# WHO WE SERVE

Shasta County residents who meet eligibility criteria can participate in ongoing mental health services. Generally, these are either adults with a serious mental health illness that causes significant impairment in an important area of their lives (housing, employment, relationships, etc.). In addition to ongoing services, the county provides services to anyone experiencing a mental health crisis.

#### HOW TO GET SERVICES

You may request mental health, alcohol and drug services by calling the Access Team (see Contact Information). Our mental health clinicians provide screening, referrals and assessments. We will always treat you with respect, sensitivity and confidentiality. Information is available 24 hours a day, 7 days a week. Bilingual staff and/or interpreter services (including American Sign Language) are available free. If you are experiencing a mental health crisis, please call Access at 225-5252 (or toll free, (888) 385-5201).

### **IS THIS CONFIDENTIAL?**

Yes. We do not release information to anyone without client permission, or as allowed or required by law.

#### **AVAILABLE SERVICES**

**Children's Services (Ages 0-20)** include urgent mental health care, hospital discharge planning and followup, and screening and assessment. Youth have access to services on site or through contract providers, including services in the home and community

#### Adult Services (Ages 21+) help adults who have severe, persistent mental health issues. Our treatment planning team includes psychiatrists, nurses, nurse practitioners, clinicians, case managers and peer support.

#### **Crisis Residential and Recovery**

**Center** is a voluntary residential facility that provides people with local support during a mental health crisis. Clients here can stabilize and develop a plan for their future.

Alcohol and Drug Services are available to adults struggling with addiction. A list of community providers is available at www.shastahhsa.net.

### **HOW IT WORKS**

People can call or come into our office during our regular hours, or call the Access Team at any time. We are focused on recovery. We are culturally proficient.

When you contact us, our Access Team will work with you to determine what services you need. Together, we will discuss the options available to meet your needs.

### OUR TREATMENT PHILOSOPHY

Everyone who comes through our door will be welcomed and offered support. We will support you in determining what services you need in order to get well.

## **OUR MISSION**

Engaging individuals, families and communities to protect and improve health and wellbeing.

### **OUR VALUES**

Collaboration · Adaptability · Respect · Excellence

### CONTACT THE ACCESS TEAM

Phone (530) 225-5252 Toll Free (888) 385-5201 TTY 711 Fax (530) 225-3870

If you are having a psychiatric emergency or need urgent care, call 911. If someone you know is having an emergency, call 911 and request a health and wellness check.



If you have a psychiatric emergency or need urgent care, call 911.



Funding is provided through the Mental Health Services Act and state and federal dollars.

www.shastahhsa.net Revised 2/2019





SHASTA COUNTY HEALTH AND HUMAN SERVICES AGENCY Mental Health, Alcohol and Drug Services

www.shastahhsa.net

## CONTACT INFORMATION

**Crisis Services** Phone (530) 225-5252 Toll Free (888) 385-5201

**General Information** Phone (530) 225-5200

HIPAA Privacy Officer Phone (530) 225-5995 Patients' Rights Advocate Phone (530) 225-5506

**Problem Resolution** Phone (530) 245-6750 or Toll Free (888) 385-5201

**TTY** Toll Free 711

PHYSICAL LOCATION Adult Services 2640 Breslauer Way Redding, CA 96001

Children's Services 1560 Market Street Redding, CA 96001

**Clinic hours:** 8 am to 3 pm Monday through Friday to initiate services

8 am to 5 pm Monday through Friday for crisis services

**OUR WEBSITE** www.shastahhsa.net