opportunities to conquer addiction and raise children who thrive in a safe, nurturing and drug-free environment.



Accessing Services

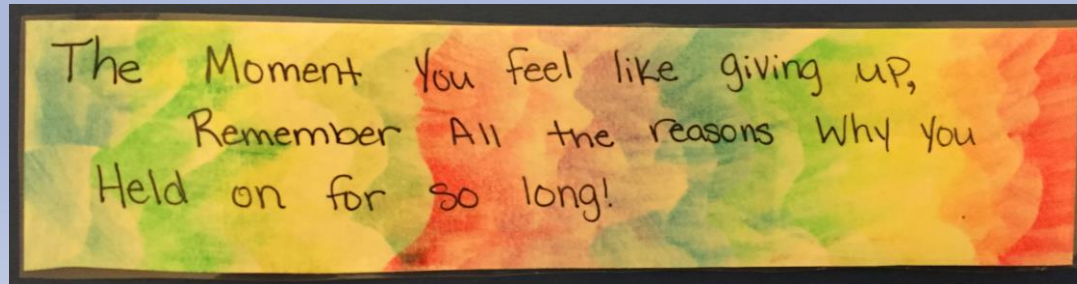
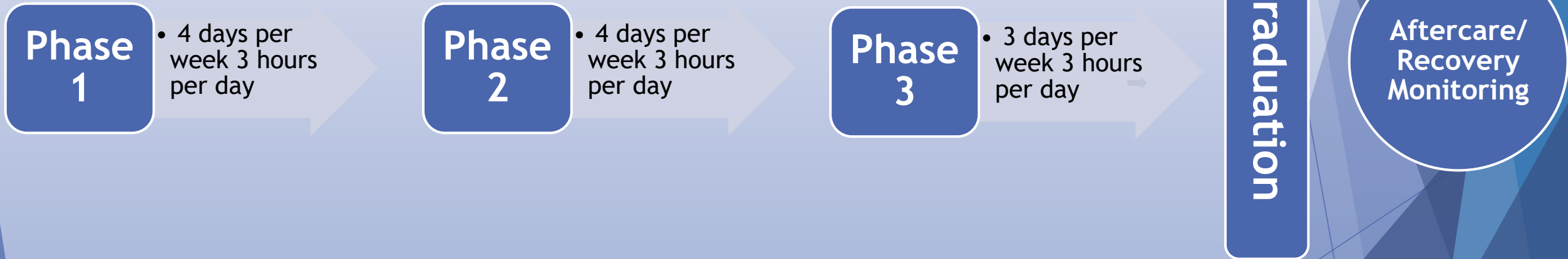
Assessments for entry into our program are available on Wednesdays or as needed with prior arrangement.

- ❖ **Conformation screenings for level of care may indicate need for referral to:**
 - **Medically Assisted Treatment Services**
 - **Residential,**
 - **Intensive Outpatient (WR&R),**
 - **Outpatient services,**
 - **Participation in Sober Support Services**
 - **Detox Services**
- ❖ **Assessments generally take 3 hours**
- ❖ **Entry into IOT services (WR&R) includes a treatment plan created that same day addressing individual treatment needs.**



Program Structure

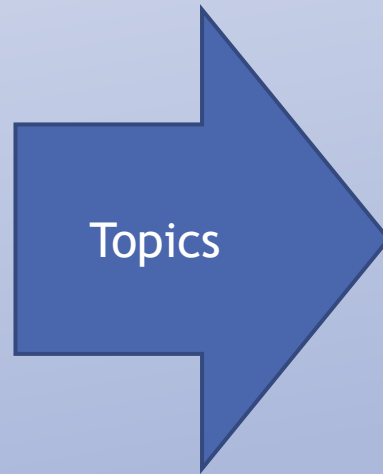
- ❖ Participants follow a level system as they progress through services.
- ❖ Services are based on a 6-month plan, however, depending on Phase progression clients may, and often do, take longer to complete.



