

# PHAB

## Public Health Advisory Board Agenda - Regular Meeting

**John Coe, MD**  
Physician  
Mercy Family Health

**Toni Donovan**  
Director of Training  
Shasta Community Health  
Center

**Laura Dougan**  
Director of Clinical Operations  
Shasta Community Health  
Center

**Deanna Gallagher**  
Director  
Shasta Thrive / Manter House  
District 5 Representative

**Sharon Hanson**  
Nurse Practitioner  
Mountain Valleys Medical  
Center  
District 3 Representative

**Kay Kobe**  
Chiropractor / Business Owner  
Shasta Lake Chiropractic

**Kristen Lyons**  
Chief Executive Officer  
Shasta Family YMCA

**Mike Mangas**  
News Anchor  
KRCR TV

**Judith Menoher, Chair**  
Retired Educator  
Board Member  
Dignity Health Connected Living

**Ann Morningstar**  
Shasta Mosquito and Vector  
Control District  
District 4 Representative

**Elena Paul**  
Registered Nurse / Community  
Member  
District 2 Representative

**Kristie Stephens**  
Quality Consultant  
Department of Veteran's Affairs

**Richard Yoder, MD**  
Retired Physician  
Community Volunteer  
District 1 Representative

**Date:** January 12, 2022      **Time:** 12:00 – 2:00 pm  
**Location:** Community Conference Room  
2660 Breslauer Way, Redding, California

This meeting will be accessible to non PHAB members virtually via GoToMeeting.

### GoToMeeting

<https://global.gotomeeting.com/join/236393269>

You can also dial in using your phone.

United States: +1 (872) 240-3212

Access Code: 236-393-269

**This meeting will be audio recorded.**

### 1. Call to Order and Introductions:

### 2. Public Comment Period:

To Address the Board During Public Comment:

The Brown Act (Government Code Section 54950 et seq) requires that every agenda for regular meetings provide an opportunity for members of the public to directly address the Shasta County Public Health Advisory Board on any item on the agenda or any item not listed on the agenda that is within the subject matter jurisdiction of the Board, before or during the Board's consideration of the item. Persons wishing to address the Board should fill out a Speaker Request Form by 10:00 a.m. prior to the beginning of the meeting (forms are available from [phadmin@co.shasta.ca.us](mailto:phadmin@co.shasta.ca.us)). When the Chairperson announces the public comment period, any person wishing to address the Board will be recognized by the Chairperson and is requested to state their name and make their comments. Each speaker is allocated up to three (3) minutes to speak. Comments must be limited to matters within the jurisdiction of the Board. The Board will take no action and will hold no discussion on matters presented during public comment unless the matter is an action item on the Board agenda. The Board may briefly respond to statements or questions and, if deemed necessary, may refer the subject matter to the appropriate department or agency for follow-up and/or to schedule the matter on a subsequent Board agenda.

### 3. Member Sharing/Announcements:

### 4. Action:

- a. Approval of Minutes: November 10, 2021

### 5. Committee Reports:

- a. Executive Committee: Judith Menoher
- b. Nurse Family Partnership: Laura Dougan

### 6. Director's Report:

- a. Health & Human Services Agency: Donnell Ewert
- b. Public Health Branch: Robin Schurig

### 7. Presentation: Healthy Brain Initiative, Noor Nijjar, HHS-PA-Public Health

### 8. Adjourn

**Next Meeting: March 9, 2022 @ 12:00 noon**

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## **Public Health Advisory Board**

### **Minutes for November 10, 2021 Draft**

#### **Item 1: Call to Order:**

Chair Menoher, called the meeting to order at 12:02 pm. The following Public Health Advisory Board (PHAB) members were present during at least part of the meeting: Judith Menoher, Ann Morningstar, Toni Donovan, Laura Dougan, Kristen Lyons, Deanna Gallagher, Richard Yoder, Mike Mangas, and John Coe.

**Members not in attendance:** Sharon Hanson, Kay Kobe, Elena Paul, and Kristie Stephens.

**Others present:** Health and Human Services Agency (HHSA) Director Donnell Ewert, HHSA Public Health (PH) Branch Director Robin Schurig, Health Officer Karen Ramstrom, PH Deputy Branch Director Charlene Ramont, PH Program Manager Linda Singler, Public Health Program and Policy Analyst Ayah Ali, and Senior Staff Services Analyst Sara Westmoreland.

**Guests:** PH Program Manager Stephanie Taylor, PH Program Manager April Jurisich, PH Program Manager Amy Pendergast, PH Program Manager Beth Woodworth, Supervising Public Health Nurse Caryl Greenwood, and Office Assistant II Justine Keith.

