

# Mental Health, Alcohol and Drug Advisory Board (MHADAB)

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## MHADAB Regular Meeting

*This meeting will be video recorded.*

Wednesday, May 3, 2023, 5:30 pm  
Boggs Building  
2420 Breslauer Way, Redding, CA 96001

Public participation via GoToMeeting is available.  
<https://global.gotomeeting.com/join/529205213>  
United States: +1 (312) 757-3121  
Access Code: 529-205-213

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### *Board Members*

#### Chair

Ron Henninger

#### Vice-Chair

Kalyn Jones

#### Members

Cindy Greene

Heather Jones

David Kehoe

Samuel Major

Dale Marlar

Jo-Ann Medina

Charlie Menoher

Alan Mullikin

Anne Prielipp

Mary Rickert

Angel Rocke

Christine Stewart

Connie Webber

### **I. Call to Order & Welcome**

### **II. Public Comment**

Members of the public will have the opportunity to address the Board on any issue within the jurisdiction of the Board. **Speakers will be limited to three minutes.**

### **III. Announcements and Staff Updates**

- A. Staff will address Public Comment follow up from the previous meeting.
- B. MHSA Stakeholder Meeting Update.

### **IV. Consent Calendar**

The following Consent Calendar items are expected to be routine and non-controversial. They may be acted upon by the Board at one time without discussion. Any Board member or staff member may request that an item be removed from the Consent Calendar for discussion and consideration. Members of the public may comment on any item on the Consent Calendar before the Board's consideration of the Consent Calendar. Each speaker is allocated three minutes to speak.

#### **A. Approval of Meeting Minutes**

Board members will review and approve minutes from the April 5, 2023, Regular Meeting.

### **V. Presentations**

- A. Christopher Diamond, Community Education Specialist, will present an Overview of Stand Against Stigma and Mental Health Month 2023.

### **VI. Regular Calendar**

### **VII. Discussion Items**

- A. Data Reporting Guidance Subcommittee.
- B. Board members may ask questions about the Director’s Report.
- C. Board members may make suggestions for future agenda item consideration.

**VIII. Board Member Reports**

Board members will report committee meeting updates.

**IX. Adjourn**

	<b>Committees</b>		
<p><b>Regular MHADAB Meeting</b></p> <p>June 7, 2023 5:30 pm Northern Valley Catholic Social Services 2400 Washington Ave, Redding, CA 96001</p>	<p>Shasta Substance Use Coalition Virtual via Zoom May 9, 2023 10:30 <a href="mailto:jill@shastatraining.org">jill@shastatraining.org</a></p> <p>ADP Provider Meeting May 24, 2023 10:00 2420 Breslauer Way Redding, CA 96001 <a href="mailto:kcassidy@co.shasta.ca.us">kcassidy@co.shasta.ca.us</a></p>	<p>Stand Against Stigma 2420 Breslauer Way Redding, CA 96001 June 14, 2023 1:30 <a href="mailto:cdiamond@co.shasta.ca.us">cdiamond@co.shasta.ca.us</a></p> <p>Shasta Suicide Prevention Collaborative Redding VA Outpatient Clinic 3455 Knighton Road Redding, CA 96002 May 19, 2023 2:30 <a href="mailto:stinger@co.shasta.ca.us">stinger@co.shasta.ca.us</a></p>	<p>Continuum of Care (CoC), Contact for meeting location. May 9, 2023 3:00 <a href="mailto:HCAP@co.shasta.ca.us">HCAP@co.shasta.ca.us</a></p> <p>MHSA Stakeholder Workgroup TBD <a href="mailto:ncarroll@co.shasta.ca.us">ncarroll@co.shasta.ca.us</a></p>
<p><b>Executive Committee Meeting</b></p> <p>May 8, 2023 11:00 am HHS Adult Services Branch, Admin Conference Room 1 2640 Breslauer Way, Redding, CA 96001</p>			