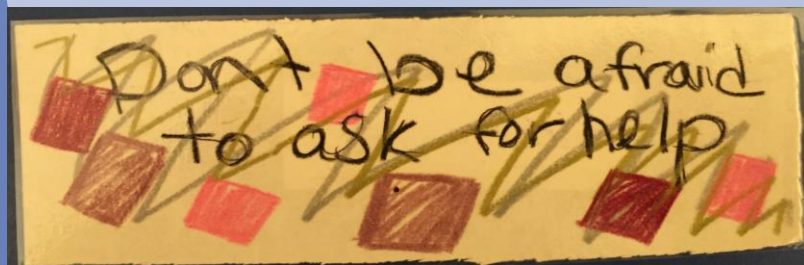
Phase 1

4x per week

3 hours per day



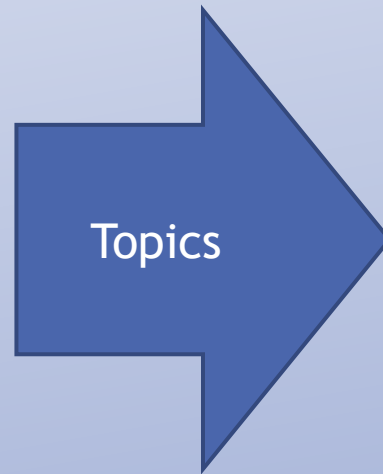
30 Days Substance Free	12+ Self Help Meetings	52 groups
Treatment Planning/ Goal Setting	Relapse Prevention Plan	Parenting Practices
A&D Education	Life Skills	Early Recovery
Planning for success	Co-Occurring Disorders	Health Issues & Nutrition
K.I.S.S.	Mind/Body/ Spirt	Relapse Prevention



Phase 2

4x per week

3 hours per day



60 Days Clean & Sober	20+ 12 Step/Self Help Meetings	52 groups
Working with a Sponsor	Presentation of "Your Story"	Parenting Practices
Community Resources	Co-Occurring Disorders	Health Living
K.I.S.S.	Life Skills	Relapse Prevention
A & D Education	Parenting Class	Mindfulness

Phase 3

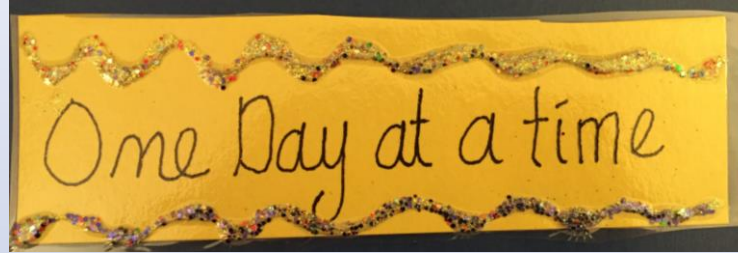
3x per week

3 hours per day



120 Days Clean & Sober	22+ 12 Step/Self Help Meetings	45 groups
Working with a Sponsor	Completion of an After Care Plan	Working Though Trauma
Community Resources	Co-Occurring Disorders	Health Living
K.I.S.S.	Life Skills	Relapse Prevention
A & D Education	Parenting Practices	Mindfulness

Program Services



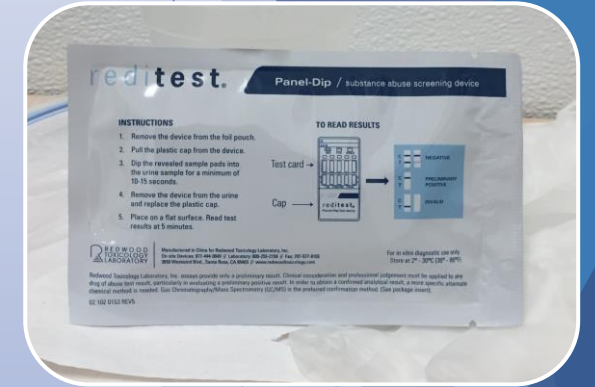
Childcare
Cooperative



Transportation



Case
Management



Drug Testing



Childcare Cooperative

- ❖ ASQ-3 Screening
- ❖ Supervised Hands-on Parenting
- ❖ Child Focused Activity Planning
- ❖ Safe & Enriched Environment
- ❖ Referral & Linkage to Services