#### **Item 2: Public Comment:**

None.

#### **Item 3: Member Sharing/Announcements**

- a. Member Gallagher read a letter she wrote for PHAB members. She expressed concern for the health of the local community regarding COVID vaccines. She shared that she has spent dozens of hours listening to the testimony of doctors and scientists who shared their medical opinions and experiences on natural immunity, the life-threatening risks of people who have had COVID and then take the vaccine, the grave concern about vaccinating children under age 12, the misrepresentation of data, the success of early treatment, and the lack of honesty in our national government. She shared concern that these viewpoints are being censored. She recommended the creation of a task force among PHAB members who would look at the latest information that is emerging on this topic and share it with the community in a balanced and non-biased manner.

Chair Menoher advised that in order for the PHAB to act on Member Gallagher's recommendation, this topic must be added to a future agenda and be voted on by members. Member Yoder asked that a copy of the letter that Member Gallagher read be shared with PHAB members. PH staff will email a copy of the letter to the PHAB after the meeting.

- b. Member Lyons shared that the YMCA recently had their first diabetes prevention cohort since COVID began. Turnout was successful. The YMCA will be hosting another cohort in January and are looking for referrals. Member Lyons offered information and asked members who are interested in making referrals to let her know and she will put them in touch with that program.

#### **Item 4: Action - Approval of Minutes**

September 8, 2021

**Motion:** Member Gallagher, seconded by Member Yoder, made a motion to approve the minutes of the September 8, 2021 Meeting. The motion carried by a unanimous vote of the members present.

## **Item 5: Committee Reports**

### a. Executive Committee:

Chair Menoher reported that the PHAB Executive Committee met on October 13, 2021 and discussed the agenda for this meeting. Topics for future meetings in 2022 were also discussed including: a presentation and tour of the new PH mobile clinic, Healthy Brain Initiative, trauma trainings and self-care, and Health Officer updates. The committee also discussed membership.

### b. NFP CAB:

Member Dougan gave a report on the Nurse Family Partnership Community Advisory Board (NFP CAB). She recently volunteered to serve as a PHAB representative on that board. Member Dougan attended her first meeting in November. The NFP CAB had not met for about a year and a half due to COVID. The meeting consisted of welcoming new members, reviewing the charter, and receiving a presentation from the Home Visiting Program, which pairs new parents with a nurse who completes site visits. The NFP CAB will meet again on February 4, 2022.

## **Item 6: Director's Report**

### a. Health & Human Services:

- See written report

### b. Public Health Branch:

- See written report

## **Item 7: Health Officer Update: Karen Ramstrom**

Dr. Ramstrom gave an update on COVID vaccines and boosters. She explained the research behind new guidance regarding the ability to “mix and match” boosters that are different from the original vaccine received. The current recommendations on who should receive a booster are individuals 65 and over, adults with underlying health conditions, and individuals who work in a setting that increases their risk of exposure.

Dr. Ramstrom shared that the FDA and CDC has recently approved vaccines for 5 – 11 year old children. She stated that the data was very reassuring in terms of effectiveness, immune response, and safety. It was determined younger children could receive a lower dose of the vaccine and achieve the same immune response.

## **Item 8: Presentation: Local Oral Health Program – Ayah Ali, HHS-Public Health**

Public Health Program and Policy Analyst Ayah Ali gave an overview of the Shasta Local Oral Health Program (LOHP). She explained that the LOHP is funded by an allocation from the California Department of Public Health. Oral health is linked to conditions such as cardiovascular disease, pneumonia, and pregnancy/birth complications. People who have the least access to preventive services have greater rates of oral disease. The goal of the Shasta LOHP is to provide education about oral health and disease prevention through school based oral health programs, community partnerships, and outreach. Please refer to presentation.

## **Item 9: Adjourned: 1:12**

**Health & Human Services Agency & Public Health Branch**  
**Director's Report - Public Health Advisory Board**  
**January 12, 2022**

**CURRENT ISSUES:**

**Health & Human Services Agency (HHS) Update**

- Roxanne Burke was appointed to be the new Branch Director for Economic Mobility, which oversees several public health programs, including WIC and Nurse-Family Partnership. Roxanne has more than 20 years experience in the HHS during two tours of duty that were interrupted by a stint at Mercy Medical Center. Roxanne was previously the Deputy Branch Director for the Economic Mobility Branch for five years, and also served in leadership during the first year of the county's COVID response.
- HHS is working with Christian Church Homes on an application for round four of No Place Like Home (NPLH) funding to help with financing a 60 unit senior housing project on Piper Street near the intersection of Placer and Buenaventura in West Redding. If the NPLH funding is awarded, 6-10 of the units will be set aside for seniors with serious mental illness who are homeless or at risk of homelessness. NPLH funding has been awarded in the past two years to ADK Properties and the McConnell Foundation to develop the Center of Home apartments in Enterprise.