The County of Shasta does not discriminate on the basis of disability in admission to, access to, or operation of its buildings, facilities, programs, services, or activities. The Shasta County Mental Health, Alcohol and Drug Advisory Board will make available to any member of the public who has a disability a needed modification or accommodation including an auxiliary aid or service, in order for that person to participate in the public meeting. A person needing assistance should contact Rachel Renier by telephone at (530) 229-8306, or in person 2640 Breslauer Way, Redding, or by mail at P. O. Box 496048, Redding CA 96049-6048, or by e-mail at [renier@co.shasta.ca.us](mailto:renier@co.shasta.ca.us) at least two (2) working days in advance. Accommodations may include, but are not limited to, interpreters, assistive listening devices, accessible seating, or documentation in an alternate format. If requested, this document and other agenda materials may be made available in an alternative format for persons with a disability who are covered by the Americans with Disabilities Act. Questions, complaints or requests for additional information regarding the Americans with Disabilities Act (ADA) may be forwarded to the County’s ADA Coordinator: Shelley Forbes, Director of Support Services, County of Shasta, 1450 Court Street, Room 348, Redding, CA 96001-2676 Phone: (530) 225-5515 Fax: (530) 225-5345 California Relay Service: 711 or 1-(800)-735-2922, E-mail: [adacoordinator@co.shasta.ca.us](mailto:adacoordinator@co.shasta.ca.us).

Public records which relate to any of the matters on this agenda (except Closed Session items), and which have been distributed to the members of the Advisory Board, are available for public inspection at Shasta County Health and Human Services Agency, 2640 Breslauer Way, Redding, CA 96001. This meeting will be recorded. If there are any questions regarding this agenda, please contact Rachel Renier at 530-229-8306, or via e-mail at [renier@co.shasta.ca.us](mailto:renier@co.shasta.ca.us).



	<ul style="list-style-type: none"> <li>▪ MHSA Stakeholder Meeting Change: Stakeholders requested more notice for the meeting. It will now take place as a virtual meeting on April 24, at 10:00 a.m. and at 5:30 pm. Sunrise Mountain Wellness has offered to host a virtual platform for any individuals without computer access.</li> </ul>		➤ Katie Cassidy, Deputy Branch Director
IV. Consent Calendar	A. <u>Approval of Meeting Minutes</u> Board members reviewed minutes from the March 1, 2023, meeting.	➤ The Consent Calendar was passed unanimously with twelve (8) ayes, and zero (0) nays, and zero (0) abstentions.	➤ Motion: Jo-Ann Medina Second: Heather Jones
V. Presentations	➤ Rene Bairos presented ACCESS to Flourish.		➤ Rene Bairos, ACCESS Clinical Care Coordinator
VI. Regular Calendar			
VII. Discussion Items	A. Miguel Rodriguez, Director of Mental Health, went over some topics in relation to the Director's Report. B. Board members were invited to participate in meeting planning by attending Executive Committee meetings.		➤ Director of Mental Health Miguel Rodriguez ➤ MHADAB Chair Ron Henninger
VII. Adjournment		➤ Adjournment (7:14 p.m.)	

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Ron Henninger, Chair

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Rachel Renier, Administrative Secretary II

# Mental Health Month

May 2023



Stand Against Stigma  
*Changing minds about mental illness*



# Minds Matter Mental Health Resource Fair

Saturday, May 20, 2023 | 10 a.m. – 2 p.m. | Boggs Conference Center, 2420 Breslauer Way, Redding

- Modeled after SAMHSA's Dimensions of Wellness 8
  - Emotional, social, physical, intellectual, occupational, financial environmental, spiritual
- Mini-workshops to help people learn wellness tools
- Stories from Brave Faces Advocates
- Arts, crafts and rock painting nook
- Resource booths





**SHASTA  
SUICIDE PREVENTION  
COLLABORATIVE  
TUESDAY, MAY 9TH  
2:30 PM - 4 PM**

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**MEETING WILL BE HELD IN-PERSON AT THE  
PSA 2 AAA OFFICE LOCATED ON  
1647 HARTNELL AVE., STE. 9 REDDING, CA 96002**

 Wellnes

 ecovery

 action

 lan

## WRAP Level I Seminar

Starts Wednesday, May 10, 2023

8 weeks

Wednesdays 1 – 4 p.m.