K.I.S.S

Keep It Simple Sweetheart



Outreach

Maintaining Ties

Shasta
Community
Health Center OB

Planned
Parenthood

UC Davis
Nutrition

Community Involvement

Self Help
Meetings

Attendance at
Community
Events

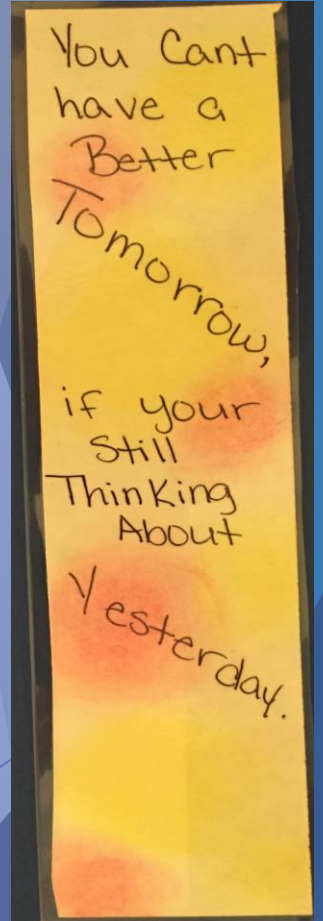
Participation in
local Councils &
Committees

Care Coordination

Medical
Management

Partnership
Health
Primary Care/OB

Child Welfare
Probation



Moving Forward

- ❖ Further linkage to supportive services
- ❖ Continued Community Event Participation
- ❖ Increased Contact With Community Partners



*Never let a Stumble in the road,
Be the end of your journey!*

Thank You From Women's Recovery & Resiliency Services



Don't struggle alone.
ADDICTION IS OVERWHELMING.

WOMEN'S RECOVERY & RESILIENCY SERVICES IS AVAILABLE TO ALL SHASTA COUNTY WOMEN. SERVICES INCLUDE:

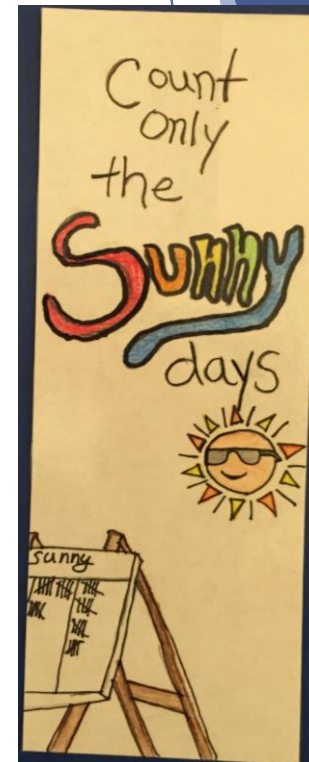
- SUBSTANCE USE TREATMENT FOR WOMEN WITH AN EMPHASIS ON BROADER ISSUES OF HEALTH AND WELLNESS FOR WOMEN
- CO-OCCURRING TREATMENT
- RELAPSE PREVENTION
- TRAUMA-FOCUSED RECOVERY
- TRANSPORTATION
- CHILDCARE COOPERATIVE

TO LEARN MORE, CALL 245-6411 OR VISIT SHASTAHSA.NET.

Shasta County
Health & Human
Services Agency

WOMEN'S RECOVERY & RESILIENCY SERVICES ACCEPTS PARTNERSHIP HEALTH PLAN.
THE PROGRAM MEETS MONDAY, TUESDAY, THURSDAY AND FRIDAY FROM 8:30 AM TO NOON.
PREGNANT WOMEN AND IV-DRUG USERS HAVE PRIORITY ADMISSION.

- Aleesha R F Edwards MA, LMFT
- Clinical Program Coordinator
- 2615 Breslauer Way Redding Ca 96001
- Front Desk (530) 245-6411
- Direct (530) 245-6872
- E-Mail aedwards@co.shasta.ca.us



Mental Health, Alcohol and Drug Advisory Board (MHADAB)

DIRECTOR'S REPORT

October 4, 2023.

[Mental Health, Alcohol & Drug Advisory Board Previous Meeting Documents | Shasta County California](#)



Shasta County
Health & Human
Services Agency

Board of Supervisors Updates – August & September

2

August 15, 2023 BOS Meeting Legal Minutes

- **C5** Approve a retroactive amendment with Community Care on Palm Riverside, LLC, for skilled nursing and mental health services which increases maximum compensation and designates authority to approve rate increases that do not result in an increase in the maximum compensation.

August 29, 2023 BOS Meeting Legal Minutes

- **C5** Approve an amendment to the agreement with California Mental Health Services Authority's Behavioral Health Quality Improvement Program for reimbursement to the County.
- **C6** Approve a retroactive amendment to the agreement with Kathaleen Waltz, dba LeBrun Adult Residential Care Facility for adult residential care home services which increases compensation for total maximum compensation not to exceed \$1,210,000.

