P R E S S   R E L E A S E

FOR IMMEDIATE RELEASE

Date: February 28, 2022
Contact: Kimberly Ross, Community Education Specialist, (530) 229-8478

ASK THE EXPERTS:
LOCAL DOCTORS ANSWER COMMUNITY QUESTIONS ABOUT COVID-19

SHASTA COUNTY – Shasta County Health and Human Services Agency (HHSA) released the first of a two-part series called *Ask the Experts*, a video featuring nine local doctors answering community members' questions about COVID-19. The video has been posted on the agency's social media platforms (ShastaReady.org, YouTube – Shasta HHSA, Instagram @shasta_hhsa, and Facebook and Twitter @ShastaHHSA). It will also be featured on KIXE-TV in March 2022 (date pending).

During the course of this ever-changing pandemic, the agency has provided information to help residents make educated decisions for themselves and their families. The 30-minute video is another way to connect community members with medical professionals and answer questions about COVID-19.

In Part 1 of *Ask the Experts*, Shasta County doctors discuss many topics, including natural immunity versus immunity from the vaccine. They address vaccine side effects and explain how the vaccine does not alter DNA. The doctors explain who's most at risk from the virus, and answer questions about vaccine ingredients, safety, and how mRNA vaccines work. Lastly, they discuss the experience of catching the virus versus getting the vaccine.

"Our local doctors have first-hand experience in responding to COVID-19, from taking care of sick patients to counseling on prevention recommendations. We're grateful for their help and expertise in providing answers during a time of many questions," Shasta County Health Officer Karen Ramstrom said.

The questions posed were submitted by Shasta County residents and collected by the Shasta County Health and Human Services Agency.

Part 2 of *Ask the Experts* will cover COVID-19 treatments, pregnancy and children.

For more information, please visit ShastaReady.org.

# # #