Sunrise Mountain Wellness Center

1300 Hilltop Dr., Suite 200

(Behind Bank of America)





## Men's Advisory Group

Share your voice and advocate  
for men's mental wellness.

Thursday, May 18

Contact Sydney Stinger  
[sstinger@co.shasta.ca.us](mailto:sstinger@co.shasta.ca.us)  
(530) 229-8426

# HOPE IS ALIVE! OPEN MIC

*Has creating music, rhymes or poetry given you light in dark times, or shed light on a hidden struggle? Come celebrate how art heals!*

FRIDAY, MAY 19, 2023

5:30 P.M. PERFORMER SIGN-IN

6-9 P.M. OPEN MIC

SUNRISE MOUNTAIN WELLNESS CENTER

1300 HILLTOP DR., SUITE 200

(BEHIND BANK OF AMERICA)

*Hope Is Alive! is a FREE event to fight stigma related to mental health challenges.  
Visit [standagainststigma.com](http://standagainststigma.com) to learn more.*





# **Stand Against Stigma**

Updates



Social Worker  
**Mother**  
Homesteader  
Wife

“

Hope is accepting dreams other people may feel are grandeur and extreme. Those dreams are possible if we set ourselves up for success, and the way we set ourselves up for success is learning how to achieve those goals on a daily basis. It helps to appreciate the journey along the way. Sometimes, it even makes it easier to accept the bad days.

- Denise Green, Brave Face



## Brave Faces

“Boost” Brave Faces galleries to help push stories out into the community, increase our social media following and drive traffic to the website.

Reach out to old contacts and start scheduling presentations.

Rotate physical gallery and scout out new locations.

Produce new galleries.

Minds Matter Podcast  
10 years of Living Brave episodes

# Stand Against Stigma Committee

- Meetings
    - Currently meeting in-person
    - Revamping meeting facilitation to help people feel included and increase involvement from peers
  - Special Projects
    - Training for medical professionals
    - Community education on the science of addiction
-



# Questions?

Christopher Diamond

[cdiamond@co.shasta.ca.us](mailto:cdiamond@co.shasta.ca.us)

(530) 229-8484

[www.standagainststigma.com](http://www.standagainststigma.com)

Mental Health, Alcohol and Drug Advisory Board (MHADAB)

# DIRECTOR'S REPORT

May 3, 2023



Shasta County  
**Health & Human  
Services Agency**

[Mental Health, Alcohol & Drug Advisory Board | Shasta County California](#)

# Board of Supervisors Updates (April)

- **April 18, 2023 BOS Meeting**  
Watch [Recording](#)
- **April 11, 2023 BOS Meeting**  
Watch [Recording](#)
- **April 6, 2023 BOS Special Meeting**  
Watch [Recording](#)



# MH & SUD Services Update

## Crisis Services (ER) Activity Report March 2023

**ER/ED Activity:** There were **156** crisis evaluations performed at the Emergency Departments. Shasta Regional Medical Center had 95 evaluations, while Mercy Medical Center had 61 in March 2023.

Shasta Regional Medical Center	61%
Mercy Medical Center	39%
Mayers Memorial hospital	0%

### Diagnosis:

Psychotic Disorders (not Schizophrenia)	21%
Bipolar Disorders	17%
Depressive Disorders	16%

### Toxicology:

THC	69%
Positive Screens	48%
Amphetamines/Meth	40%

### 5150s Upheld:

Of clients 5150'd, 42% were ultimately upheld and hospitalized.

Of clients initially designated 1799.111 then 5150, 46% were upheld and ultimately hospitalized.

Of 5150s to be released, 78% were reported as "Does not Meet Criteria."

# MH & SUD Services Update

## **Notice of Adverse Benefit Determinations (NOABDs)**

Quarterly reports detail Notice of Adverse Benefit Determinations (NOABDs) for both Adult and Children's Services Branches. NOABDs are issued when the plan decides to deny or terminate treatment.

