

Shasta County Health and Human Services Agency
DRAFT SHASTA COUNTY Mental Health, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB)
Regular Meeting
Wednesday, May 8, 2024

Attendees:

Kalyn Jones, Board Chair	√	Heather Jones, Board Vice-Chair	√	Ron Henninger, Past Chair	√
Connie Webber, Board Member		Jo-Ann Medina, Board Member	√	Mary Rickert, BOS Board Member	
Angel Rocke, Board Member	√	David Kehoe, Board Member	√	Samuel Major, Board Member	√
Cindy Greene, Board Member	√	Erin Dooley	√	Wesley Trucker	√
Laurie Lidie	√	Matilda Grace	√	Tim Garman, BOS Board Member	√
Miguel Rodriguez, MHSS/MH Director	√	Katie Nell, BHSS Sr. Analyst	√	Jennifer Morrison	√
Jackie Rose, CDC		Cristy Coleman	√	Ashley Saechao, BHSS CDC	√
Marie Marks, CDC	√	Laura Stapp, HHS Deputy Branch Director	√	Christopher Diamond, Community Education Specialist	√

Community Members: 14 (Includes virtual attendees) *Not all signed in*

Agenda Item	Discussion/Conclusions/Recommendations	Action/Follow-Up	Date Due/Status	Individual/Department Responsible
I. Call to Order	Kalyn Jones, MHADAB chair extended a warm welcome to all attendees and called meeting to order at 5:30 p.m.	No action required.	N/A	Kalyn Jones, MHADAB chair
II. Public Comment	<p>a. A public commenter spoke about those suffering from mental health issues, addiction, and homelessness and how they are not receiving the help/support that they need and more needs to be done. Public commenter stated that when those are asked to provide a sample it needs to be advised right away that it is a tox screen.</p> <p>b. A public commenter spoke about their son's struggles with mental health issues and being put on a 5150 and then let go. Their son does not want to go to the mental health clinic or the CARE Center. Public commenter stated there needs to be a safe place for people to go when they need to vent or sleep.</p> <p>c. A Public commenter spoke about Sunrise Mountain Wellness Center and how it's a great resource, however, commenter stated they are in recovery and has been able to find treatment out of County but has been unable to find transportation.</p>	<p>a. N/A</p> <p>b. N/A</p> <p>c. Miguel Rodriguez requested commenter's information so he could provide further transportation options. CDC Ashley Saechao</p>	<p>a. N/A</p> <p>b. N/A</p> <p>c. N/A</p>	<p>a. N/A</p> <p>b. N/A</p> <p>c. N/A</p>

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	<p>d. A public commenter asked about the status of implementation of SB 43.</p> <p>e. Public Commenter spoke about their daughter that is in the mental health system and was kicked out of treatment and ended up at their house but they are not sure how to provide support to their daughter. Daughter is not receiving the help that she needs, and commenter feels there is no place for her to go. Commenter expressed concerns that there is no follow up from their daughter's doctors, meds are just given every two months. Commenter expressed importance of the need to have a place where those like their daughter can go for help.</p>	<p>obtained commenter's information and provided commenter with the "Need Transportation?" card that has a number to call. Miguel will ensure there is follow up with public commenter.</p> <p>d. County Staff will provide update at July meeting, Katie Nell to research.</p> <p>e. Miguel Rodriguez requested commenter speak with Laura Stapp after the meeting so she can follow up if her daughter is a client.</p>	<p>d. 06/19/2024</p> <p>e. N/A</p>	<p>d. Katie Nell</p> <p>e. N/A</p>
<p>III. Announcements and Staff Updates</p>	<p>a. Miguel Rodriguez provided responses to previously made public comments:</p> <ul style="list-style-type: none"> • Redding Police Department will be making a 5150 Presentation at the July meeting to address the comments and questions regarding their 5150 process. <p>b. Miguel Rodriguez presented the Mental Health Awareness Month Proclamation from the Shasta County Board of Supervisors to Matila Grace, President of the National Alliance on Mental Illness (NAMAI).</p>	<p>a. Katie Nell to follow up with Redding Police Department to confirm presentation date.</p> <p>b. N/A</p>	<p>a. 06/04/2024</p> <p>b. N/A</p>	<p>a. Katie Nell</p> <p>b. N/A</p>

