

PHAB

Public Health Advisory Board Agenda - Regular Meeting

Ruth Atkins

Tasting Room Manager
Fall River Brewing Co.

John Coe, MD

Physician
Mercy Family Health

Paul Dhanuka, MD

Physician
DOCS Medical Group
District 2 Representative

Laura Baynard

Director of Clinical
Operations
Shasta Community
Health Center

Deanna Gallagher

Director
Shasta Thrive / Manter
House
District 5 Representative

Benjamin Hanna

Chief Deputy District
Attorney
Shasta County

Sharon Hanson

Nurse Practitioner
Mountain Valleys Medical
Center
District 3 Representative

Kay Kobe

Chiropractor / Business
Owner
Shasta Lake Chiropractic

Kristen Lyons

Chief Executive Officer
Shasta Family YMCA
Chair

Mike Mangas

News Anchor
KRCR TV

Judith Menoher

Retired Educator
Board Member
Dignity Health Connected
Living

Ann Morningstar

Shasta Mosquito and
Vector Control District
District 4 Representative

Jennifer Snider

Director of Data,
Planning and
Accountability
Shasta County Office of
Education

Richard Yoder, MD

Retired Physician
Community Volunteer
District 1 Representative

Date & Time: January 11, 2023 | 12:00 – 2:00 p.m.
Location: Shasta County Mae Helene Bacon Boggs Conference Center
2420 Breslauer Way, Redding, CA 96001

This meeting will be recorded.

1. Call to Order and Introductions

2. Public Comment Period:

To Address the Board During Public Comment:

The Brown Act (Government Code Section 54950 et seq) requires that every agenda for regular meetings provide an opportunity for members of the public to directly address the Shasta County Public Health Advisory Board on any item on the agenda or any item not listed on the agenda that is within the subject matter jurisdiction of the Board, before or during the Board's consideration of the item. Persons wishing to address the Board should fill out a Speaker Request Form by 10:00 a.m. prior to the beginning of the meeting (forms are available from phadmin@co.shasta.ca.us). When the Chairperson announces the public comment period, any person wishing to address the Board will be recognized by the Chairperson and is requested to state their name and make their comments. Each speaker is allocated up to three (3) minutes to speak. Comments must be limited to matters within the jurisdiction of the Board. The Board will take no action and will hold no discussion on matters presented during public comment unless the matter is an action item on the Board agenda. The Board may briefly respond to statements or questions and, if deemed necessary, may refer the subject matter to the appropriate department or agency for follow-up and/or to schedule the matter on a subsequent Board agenda.

3. Member Sharing/Announcements (limited to five minutes per member)

4. Action:

Approval of Minutes: November 9, 2022

5. Committee Reports:

- a. Executive Committee: Kristen Lyons, Chair
- b. Nurse Family Partnership: Laura Baynard

6. Director's Report:

- a. Health & Human Services Agency: Laura Burch
- b. Public Health Branch: Robin Schurig

7. Presentation: Public Health Advisory Board Orientation (continued) Robin Schurig, Public Health Branch Director

8. Presentation: Preventing Perinatal Substance Exposures Amy Pendergast, Public Health Program Manager Kristen Shearer, Supervising Public Health Nurse

9. Adjourn

Next Meeting: March 8, 2023

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Public Health Advisory Board

Minutes for November 9, 2022 *Draft*

Item 1: Call to Order:

Chair Kristen Lyons, called the meeting to order at 12:04 pm. The following Public Health Advisory Board (PHAB) members were present during at least part of the meeting: Ruth Atkins, Laura Baynard, Paul Dhanuka, Benjamin Hanna, Kay Kobe, Judith Menoher, Ann Morningstar, Jennifer Snider and Richard Yoder.

Members not in attendance: John Coe, Deanna Gallagher and Mike Mangas. Sharon Hanson attended online, but not able to be counted as a member in attendance.

Others present: Public Health (PH) Branch Director Robin Schurig, Senior Staff Services Analyst Sara Westmoreland, Executive Assistant Cara Schuler, Office Assistant II Kyra Farrar, Health and Human Services Agency (HHS) Director Laura Burch, Supervising PH Nurse Caryl Greenwood, Therapist Supervisor Christine Triantafyllou, Deputy Health Officer Michael Vovakes, PH Program Managers Linda Singler, April Jurisich, Shellisa Moore and Amy Pendergast.

Item 2: Public Comments

Member Kobe congratulated HHS Director Laura Burch for being appointed to the position of HHS Director by the Shasta County Board of Supervisors.

Item 3: Member Sharing/Announcements

No member sharing or announcements.

Item 4: Action - Approval of Minutes

Motion: Member Yoder, seconded by Member Morningstar, made a motion to approve the minutes of the September 14, 2022 meeting. The motion carried by a unanimous vote of the members present.