**In March 2023, 21 NOABDs were issued to Adult Services clients, and 6 NOABDs were issued to Children's Services clients.**

On page 5, view a summary of quarterly determinations for March.

# MH & SUD Services Update

## Notice of Adverse Benefit Determinations (NOABDs)

Delivery System Notices & Terminations 300

Most Common Reasons Cited for NOABDs in March 2023	Total Adult (21)	Total Child (6)
Due to your symptoms presenting as being mild to moderate that do not cause functional impairment in your daily living.	14 (67%)	None
Service terminated, client met treatment goals.	2 (10%)	None
MH condition does not cause problems for you in your daily life that are serious enough to make you eligible for Specialty Mental Health Services (SMHS) from the Mental Health Plan (MHP).	None	3 (50%)

# HHSA BHSS Branch Updates from Katie Cassidy, Deputy Branch Director:

## MAY 2023:

Women's Recovery and Resiliency and the Behavioral Health Team are getting a "new home!"

The will be moving in May to the Breslauer campus from their prior down town location. We are looking forward to enhanced collaboration and teamwork.



# HHSA BHSS Branch Updates

**Every year our MH and SUD programs undergo a variety of audits and monitoring from the Department of Health Care Services (DHCS).**

- Our Drug Medi-Cal Organized Delivery System (DMC-ODS) Regional Model recently completed the External Quality Review (EQR). This is a week long process that includes the other Regional Model counties and Partnership HealthPlan.
- The focus for this review is on quality rather than contract compliance.

# HHSA BHSS Branch Updates

## FUTURE ITEMS:

### JUNE 2023:

- Combined contract compliance reviews for our Substance Abuse Block Grant (SABG) and DMC-ODS with PHC and the other counties.
- MH Triennial review which is a look at the compliance with the MH agreement. This includes chart review as well as compliance and quality improvement

### NOVEMBER 2023:

- EQR for MH is tentatively scheduled for November.
- There are several opportunities for community member participation in both the MH and SUD EQR visits. Please let Katie Cassidy know if you would like to observe or participate.

# ADULT STAR Team Responses

From Laura Stapp, Deputy Branch Director:



## January MHADAB Questions Follow-up:

### How many clients referred to STAR Team are accepted?

STAR referrals are almost never denied. The number of clients that don't get accepted is small because most of the referrals we receive are through Public Guardian. They are usually conserved clients that are stepping down from higher levels of care.

Some reasons they may be denied would be if they are not a Shasta county resident, if they don't have Medi-Cal, or are a parolee due to the criteria set by the state.

### QUESTION: How many clients are denied?

Within the last 12 months, only one STAR referral client was not accepted due to inappropriate level of care and diagnosis. The client was able to be served by the Bridge Team, with support from STAR Team clinicians.

### QUESTION: How many clients refused the STAR program?

One client refused STAR Team services.

# YOUTH STAR Team Responses

From Laura Stapp, Deputy Branch Director:



## January MHADAB Questions Follow-up:

- **How many clients referred to STAR Team are accepted?**  
Out of eight referrals, six were accepted that met criteria.
- **How many clients are denied?**  
Two clients were denied, for disqualifications such as: being in Parole, already being engaged in mental health services, or no apparent mental health illness.
- **How many clients refused the STAR program?**  
There have not been any refusals for the youth STAR program, the client can stay in outreach until they are agreeable to partner with. If the client is agreeable, they sign an individual service and support plan and the client is officially in the STAR youth program as of that date.