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IV. Consent Calendar	Minutes from March 13, 2024 and April 10, 2024 meetings were presented in written form.	The Consent Calendar was passed unanimously with twelve (12) Ayes, zero (0) Nays and zero (0) abstention.	N/A	Motion: David Kehoe Second: Heather Jones
V. Presentations	<p>a. <u>Drug/Misdemeanor Diversion Program</u>, Emily Mees, Chief Deputy District Attorney, gave a presentation about what the Diversion program is, who qualifies, and the effectiveness of the program. Board asked questions regarding the program.</p> <p>b. <u>CARE Center</u>, Nick Zepponi and Tammy Allen, Hill County Health and Wellness, provided a presentation about the program and what services are provided. Board asked questions about outcomes, Miguel Rodriguez provided information.</p>	<p>a. Miguel Rodriguez explained we will also be reaching out to the Public Defender to give presentation on the MH Diversion program through their office.</p> <p>b. N/A</p>	<p>a. 07/15/2024</p> <p>b. N/A</p>	<p>a. Miguel Rodriguez/Katie Nell</p> <p>b. N/A</p>
VI. Regular Calendar	No Action Required	N/A	N/A	N/A
VII. Discussion Items	<p>a. <u>Review and consider approval of the “Authentic Workshops and Horse Encounters” application and consider recommending that the Shasta County Board of Supervisors approve the “Authentic Workshops and Horse Encounters” innovation project.</u> No vote taken as this innovation project is going to work on their proposal and requested budget with Laura Stapp then will bring it back to the board at a later date.</p>	<p>a. Ashley Saechao will advise MHADAB Secretary when “Authentic Workshops and Horse Encounters” is ready to be placed back on the MHADAB regular agenda. Laura Stapp will work with provider for applicable changes.</p> <p>b. Public Comments will be</p>	a. N/A	a. N/A

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	<p>b. <u>Review and discuss the Mental Health Services Act, Innovation Plan: Psychiatric Advance Directives Phase II – Multi-County Collaborative.</u> Ashley Saechao provided brief explanation of the Psychiatric Advance Directives Phase I and what Phase II will be. Board expressed support of this project. MHADA Chair expressed importance that all board members attend the Special Meeting set for 5/22/2024 at 5:30 as that will be when the vote to recommend Phase II takes place. Former Chair Ron Henninger requested public comments be read at the Special Meeting.</p> <p>c. <u>Review the Mental Health, Alcohol and Drug Advisory Board calendar schedule for June 2024-December 2024 and consider approval of discussed changes.</u> Miguel Rodrigues requested the meetings change from Wednesday to Monday, due to a conflict in meetings that he attends out of town. The 3rd Monday of the month was suggested.</p> <p>d. <u>Review speaker cards and consider implementation of their usage.</u> Board had discussion as to limiting the discussion/interaction between the board and the community during public comments and presentations as to respect attendees’ time. Board reviewed speaker request form that MHADAB had previously used and recommended updating the form, take to the Executive Board for review, and then bring it back to the next Regular Meeting. Board confirmed that this would not stop those from speaking who did not complete a form, it is voluntary. Miguel Rodriguez also explained having speaker forms</p>	<p>read and a vote will be taken at the Special Meeting on 05/22/2024.</p> <p>c. Moving the meetings to the 3rd Monday of the month was passed with eleven (11) ayes, one (1) nays, and zero (0) abstentions. MHADAB Secretary to update calendar on website and send updated calendars to board members.</p> <p>d. MHADAB Secretary to work on updating the speaker request form.</p>	<p>b. 5/22/2024</p> <p>c. 05/15/2024</p> <p>d. 05/23/2024</p>	<p>b. Ashley Saechao & Laura Stapp</p> <p>c. Motion: Sam Major Second: Erin Dooley MHADAB Secretary</p> <p>d. MHADAB secretary</p> <p>e. Miguel Rodriguez</p>

