

# Need help with food? Medical coverage? Community resources?

Community Health Advocates (CHAs) can help!

- Apply for CalFresh (formerly Food Stamps)
- Application Assistance: Medi-Cal, County Medical Services Program (CMSP)
- Referrals to community resources for help with health care, food, utility assistance, housing and more!

## Five locations to serve you!

### **Downtown Redding Center**

1220 Sacramento St., Redding  
(530) 229-8441  
M-F, 8 a.m. – 5 p.m.

### **Anderson Regional Office**

2889 East Center St., Anderson  
(530) 378-1146 or (530) 229-8200  
M-F, 8 a.m. – 5 p.m.

### **Enterprise Regional Office**

2757 Churn Creek Road, Redding  
(530) 224-4894  
M-F, 8 a.m. – 5 p.m.

### **Shasta Lake Regional Office**

4216 Shasta Dam Blvd., Shasta Lake  
(530) 275-7500  
M-F, 8 a.m. – 5 p.m.

### **Burney Regional Office**

36911 Main St. (Hwy. 299 E.), Burney  
(530) 335-5576  
M-F, 8 a.m. – 5 p.m.

**Make an appointment for faster service!**

Request assistance by phone or email: (530) 225-5285 or [cha@co.shasta.ca.us](mailto:cha@co.shasta.ca.us)  
Para asistencia en Español, llame al 224-4879 o 335-6701.

For general information on CalFresh or Medi-Cal,  
call 1-877-652-0731 or visit [shastacounty.gov/hhsa](http://shastacounty.gov/hhsa)