# ACCESSING MENTAL HEALTH SERVICES

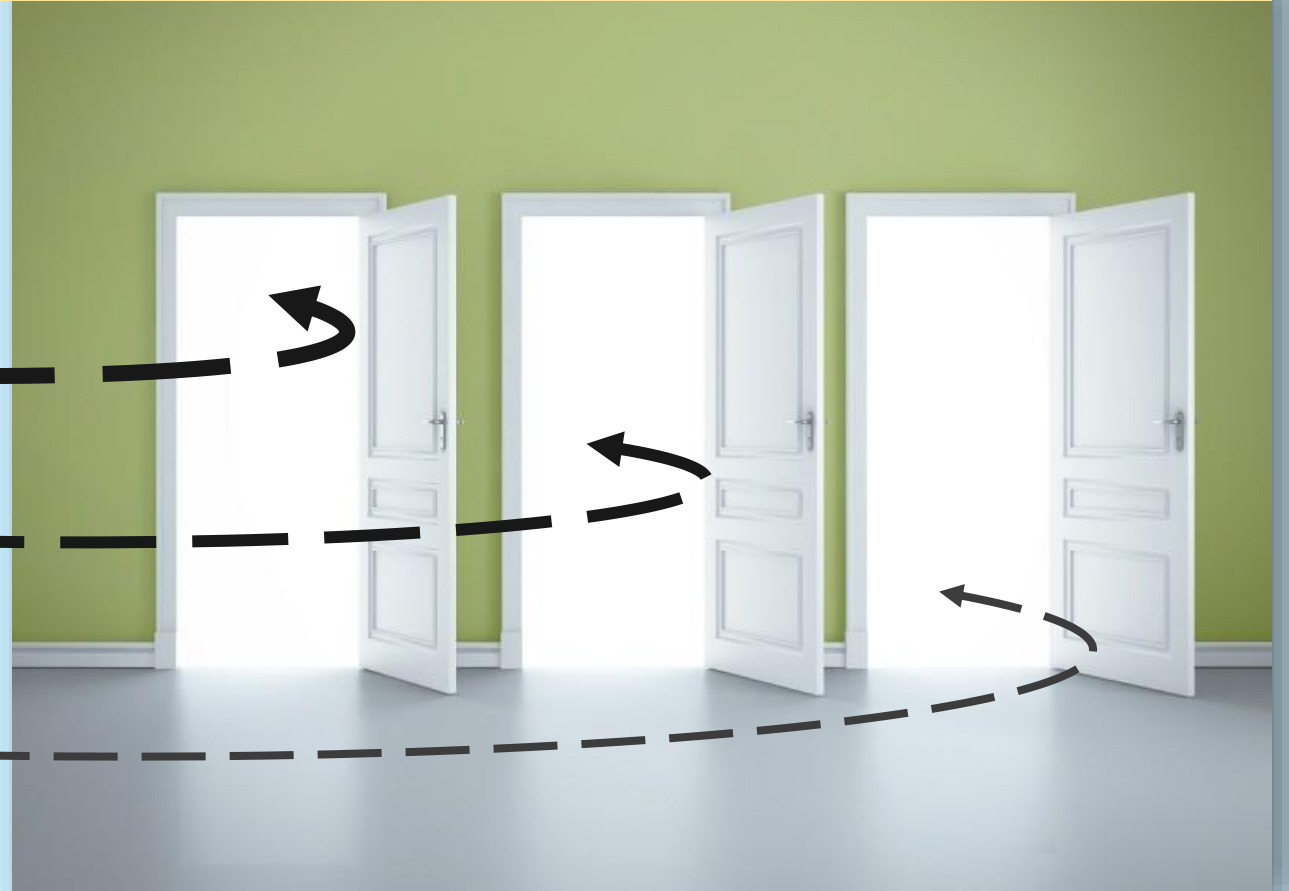
## CHILDREN'S AGES 0-5

**Bridges/SCOPE**

**Outpatient**

**Clinic**

**Child Welfare**





# HHSA BHSS Branch Updates from Laura Stapp, Deputy Branch Director:

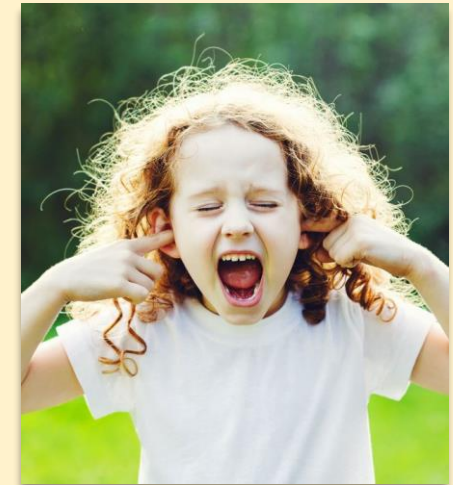
## Children's 0-5 Mental Health

Here in Shasta County we are fortunate to have a comprehensive Early Childhood Mental Health program.