September 12, 2023 BOS Meeting Legal Minutes

- **C5** Approve an agreement with Sacramento Behavioral Healthcare Hospital for inpatient psychiatric hospitalization services.
- **C6** Approve an agreement with the California Mental Health Services Authority for psychiatric inpatient concurrent review services.

Legislative Updates

- ▶ SB 326 MHSA Reform
- ▶ AB 531 Housing

MH & SUD Services Update

Crisis Services (ER) Activity Report August 2023

ER/ED Activity: There were **136** crisis evaluations performed at the Emergency Departments. Shasta Regional Medical Center had **93** evaluations, while Mercy Medical Center had **61** evaluations in August 2023.

Percentage of visits by hospital:

Shasta Regional Medical Center	60%
Mercy Medical Center	39%
Mayers Memorial Hospital	1%

Diagnosis:

Depressive Disorders	22%
Psychotic Disorders (not Schizophrenia)	21%
Bipolar Disorders	14%

Toxicology:

THC	53%
Amphetamines/Meth	43%
Fentanyl	6%

5150s Upheld:

- Of clients 5150'd, 36% were ultimately upheld and hospitalized.
- Of clients initially designated 1799.111 then became a 5150, 52% were upheld and ultimately hospitalized.
- Of 5150s to be released, 74% were reported as "Does not Meet Criteria."

Notice of Adverse Benefit Determinations (NOABDs)

Quarterly reports detail Notice of Adverse Benefit Determinations (NOABDs) for both Adult and Children's Services Branches. NOABDs are issued when the plan decides to deny or terminate treatment.

In August 2023, 12 NOABDs were issued to Adult Services clients, and 5 NOABDs were issued to Children's Services clients.

MH & SUD Services Update

Notice of Adverse Benefit Determinations (NOABDs)

Delivery System Notices & Terminations 300

Most Common Reasons Cited for NOABDs in August 2023	Total Adult (12)	Total Child (5)
Not able to contact client, various reasons.	8 (66%)	5 (100%)
Mental health condition would be responsive to treatment by a physical health care provider.	0 (N/A)	0 (N/A)

HHSA BHSS Branch Updates

► Youth Behavioral Health Medication Clinic had the two psychiatrists exit the agency and two new psychiatric providers started in September 2023. Stellan Kulabako, Psychiatric Nurse Practitioner, and Dr. Sujatha Ramakrishna, Child Psychiatrist. Both medical professionals have a passion for working with those individuals with complex psychiatric disorders and neurodevelopment conditions, such as autism.



HHSA BHSS Branch Updates



► Adult Behavioral Health, Clinical Division Chief, Genell Restivo, is working closely with County Counsel as the first client order to Assisted Outpatient Treatment program happened in September 2023.

Genell is developing relationships with the court as the county prepares to implement CARE Court in December 2024.

HHSA BHSS Branch Updates

10

Past Audits & Reviews 2023:

January

Women's Recovery and Resiliency Annual Monitoring Review

June

DHCS – Mental Health Plan Triennial Review

SABG (Substance Abuse Block Grant) Monitoring Review

DMC-ODS (Drug Medi-Cal Organized Delivery System) Monitoring Review

July

SABG Fiscal Audit for FY18-19

August

Mental Health Block Grant

HHSA BHSS Branch Updates

11

Future Reviews & Audits:



OCTOBER 2023

Mental Health Services Act County Program Review



NOVEMBER 2023

Network Adequacy Certification

ACMA (Formally known as Ongoing Compliance Monitoring)

External Quality Review (EQR) for Mental Health (MH)

There are several opportunities for community member participation in both the MH and SUD EQR visits. Please let Katie Cassidy know if you would like to participate.

HHSA BHSS Branch Updates

12



MHADAB webpage has moved. We are now located in the main Health & Human Services Agency webpage on the left side under Advisory Boards.

“Engaging individuals, families and communities to protect and improve health and wellbeing.”

Miguel Rodriguez, LCSW, Behavioral Health and Social Services Branch Director

Katie Cassidy, Behavioral Health and Social Services Deputy Branch Director

Laura Stapp, Behavioral Health and Social Services Deputy Branch Director

Health & Human Services Agency | Shasta County California



CRISIS RESIDENTIAL & RECOVERY CENTER

The CRRRC provides Shasta County residents support after a mental health crisis. This social rehabilitation center offers 15 beds and voluntary overnight stays. Residents work with staff to develop a plan to become mentally stable. Preventing future crises is the goal.

