

Shasta County Health and Human Services Agency
SHASTA COUNTY Mental Health, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB)
Regular Meeting
Wednesday, January 10, 2024

Attendees:

Kalyn Jones, Board Chair	√	Heather Jones, Board Vice-Chair	√	Ron Henninger, Past Chair	√
Alan Mullikin, Board Member		Connie Webber, Board Member		Mary Rickert, BOS Board Member	√
Angel Rocke, Board Member		David Kehoe, Board Member		Samuel Major, Board Member	√
Cindy Greene, Board Member		Jo-Ann Medina, Board Member	√	Jackie Rose, CDC	√
Miguel Rodriguez, MHSS/MH Director		Katie Nell, BHSS Sr. Analyst	√		
Katie Cassidy, BHSS Deputy Director	√	Mey Chao-Lee, BHSS Clinical Program Coordinator	√		

Community Members: 8 (Includes virtual attendees)

Agenda Item	Discussion/Conclusions/ Recommendations	Action/Follow-Up	Date Due/Status	Individual/ Department Responsible
I. Call to Order	Kalyn Jones, MHADAB chair extended a warm welcome to all attendees and called meeting to order at 5:34 p.m.	No action required.	N/A	Kalyn Jones, MHADAB chair
II. Public Comment	<p>a. A representative from NAMI passed out a brochure to promote awareness and to seek membership for their organization. She talked about upcoming class that starts in January called Family-to-Family.</p> <p>b. A public commenter expressed concern about there being no warming centers on cold nights like this evening and that money is being spent on items that are already approved. Speeding up the process to get housing for homeless would benefit our community.</p> <p>c. A public comment submitted by email was shared. The commenter expressed personal experience with local authorities and Shasta County court system. They expressed concerns of not having enough support to stay on their feet now that they was finally there. They suggested to spend money in ways for every individual in society to have an equal opportunity at success.</p>	<p>a. N/A</p> <p>b. During the meeting Katie researched open warming centers. She reported that Good News Rescue Mission was the only one open.</p> <p>c. Miguel will address the email and pass along to appropriate parties.</p>	<p>a. N/A</p> <p>b. N/A</p> <p>c. 1/26/2024</p>	<p>a. N/A</p> <p>b. N/A</p> <p>c. Miguel Rodriguez</p>
III. Announcements and Staff Updates	No Action required	N/A	N/A	N/A
IV. Consent Calendar A. A. Approval of	Minutes from November1, 2023 meeting were presented in written form.	The Consent Calendar was passed unanimously with six	N/A	Motion: Sam Major Second: Heather Jones

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<p>MHADAB Minutes</p> <p>B. Membership Committee's Nomination</p>	<p>Recommend to the Board of Supervisors the Membership Committee's nomination of the following new members to fill the vacant MHADAB positions: Matilda Grace (Marlar) – term to expire 12/31/2025, Laurie Hicks (Menohar), Wesley Tucker (Stewart), Erin Dooley (Prielipp) – terms to expire 12/31/2026.</p>	<p>(6) Ayes, zero (0) Nays and zero (0) abstention.</p>	<p>1/11/2024</p>	<p>Jackie Rose, CSC</p>
<p>V. Regular Calendar</p>	<p>No Action required</p>	<p>N/A</p>	<p>N/A</p>	<p>N/A</p>
<p>VI. Presentations</p>	<p>a) <u>Shasta Triumph and Recovery Team (STAR)</u> Mey Chao-Lee provided a PowerPoint presentation on the voluntary program that focus on wellness, recovery, and resiliency. The social workers, clinicians and one nurse who make up this team practice the “whatever it takes’ model to provide access services to those in need.</p> <p>b) <u>Peer Run Warm Line</u> Kalyn Jones provided a PowerPoint presentation about Mental Health Association of San Francisco and their Warm Line calling center. She gave information about their history and what they logo means. She explained the difference between a “warm line” and a hot line.</p>	<p>N/A</p>	<p>N/A</p>	<p>N/A</p>
<p>VII. Ad Hoc Committees</p>	<p>a. Board members may ask questions about the Director's Report.</p> <p>b. Board members may make suggestions for future agenda consideration.</p> <p>c. Ad Hoc Committee MHADAB Annual Report 2023</p> <p>d. Ad Hoc Committee Update: Annual Report 2022</p> <p>e. Ad Hoc Committee Update: Bylaws Recommend to the Board of Supervisors the updated bylaws as written for approval.</p>	<p>a. N/A</p> <p>b. N/A</p> <p>c. Table until next meeting</p> <p>d. Table until next meeting</p> <p>e. The Bylaws was passed unanimously with six (6) Ayes, zero (0) Nays and</p>	<p>a. N/A</p> <p>b. N/A</p> <p>c. 2/14/2024</p> <p>d. 2/14/2024</p> <p>e. N/A</p>	<p>a. N/A</p> <p>b. N/A</p> <p>c. Jackie Rose</p> <p>d. Jackie Rose</p> <p>n. Motion: Sam Major Second: Heather</p>

