



## IN-HOME SUPPORTIVE SERVICES (IHSS)

### WHAT IS IHSS?

In-Home Supportive Services (IHSS) is a state program that provides recipients an alternative to out-of-home care, such as nursing homes or board and care facilities. Instead, the program pays caregiver providers to assist with essential activities in the recipient's own home.



### IHSS APPLICANTS MUST BE:

- Unable to remain safely in their home without help with daily activities, such as bathing, dressing, cooking, etc.
- A California resident and reside in his/her own home
- Age 60 and over, blind or disabled
- Receiving Medi-Cal benefits.  
If you do not receive Medi-Cal, apply online at [BenefitsCal.com](https://www.benefitscal.com) or call (877) 652-0731.

### FINDING A CAREGIVER

If you, or someone you know, is interested in services, contact Shasta County IHSS. Once your eligibility is confirmed, you can hire one or more people to provide your care. A friend or relative may be your provider or you may hire from the Public Authority Provider Registry.

### BECOMING A CAREGIVER

The need for quality care providers in Shasta County is great. We welcome new caregivers. All caregivers must complete the enrollment process and pass a background check, per state law. For more information on how to become a caregiver or be placed on the provider registry, call the Public Authority.

Scan QR code  
for more information.



IHSS: **(530) 225-5507** | Public Authority:  
**(530) 229-8330**

2640 Breslauer Way, Redding, CA 96001

[shastacounty.gov/hhsa](https://shastacounty.gov/hhsa)