(530) 225-5972



CRISIS RESIDENTIAL & RECOVERY CENTER

The CRRRC provides Shasta County residents support after a mental health crisis. This social rehabilitation center offers 15 beds and voluntary overnight stays. Residents work with staff to develop a plan to become mentally stable. Preventing future crises is the goal.

(530) 225-5972



CRISIS RESIDENTIAL & RECOVERY CENTER

The CRRRC provides Shasta County residents support after a mental health crisis. This social rehabilitation center offers 15 beds and voluntary overnight stays. Residents work with staff to develop a plan to become mentally stable. Preventing future crises is the goal.

(530) 225-5972



Quality of life is the top priority.

CRISIS RESIDENTIAL & RECOVERY CENTER

TREATMENT & GOALS

CRRC staff encourage residents to take an active role in their treatments. Residents and program staff work together to develop short-term goals. Mental health staff teach self-care skills. They help residents develop strategies to confront symptoms that lead to crises.

SERVICES

- Daily groups
- Workshops
- Coping skills
- Medication management
- Community outings
- Interactive discussions
- Help to meet goals

HOW TO ACCESS

CRRC is a referral-based service. Referrals can come from a variety of providers, including healthcare, outpatient mental health, alcohol and drug programs, and others.

For questions or to self-refer, contact:

Shasta County Mental Health,
Alcohol & Drug Outpatient Services:

(530) 225-5200

CRRC:
(530) 225-5972

Scan QR code to
view services.



2640 Breslauer Way, Redding

Quality of life is the top priority.

CRISIS RESIDENTIAL & RECOVERY CENTER

TREATMENT & GOALS

CRRC staff encourage residents to take an active role in their treatments. Residents and program staff work together to develop short-term goals. Mental health staff teach self-care skills. They help residents develop strategies to confront symptoms that lead to crises.

SERVICES

- Daily groups
- Workshops
- Coping skills
- Medication management
- Community outings
- Interactive discussions
- Help to meet goals

HOW TO ACCESS

CRRC is a referral-based service. Referrals can come from a variety of providers, including healthcare, outpatient mental health, alcohol and drug programs, and others.

For questions or to self-refer, contact:

Shasta County Mental Health,
Alcohol & Drug Outpatient Services:

(530) 225-5200

CRRC:
(530) 225-5972

Scan QR code to
view services.



2640 Breslauer Way, Redding

Quality of life is the top priority.

CRISIS RESIDENTIAL & RECOVERY CENTER

TREATMENT & GOALS

CRRC staff encourage residents to take an active role in their treatments. Residents and program staff work together to develop short-term goals. Mental health staff teach self-care skills. They help residents develop strategies to confront symptoms that lead to crises.

SERVICES

- Daily groups
- Workshops
- Coping skills
- Medication management
- Community outings
- Interactive discussions
- Help to meet goals

HOW TO ACCESS

CRRC is a referral-based service. Referrals can come from a variety of providers, including healthcare, outpatient mental health, alcohol and drug programs, and others.

For questions or to self-refer, contact:

Shasta County Mental Health,
Alcohol & Drug Outpatient Services:

(530) 225-5200

CRRC:
(530) 225-5972

Scan QR code to
view services.



2640 Breslauer Way, Redding

VERSION THREE

Shasta County Mental Health, Alcohol and Drug Advisory Board - **2023** Calendar

	October 2023	November 2023	December 2023
Regular and Executive Meetings	<p><u>MHADAB Regular Meeting</u> October 4, 2023 5:30 BOGGS</p> <p>Executive Special Meeting October 16, 2023 11:00 2640 Breslauer Admin Conf Room</p>	<p><u>MHADAB Meeting</u> November 1, 2023 5:30 BOGGS</p> <p><i>NO EXECUTIVE MEETING</i></p>	<p><i>NO REGULAR MEETING</i></p> <p>Executive Meeting December 11, 2023 11:00 2640 Breslauer</p>