**Public Health Branch Update**

- COVID boosters have been authorized for 16- and 17-year-olds and authorization is in process for 12-15-year-olds. Our clinic and our mobile vaccine team continue to administer vaccinations including boosters. As of mid-December, 50.5% of the eligible Shasta County population were fully vaccinated, and of those 32.4% had received a booster. Among seniors 65 and older, 73.5% were fully vaccinated, and of those 37.6% had received a booster.
- The state issued an order in December requiring masks in public indoor places, regardless of vaccination status, from December 15<sup>th</sup> through at least January 15<sup>th</sup> and we are expecting an announcement that this requirement will continue beyond January 15<sup>th</sup> given the increase in cases statewide.
- The Omicron variant has been detected in Shasta County and we have seen an increase in cases and hospitalizations in the month of December and into January. We're anticipating continued increases as Omicron continues to spread since it is highly contagious.

**Community Engagement and Quality Improvement Division:**

- The COVID-19 Mobile Vaccine Team has been providing in-home vaccinations to community members who are homebound or cannot otherwise get to a vaccination provider. This includes many congregate settings and skilled nursing facilities. In December 2021, they administered over 300 COVID-19 vaccines (boosters, 1<sup>st</sup> and 2<sup>nd</sup> doses combined)
- Community Organizers have been providing technical assistance to community-based organizations who are coordinating COVID-19 mitigation strategies such as education, vaccinations, and testing.

**Community Health Protection Division:**

- In late December the COVID-19 testing and business engagement teams collaborated to distribute 6,200 over-the-counter tests to community-based organizations, to distribute to members of the community at no cost. These kits were part of an allocation from the California Department of Public Health to support individuals in self-testing if symptomatic or to return to work or school safely after attending holiday gatherings.
- We are now offering testing and treatment of chlamydia and gonorrhea along with our other STD testing in the Public Health clinic.
- We are partnering with the Oral Health program and handing out oral health kits to our Syringe Services Program clients.

**Healthy & Safe Families Division:**

- The Alcohol and Drug prevention team is beginning an awareness campaign on fentanyl targeted at youth, young adults and their parents or guardians. Multiple messages on the danger fentanyl and counterfeit pills pose will be promoted through social media over the next few months.
- The Healthy Families Shasta program is up and running at NVCSS. This is a Home Visiting program funded through MCAH, designed to help expectant and new parents get their children off to a healthy start. It is free for families who are pregnant or who have a child under the age of 3 months at the time they join (ideal for those who are not eligible for Nurse-Family Partnership®). On a related note, MCAH is working with the Home Visiting Collaborative to increase awareness about the value of home visiting programs and to increase enrollment / better link families to the variety of home visiting programs that best meets their needs.

**Healthy Communities Division:**

- Healthy Shasta wrapped up the Walktober Challenge with 850 participants on 133 teams. With a total of 181,192,002 steps or 71,405 miles, Walktober participants took enough steps to walk the length of the Pacific Coast of California through Washington over 55 times!
- Healthy Shasta is kicking off the Walks Passport for 2022. Pick up a copy at most local libraries or print a copy from [healthyshastawalks.org](http://healthyshastawalks.org) to complete the Walks Passport challenge. Spend January and February completing the passport and exploring more places to Walk in Shasta County.
- Suicide Prevention program has given four QPR trainings (Question, Persuade, Refer gatekeeper training) in 2021. There are more planned for 2022. Let us know if you know of an organization interested in this training.
- The Tobacco Education Program is wrapping up their most recent funding cycle and starting a new cycle. One of the most recent accomplishments was youth-created advertising. The ads were hung in the Mt. Shasta Mall during November and December. They were also placed on Bus Shelters around Redding. It was a great experience for youth to get graphic design experience and to create youth-focused ads.
- On November 30<sup>th</sup>, Turn it Around Shasta hosted the 3<sup>rd</sup> annual Let's Talk Prediabetes online event. Local healthcare practitioners shared their expertise on prediabetes from a medical perspective, the importance of nutrition and a healthy lifestyle along with a discussion on prediabetes and behavior. Participants had an opportunity to participate in a live Q & A with the practitioners. We also hosted a healthy food demonstration by Chef Pam from Bella Cucina.

**BOARD OF SUPERVISOR STAFF REPORTS (November & December):**

- HHS-A-PH Agreement with City of Redding
- Continuation of local health emergency proclamation due to Fawn Fire
- Reappoint Existing Members to the Public Health Advisory Board