Vaccinations for Adults

You're never too old to get vaccinated!

Getting vaccinated is a lifelong, life-protecting job. Don't leave your healthcare provider's office without making sure you've had all the vaccinations you need.

| Vaccine | Do you need it? |
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| COVID-19 | Yes! All adults need to be up to date on COVID-19 vaccination. Talk to your healthcare provider. |
| Hepatitis A (HepA) | Maybe. You need this vaccine if you have a specific risk factor for hepatitis A* or simply want to be protected from this disease. The vaccine is usually given in 2 doses, 6–18 months apart. |
| Hepatitis B (HepB) | Yes! All adults younger than 60 are recommended to complete a 2- or 3-dose series of hepatitis B vaccine, depending on the brand. You also need this vaccine if you are 60 or older and have a specific risk factor,* or you simply want to be protected from infection. All adults should be screened for hepatitis B infection with a blood test at least one time; talk with your healthcare provider. |
| Hib (Haemophilus influenzae type b) | Maybe. Some adults with certain high-risk conditions,* for example, lack of a functioning spleen, need vaccination with Hib. Talk to your healthcare provider to find out if you need this vaccine. |
| Human papillomavirus (HPV) | Yes! You should get this vaccine if you are 26 years or younger. Adults age 27 through 45 may also be vaccinated against HPV after a discussion with their healthcare provider. The vaccine is usually given in 2 or 3 doses (depending on the age at which the first dose was given) over a 6-month period. |
| Influenza (Flu) | Yes! You need to be vaccinated against influenza every fall or winter for your protection and for the protection of others around you. |
| Measles, mumps, rubella (MMR) | Maybe. You need at least 1 dose of MMR vaccine if you were born in 1957 or later. You may also need a second dose.* People with weakened immune systems should not get MMR vaccine.* |
| Meningococcal ACWY (MenACWY) | Maybe. You may need MenACWY vaccine if you have one of several health conditions,* for example, if you do not have a functioning spleen, and also boosters if your risk is ongoing. You need MenACWY if you are a first-year college student living in a residence hall and (1) you have not had a dose since turning 16, or (2) it has been more than 5 years since your last dose. Anyone age 19 through 21 can have a catch-up dose if they have not had one since turning 16. |
| Meningococcal B (MenB) | Maybe. You may need MenB if you have one of several health conditions,* for example, if you do not have a functioning spleen, and also boosters if your risk is ongoing. If you are age 16 through 23, you can discuss getting MenB vaccine with your healthcare provider, even if you don't have a high-risk condition. |
| Pneumococcal (PPSV23; PCV15, PCV20) | Yes! Adults younger than 65 with certain underlying medical conditions (e.g., chronic heart disease) or other risk factors need pneumococcal vaccine. All adults age 65 and older also need to be vaccinated if they haven't previously received a pneumococcal conjugate vaccine (PCV). Your healthcare provider can determine what vaccine, if any, you may need. |
| Tetanus, diphtheria, whooping cough (pertussis) (Tdap, Td) | Yes! If you have not received a dose of Tdap during your lifetime, you need to get a Tdap shot now. After that, you need a Tdap or Td booster dose every 10 years. Consult your healthcare provider if you haven't had at least 3 tetanus- and diphtheria-toxoid containing shots sometime in your life or if you have a deep or dirty wound. |
| Varicella (Chickenpox) | Maybe. If you have never had chickenpox, never were vaccinated, or were vaccinated but only received 1 dose, talk to your healthcare provider to find out if you need this vaccine. |
| Zoster (Shingles) | Yes! If you are 19 or older and have a weakened immune system or are 50 or older, you should get a 2-dose series of the Shingrix brand of shingles vaccine. |

^{*} Consult your healthcare provider to determine your level of risk for infection and your need for this vaccine.

Are you planning to travel outside the United States? Visit the Centers for Disease Control and Prevention's (CDC) website at wwwnc.cdc.gov/travel/destinations/list for travel information, or consult a travel clinic.