Our program consists of two Clinical Supervisors, three Mental Health Clinicians, a Parent Peer, and a Social Worker/Rehab Specialist all trained in Evidenced-Based practices to support the mental well being of children aged 0-5 years old.

### Program services offered:

1. Intensive Case Coordination
2. Case Management
3. Individual Therapy
4. Family Therapy
5. Plan Development
6. Assessment
7. Intensive Home Based Services
8. Collateral



# CHILDREN'S MENTAL HEALTH AGES 0-5

## EVIDENCED BASED PRACTICES

- Neuro Sequential Model of Therapeutics
- Trust Based Relational Interventions
- Triple P.
- Trauma Focused Cognitive Behavioral Therapy



# 0-5 WRAPAROUND

## “SWADDLE” Programmatic Criteria

- 6 Month Child and Adolescent Needs and Strengths (CANS) assessment to indicate little or no change (Please attach initial & 6 month CANS)
- Triple P Parent Assessment Measures Above Clinical Cut-Off (DASS, Parenting Scale, etc.) Please attach scores
- Frequent moves due to behavior (2 or more moves in under 6 months)
- Poor engagement with high risk factors



# ACCESS TO TREATMENT

- Increase healthcare utilization
- Deterioration in physical health
- Justice involvement
- Homelessness
- Lower academic achievement
- Problems with employment
- Peer and family Conflict
- Clinical disabilities
- Comorbid substance use
- Self-harm and suicide

(Niendam, UC David)

# Laura Stapp, Deputy Branch Director: Children's Mental Health Update:

## April Events:

**Week of the Young Child:** hosted at Win River Casino, as week long event where supervisors were able to provide outreach to the community.

Staff was able to provide information specific to children ages 0-5 years, and all other youth mental health services. Staff detailed how to access services and how to connect with other community providers.

**Into the Jungle:** At the Pathways to Hope event "Into the Jungle" the Supervisor and 0-5 clinician provided coloring activities and play activities.

The clinician "played" with the children as parents received information from our supervisor on services to the 0-5 population and other mental health services that we provide to children/youth.

# Laura Stapp, Deputy Branch Director: Children's Mental Health Update:

## DID YOU KNOW?

- According to the Rauch Foundation found that 85 percent of a person's brain is developed by the time they are five years old. Epidemiological studies reveal a 16–18% prevalence of mental disorders among children aged 1 to 5 years, with somewhat more than half being severely affected (1– 3).
- Nationally, 6.67 preschoolers were expelled per 1,000 students enrolled.

This rate is 3.2 times the rate of expulsion for K-12 students. 19.9% of these preschoolers were expelled more than once.



# MH & SUD Services Update

## MHSA 3-Year Plan

The Mental Health Services Act (MHSA) provides approximately 25% of California's Mental Health services funding. The 3-Year Plan outlines available County Mental Health Services and goals. MHADAB was created, in part, to oversee and guide the use of MHSA funding.

For an overview of current MHSA programs, look through Shasta County's most recently published [Annual Update](#) to the 3-Year Plan and its [Appendices](#).

As the next 3-Year Plan is in revision, your feedback on these programs is valued. Please reach out to [Nicole Carroll](#) with any commentary or suggestions on the content linked above.

Learn more about Shasta County's MHSA activities at [www.ShastaMHSA.com](http://www.ShastaMHSA.com).