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	<p>may help educate the department on issues that may be trend and address specific issues on an on-going basis.</p> <p>e. <u>Discuss attendance and expectations of Board Members.</u> MHADB Chair, Kalyn Jones, informed the new members of the welcome packet they received tonight and advised the new members and reminded the board members, their expectations at board meeting could be found in the bylaws. The Chair expressed the importance of attending meetings.</p> <p>The Chair discussed the subcommittees members can sign up for and advised new members that list can be found in the packet.</p> <p>Board asked about ADP meeting as it is no longer listed. Miguel Rodriguez he would look into the status of that committee and would report back.</p> <p>f. <u>Update on Prop 1.</u> Katie Nell provided update on Proposition 1. California Department of Healthcare Services (DHCS) and California Behavioral Health Directors Association (CBHDA) are working on creating guidance for the implementation, however, at this time, information is very limited.</p> <p>DHCS is expected to have more guidance in early 2025</p> <p>CBHDA is working with counties to create workgroups focused on difference areas of BHSA. Shasta County has already provided the names of staff that will be included in those workgroups.</p> <p>Shasta BHSS is also working on looking at the current programs under MHSA and figuring out how they can fit in the new funding buckets of BHSA.</p>	<p>e. Miguel to follow up on status of ADP committee meetings.</p> <p>f. Department will continue to provide updates as they are identified.</p>	<p>e. 07/15/2024</p> <p>f. on-going</p>	<p>f. Department</p> <p>g. MHADAB Secretary</p>

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	<p>g. <u>Discuss Creating a subcommittee to monitor the outcomes of MHSAs Programs.</u> Board would like to create an ad-hoc committee to monitor the outcomes.</p> <p>h. <u>Board Members may ask questions about the Director's Report.</u> Board members asked questions and Miguel was able to provide answers. Board requested guidelines for BHSS response to a grievance.</p> <p>i. <u>Board Members may make suggestions for future agendas.</u> Miguel suggested a presentation on Field Based Nursing to the board.</p> <p>j. <u>Ad Hoc Committee MHADAB Annual Report 2023</u> Kalyn advised that she, Connie Webber and Ron Henninger are working on scheduling a time to meet to work on the report.</p> <p>k. <u>Ad Hoc: Membership Nominating Committee Board Member.</u> Discussion was held regarding what groups should be represented on the board. Members Tim Garman and Wesley Tucker volunteered for committee.</p>	<p>g. Put on next regular meeting agenda for update.</p> <p>h. Miguel will provide grievance follow up guidelines at the next regular meeting.</p> <p>i. Board Secretary will work on setting up someone in Field Based Nursing to present at a regular meeting.</p> <p>j. N/A</p> <p>k. Applications will be sent to the committee as they are received. Notice of Vacancy will be sent to Board of Supervisors by MHADAB Board Secretary, and advertisements will be posted.</p> <p>l. MHADAB Secretary to work on updating the Bylaws and will present to the Executive Committee before putting it back on the regular</p>	<p>g. 07/15/2024</p> <p>h. 07/15/2024</p> <p>i. 08/01/2024</p> <p>j. N/A</p> <p>k. 6/10/2024</p>	<p>h. Miguel Rodriguez/Leah Shuffleton</p> <p>i. MHADAB Secretary</p> <p>j. N/A</p> <p>k. Board Secretary</p> <p>l. MHADAB Secretary</p>

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	<p>I. <u>Discuss new Bylaw requirements that will be effective January 2025.</u></p> <p>Katie Nell informed the Board that due to Proposition 1's passing, there has been a new requirement to have a member of the board be 25 years or younger, effective 01/01/2025 and that the bylaws will need to be updated.</p>	meeting Agenda.	I. 05/30/2024	
VIII. Roundtable Discussion	No updates on committee reports were given.	No action required	N/A	N/A
I. VII. Adjournment	Call to adjourn meeting (7:42 PM)	No action required	N/A	Motion: Sam Major Second: Matilda Grace

Next Meeting is scheduled on: June 17, 2024 (Special Meeting)

Kalyn Jones
MHADAB Chair

Date