Shasta County Mental Health, Alcohol and Drug Advisory Board - **2024** Calendar

January 2024	February 2024	March 2024	April 2024	May 2024	June 2024
<p>MHADAB Regular Meeting January 10, 2024 5:30 BOGGS</p>	<p>Special Meeting February 14, 2024 5:30 Boggs</p> <p>Executive Meeting February 21, 2024 11:00 2640 Breslauer Admin Conf Room</p>	<p>MHADAB Regular Meeting March 13, 2024 5:30 BOGGS</p>	<p>Special Meeting April 10, 2024 5:30 BOGGS</p> <p>Executive Meeting April 17, 2024 11:00 2640 Breslauer Admin Conf Room</p>	<p>MHADAB Regular Meeting May 8, 2024 5:30 BOGGS</p>	<p>Special Meeting June 12, 2024 5:30 BOGGS</p> <p>Executive Meeting June 19, 2024 11:00 2640 Breslauer Admin Conf Room</p>

July 2024	August 2024	September 2024	October 2024	November 2024	December 2024
<p>MHADAB Regular Meeting July 10, 2024 5:30 BOGGS</p>	<p>Special Meeting August 14, 2024 5:30 BOGGS</p> <p>Executive Meeting August 21, 2024 11:00 2640 Breslauer Admin Conf Room</p>	<p>MHADAB Regular Meeting September 11, 2024 5:30 BOGGS</p>	<p>Special Meeting October 9, 2024 5:30 BOGGS</p> <p>Executive Meeting October 16, 2024 11:00 2640 Breslauer Admin Conf Room</p>	<p>MHADAB Regular Meeting November 13, 2024 5:30 BOGGS</p>	<p>No Meeting</p>

SHASTA COUNTY MENTAL HEALTH, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB)

DRAFT SPECIAL MEETING

Minutes

June 9, 2023

Members: Ron Henninger, Dale Marlar, David Kehoe, Sam Major, Cindy Greene, Jo-Ann Medina, Charles Menoher, Kalyn Jones, Angel Rocke, Anne Prielipp.

Absent Members: Heather Jones, Christine Stewart, Connie Webber, Mary Rickert, Alan Mullikin.

Shasta County Staff: Miguel Rodriguez, Katie Cassidy, Nicole Carroll, April Jurisich.

Guests: Gene Ward.

Agenda Item	Discussion	Action	Individual Responsible
I. Introductions	➤ All present parties were welcomed and introduced.		➤ Ron Henninger, MHADAB Chair
II. Public Comment Period	➤ No public comments were made.		
III. Discussion	<ul style="list-style-type: none"> ➤ Jo-Ann Medina inquired about the “numbers served” listed within some of the programs on the MHSA Plan. She requested that staff could explain the numbers for data in the next plan, where thousands are indicated. ➤ Ron Henninger asked how to increase the number of Consumer Perception Surveys in future survey plans and Miguel Rodriguez responded that there are state regulations that surround survey implementation, and Shasta County is developing a new survey that is more accessible to clients. ➤ Discussion on the inclusion of a percentage reduction goal for Shasta County completed suicide numbers. Program staff advised prevention impact cannot reliably be measured with completed suicide data alone and cautioned that reporting percentage reduction goals is not best practice in Suicide Prevention and may cause harm to programs. 	<ul style="list-style-type: none"> ➤ Text was added to the “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26” to include: “Public Health will work with the Mental Health, Alcohol and Drug Advisory Board to identify appropriate outcome measures to be published in the next Annual Update.” 	<ul style="list-style-type: none"> ➤ Jo-Ann Medina, Board Member ➤ Ron Henninger, MHADAB Chair ➤ David Kehoe, Board Member
IV. Regular Calendar	<ul style="list-style-type: none"> A. Open public hearing to receive comments on the “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26”; close public comment period; and close public hearing (as required by California Code of Regulations, Title 9, section 3315A). B. Consider approval of “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26”; and consider recommending that the Shasta County Board of 	<ul style="list-style-type: none"> ➤ Public hearing opened to receive comments on the “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26” No public comments were made, and the public hearing was closed. ➤ Motion passed with 8 Ayes, 2 Nays and 0 Abstentions to approve the recommendation that the Board of Supervisors adopt the “Mental Health 	<ul style="list-style-type: none"> ➤ Ron Henninger, MHADAB Chair ➤ Charlie Menoher (Motion) Dale Marlar (Second) David Kehoe (Nay) Ron Henninger (Nay)

	Supervisors approve the “Mental Health Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26.”	Services Act Three-Year Program and Expenditure Plan, which covers Fiscal Years 2022-23-2025-26.”	
XIV. Adjournment		Adjournment (7:28 p.m.)	

Rachel Renier

Rachel Renier, Secretary