# Shasta County Beneficiaries accessing treatment in the DMC-ODS Regional Model:

- Total unique client count to date is: 2,462

## **Client Count**

1,267

1,489

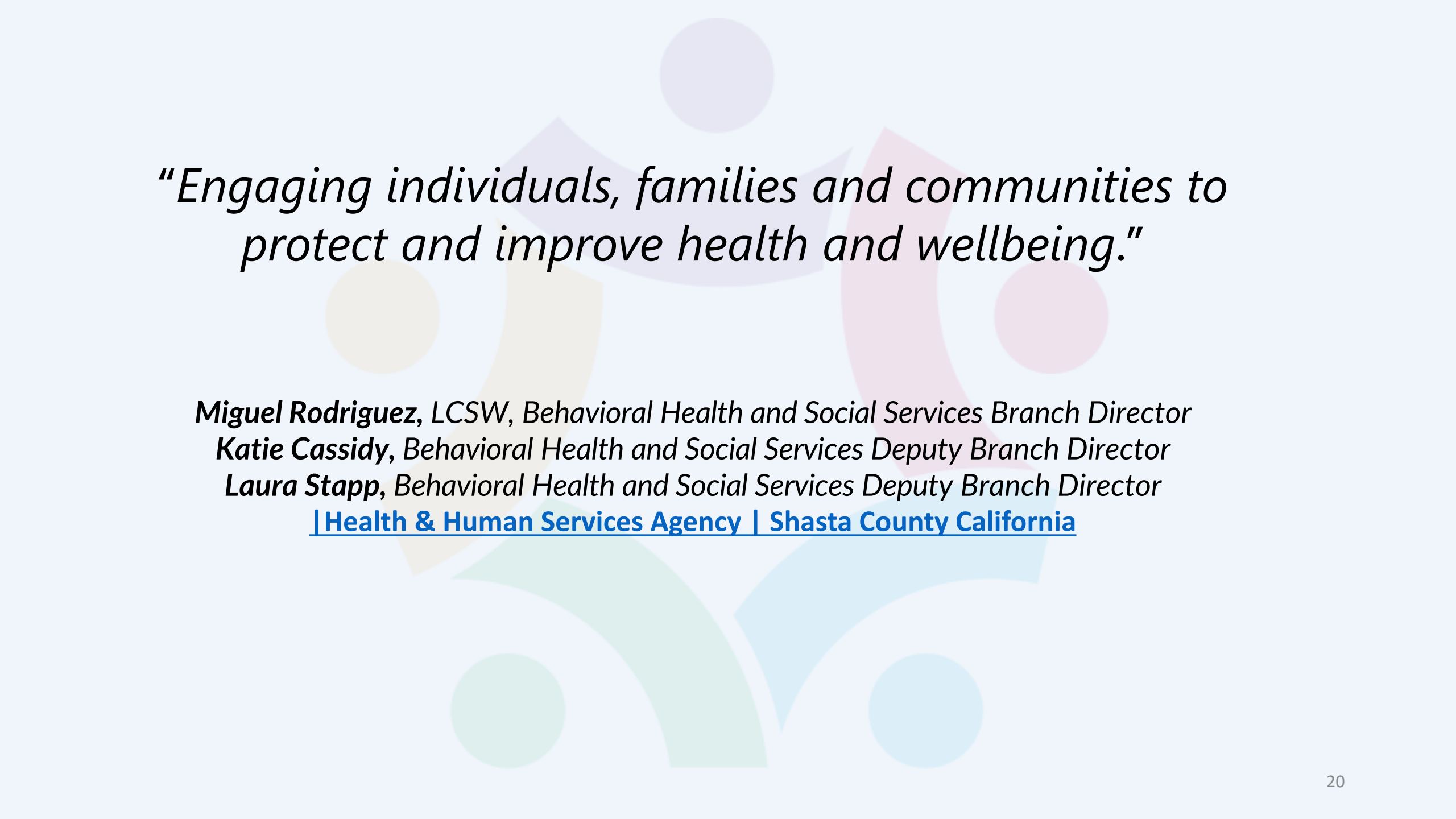
1,235

## **Fiscal Year**

2020-2021

2021-2022

2022-2023



*“Engaging individuals, families and communities to protect and improve health and wellbeing.”*

**Miguel Rodriguez, LCSW, Behavioral Health and Social Services Branch Director**

**Katie Cassidy, Behavioral Health and Social Services Deputy Branch Director**

**Laura Stapp, Behavioral Health and Social Services Deputy Branch Director**

**[| Health & Human Services Agency | Shasta County California](#)**