Item 5: Committee Reports

a. Executive Committee:

Chair Lyons advised she was not in the attendance at the meeting. Following the meeting she learned that previous Chair, Toni Donovan, announced that she was relocating and would not be able to continue as PHAB Chair. Per PHAB Bylaws, following the current Chair's resignation, the Vice Chair moves into the role of Chair automatically. Member Menoher was in attendance at the Executive Committee meeting and advised discussion was around the November agenda and future meeting topics.

b. Nurse-Family Partnership®(NFP) Community Advisory Board (CAB):

Member Baynard was unable to provide an update regarding the NFP CAB. She advised that she was unable to attend since there was miscommunication and the meetings are now only taking place in person. The meeting did take place, but only for in person attendees.

Item 6: Membership

Action: Nominate and elect Vice-Chair to fill vacancy for the period of November 2022 – March 2023: Judith Menoher.

Motion: Member Baynard, seconded by Member Kobe, made a motion to approve Member Judith Menoher to fill Vice-Chair vacancy for the period of November 2022 – March 2023. The motion carried by a unanimous vote of the members present.

Item 7: Directors' Reports

a. Health and Human Services Agency:

HHSA Director Burch provided an update on the restructure and reorganization of HHSA. Business and Support Services and Office of the Director Branches will be consolidated, and Adult Services and Children's Services Branches will be consolidated. Miguel Rodriguez is now the Interim Mental Health Director. HHSA is still struggling with staff vacancies. Currently there are approximately 150 vacancies. The Economic Mobility Branch has a high number of staff vacancies which is causing high call times to the call center.

b. Public Health:

PH Branch Director Robin Schurig referred to her written report and added that the Agency Worksite Wellness survey will not be shared as staff were advised that their responses were confidential, and it would be kept internal. For additional updates, please see written report.

Item 8: Presentation: PHAB Orientation

PH Branch Director Robin Schurig began the presentation with the mission and values of PH along with PH funding and where funding comes from. PH is mainly prevention-focused and serves the entire county including incorporated areas. The cities in Shasta County do not have their own Public Health Departments. Due to meeting time constraints and the tour of the Medical Therapy Unit, the presentation will resume at the January 2023 meeting. The continuation of the presentation will start at "Health Officer Statute." Please refer to presentation.

Item 9: Presentation & Tour: California Children's Services (CCS), Medical Therapy Unit (MTU)

Supervising Public Health Nurse (PHN) Caryl Greenwood provided a history and makeup of the CCS Administrative Services / Medical Therapy Program. Supervising Therapist Christine Triantafyllou provided information regarding the CCS Redding Medical Therapy Unit – history, purpose, qualifying conditions, along with staff roles. Referrals come from physicians, teachers, parents and Far Northern Regional Center. Please refer to presentation.

Discussion following the presentation included questions, suggestions, concerns, and comments. Following the discussion, Board members and guests were invited to tour the Medical Therapy Unit.

Item 9: Adjourned at 1:25 pm by Chair Lyons where Board members and guests could travel to and tour the MTU.



Directors' Report - Public Health Advisory Board January 11, 2023

CURRENT ISSUES:

Health & Human Services Agency (HHS) Update

- We welcomed new staff members to the leadership team: Assistant Director Christy Coleman, Internal Accountability, Compliance & Performance Division Deputy Director Andrew Bastaros, Behavioral Health & Social Services (BHSS) Deputy Director Julie Carlton and BHSS Deputy Director Katie Cassidy.
- Branches have been implementing wellness activities for staff by promoting healthy breaks, increasing staff appreciation and recognition, holding holiday celebrations, and more.
- We are finalizing our agreement with the City of Redding to provide \$300,000 in ARPA funding for services related their micro shelter projects.
- HHS is partnering with City of Redding and Shasta Community Health Center by providing funding for housing infrastructure projects for individuals with mental illness ~ more to come.
- HHS is working on a presentation for the Board that will highlight the value of Peer Support Specialists in both Children's and Adults MH services.

Public Health Branch Update

- We welcomed new programs to our Branch: WIC and Nurse-Family Partnership® have moved from the Economic Mobility Branch to Public Health, and Epidemiology and Evaluation has moved from HHS Administration to Public Health.
- With the addition of these programs and with new ongoing funding from the state, we will be adding an additional Program Manager and we will request approval in our 2023-24 budget to add a second Deputy Branch Director.
- The latest Health Officer recruitment was again unsuccessful. The Board will be discussing it in closed session on January 10th, so we are awaiting their direction on next steps.
- Programs are working with Fiscal to make mid-year adjustments to our current budgets, and to prepare our budget requests for next fiscal year.