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	<p>f. New Board Member Biography It was discussed that all MHADAB board members would present a biography to be displayed on the MHADAB webpage. This discussion will be put on the Executive MHADAB agenda.</p> <p>g. MHADAB New Member Orientation Kalyn talked about creating a new member Orientation for onboarding members.</p> <p>h. MHADAB Application and Interview Questions Kalyn talked about the application and interview questions for new member recruitment. She suggested to revamp the application and questions and will take this to the Executive meeting for discussion.</p> <p>i. Woodlands Update Ron Henninger provided an update stating that concerns have been addressed. Cooperative effort with both North Valley and Woodlands has been aligned. Security seems to be an issue and needs to be more visible. Money is a factor in making this happen.</p> <p>j. 2024 Special Meetings (Site Visits) Discussion was had about additional presenters and site visits. A list was created and suggested it be taken back to the Executive Committee for scheduling.</p> <p>k. Board Member Committee Assignment It was suggested that this be send via email to all board members asking which committees would like to attend. Once new members come onboard, send this to them as well. All board members will provide updates during MHADAB meetings.</p> <p>l. 2024 Executive Committee Meeting Dates It was suggested to move meetings to the 3rd Tuesday of</p>	<p>zero (o) abstention. Jackie will send to BOS for approval.</p> <p>f. Jackie to add to MHADAB Executive Agenda</p> <p>g. Kalyn will create onboarding for new members.</p> <p>h. Kalyn will revamp the application and questions. Jackie will add to the Executive agenda for discussion.</p> <p>i. N/A</p> <p>j. Jackie will put on the next Executive Agenda for discussion.</p> <p>k. Jackie to send email regarding committees and participation.</p> <p>l. The Executive meeting dates schedule was</p>	<p>f. 1/26/2024</p> <p>g. 2/14/2024</p> <p>h. 2/2/2024</p> <p>i. N/A</p> <p>j. 2/2/2024</p> <p>k. 1/11/2024</p> <p>l. N/A</p>	<p>Jones Jackie Rose</p> <p>f. Jackie Rose</p> <p>g. Kalyn Jones</p> <p>h. Kalyn Jones Jackie Rose</p> <p>i. N/A</p> <p>j. Jackie Rose</p> <p>k. Jackie Rose</p> <p>Motion: Kalyn Jones Second: Heather</p>

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	<p>every even month.</p> <p>m. Data Notebook 2023 Review the 2023 Shasta County Data Notebook as presented in written form and consider voting to approve for submission to the Board of Supervisors</p>	<p>passed unanimously with six (6) Ayes, zero (0) Nays and zero (0) abstention.</p> <p>m. Table until next meeting</p>	<p>m. 2/14/2024</p>	<p>Jones</p> <p>m. Jackie Rose</p>
VIII. Roundtable Discussion	No updates on committee reports were given.	No action required	N/A	N/A
I. VII. Adjournment	Call to adjourn meeting (7:41 PM)	No action required	N/A	N/A

Next Meeting is scheduled on: February 14, 2024 (Special Meeting)

Kalyn Jones
MHADAB Chair

Date