



SHASTA COUNTY HEALTH AND HUMAN SERVICES AGENCY
 2640 Breslauer Way
 Redding, CA 96001
www.shastahsa.net

Shasta County Health & Human Services Agency
 Attn: Compliance & Quality Improvement
 P.O. Box 496005
 Redding, CA 96049-6005

WHO CAN MAKE AN ADVANCE HEALTHCARE DIRECTIVE?

Any adult who is able to make healthcare decisions and is acting of his/her own free will may make one. You can choose an agent or you can just use the document that has your instructions on it. You will be treated fairly either way.

*FOR HELP
 Please call Shasta County Mental Health Patients' Rights Advocate at (530) 225-5506.*

COMPLAINTS

Please call the Department of Health Care Services, Licensing and Certification Division at 1-800-236-9747 to make a complaint.

More information:

PREPARE™ for your care:
<https://prepareforyourcare.org/welcome>

California Hospital Association: calhospital.org/wp-content/uploads/2018/03/form_3-1_2.pdf

Our ADA coordinator may be reached at:
 530-225-5515 (phone)
 530-225-5345 (fax)

For questions, contact Managed Care at:
 530-245-6750
 1-888-385-5201
 TTY: 711



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Revised 10/2023

Advance Healthcare Directive

**Don't wait!
 Make your healthcare decisions known today.**

For help, call:
(530) 225-5506

WHAT IS AN ADVANCE HEALTHCARE DIRECTIVE?

The law gives you the right to make decisions about your medical care.

You can use an advanced health care directive to let everyone know your choices about your medical care and to select a person to carry out your choices.

ADVANCE HEALTHCARE DIRECTIVES HAVE THREE PARTS:

- Part One: ***Choosing an Agent***
- Part Two: ***Your Medical Instructions AND Your Signature***
- Part Three: ***Signature on both part one and part two.***

A person may choose to complete either Part One, Part Two or both.

PICKING AN AGENT

An agent is someone you pick to follow your medical choices. This person will make your decisions for you if you become unable. It is important to choose an agent that you trust. You do not have to pick an agent, because your doctor still has to follow your wishes in your Medical Instructions.

INDIVIDUAL HEALTHCARE INSTRUCTIONS

This tells your doctor, family or agent what you have chosen to do with your care. This could also be saying “yes” or “no” to a service.

YOUR SIGNATURE

You must sign the form, put the date on it, and have two other people, or a notary, watch you sign it.

WHY SHOULD I DO THIS?

- So you can make your own choices before you are unable.
- To create better communication between you and your doctor.
- To talk about current and future treatment plans.
- It can help avoid fighting with your family and doctors because the decisions have already been made.
- It helps you talk to your family and friends about your wishes if something were to happen to you.
- It may prevent forced treatments and reduce the need for long hospital stays.

WHEN DOES AN ADVANCED HEALTHCARE DIRECTIVE GO INTO EFFECT?

This is used when your doctor decides you cannot make your own choices anymore. Your doctor must write this decision in your medical chart and tell your family or agent. The document is used until the doctor decides you can make your own decisions again.

WHEN DOES THE AGENT’S POWER GO INTO EFFECT?

Your agent starts to make your decisions when you can no longer make your own decisions. You also have the option of letting your agent start making your decisions right away.