Community Engagement and Quality Improvement Division

- The Emergency Preparedness and Response team has been coordinating surge needs with the health care and EMS systems.
- The Supporting Health Improvement Practice unit is preparing the annual performance measures report.
- The Capacity Building for Equity unit is working with community members and community-based organizations to address the 7 Vital Conditions of Health and Well-being. One project in the works is establishing a Resilience Hub in eastern Shasta County.

Community Health Protection Division

- For the first time the Communicable Disease Unit is fully staffed (two Public Health Nurses, one Disease Investigation Specialist, one Community Education Specialist, and one Analyst) and will begin developing community outreach projects and collaborating with various public entities to work on disease prevention and mitigation education.
- The Communicable Disease Unit is putting together a community workgroup to begin updating the County's Ebola Mitigation and Containment plan.
- The partnership between Public Health and COVID School Liaisons has ended as there is not a foreseen need to continue working on COVID-related work with the schools. Public Health will continue to provide support when needed.
- The Harm Reduction Unit has coordinated with the Sexually Transmitted Infections (STI) Unit and started participation in the S.T.O.P.P. Events in December for Parolees and Probationers. We provided HIV, STI, and Hepatitis C education and testing information. We were also requested to provide information on vaccination and PH clinic hours for future events. We also provided Narcan.
- The Harm Reduction Unit also worked on a "Safety is the Point" Campaign providing education on the safe disposal of syringes for the public and provided resource for medication disposals. The information was updated on Shasta County's HHS website.
- The Harm Reduction Unit worked on updating the Syringe Services Program's Opioid Overdose Prevention Policy & Procedure and is participating in an HHS wide policy workgroup.

Healthy & Safe Families Division

- Shasta County's rate of neonatal abstinence syndrome is 7.2 times higher than California's rate. The Ad Hoc Task Force to explore the current situation (for all substances) and make recommendations on preventing perinatal substance exposures will begin on January 13th. Please reach out to Amy Pendergast if you have data, insights or information to share.
- Mark your calendars: The Shasta Perinatal Substance Exposures Summit will be on Friday, March 3rd. This free event will feature keynote speaker Dr. Candy Stockton, panel speakers providing a variety of perspectives on the current situation, and activities to foster cross-sector collaboration on identifying gaps, needs, and potential solutions. Lunch provided. CEUs pending.

Healthy Communities Division

- Healthy Shasta Walks Passport is available online and at various locations around the county, including most libraries. Visit www.healthyshastawalks.org or www.healthyshasta.org/walks/ to download your passport. Complete at least 10 walks and return your passport by March 1, 2023.
- Around the Table Nourishing Families Workshop is a free 6-session cooking class. Join us around the table to cook & eat together, to discover ways to nourish your family, and to practice mindful eating and de-stress. It runs Tuesdays from 9:30am-11:30am beginning January 17, 2023, in Cottonwood. To register, call: (530) 229-8469 or sign-up at the Cottonwood Community Center. A Pre-school activity will be provided also.
- Applied Suicide Intervention Skills Training (ASIST) is a free, two-day, in-person, and highly interactive suicide intervention training. Participants learn to recognize when someone may be at-risk for suicide and work with them to create a plan to support their immediate safety. Pre-registration is required! The next training is February 15 & 16, 2023 from 8AM to 4:30PM. To register, email Sydney Stinger at [sstinger@co.shasta.ca.us](mailto:ssstinger@co.shasta.ca.us) or call 530-229-8426.
- Shasta Strengthening Families has launched their updated website. Check it out at: www.ShastaStrengtheningFamilies.org
- We have been notified that we will be receiving an additional two years of Healthy Brain Initiative funding to continue the work we started around Alzheimer's and related dementias.

- We have been notified that we will be receiving a Department of Justice Tobacco Compliance grant to provide Tobacco Retailer Compliance Education and Enforcement.

Specialty Health Services Division:

- The Local Oral Health Program (LOHP) has been participating in Kindergarten Oral Health Assessment workshops. Our contracted Registered Dental Hygienist provided screenings to approximately 500 children in Shasta County and referred 24 to our Child Health and Disability Prevention program for case management. The LOHP Policy and Program Analyst has provided education and dental kits during those screenings at local schools.
- Our Medical Therapy Unit continues to provide Occupational and Physical Therapy to medically fragile children.

Board of Supervisors Staff Reports (November & December)

- HHSА PH Retroactive Expenditure Agreement with Stericycle, Inc. for the collection and proper disposal of used syringes and other medical waste.
- HHSА PH CDPH revenue agreement to continue the Local Oral Health Program (LOHP), part of the California Oral Health Program, Moving California Oral Health Forward
- HHSА-PH Annual Agreement Funding Application with the California Department of Public Health for the Maternal, Child and Adolescent Health (MCAH) Program