



Creating Adventurous Tomorrows and Guiding Successful Futures.

Welcome to the River's Edge Academy

Resident Handbook

Welcome to Shasta County Probation Department's River's Edge Academy. We are eager to work with you and your family (or pro-social supports) providing opportunities to learn and develop skills to help you forge through the many challenges your life will bring you. We understand you've had some rough beginnings. You can start where you are and REA will help you change the ending. The staff are here to support and encourage you along your journey. We believe in having fun, experiencing new adventures, developing friendships and most of all taking with you more than you came with.

This handbook will provide you with an overview of the REA program, expectations and structure. Once you start the program, we ask that you stay focused, work hard, challenge yourself and enjoy the adventure.

Together we will change the ending.

Carla Stevens,
Division Director, REA
Shasta County Probation Department

What is the REA?

River's Edge Academy is Shasta County Probation Department's commitment treatment program serving youth in need of structured treatment services and providing youth with an alternative to out of county placements. Keeping youth in Shasta County allows for enhanced family involvement, linkages to community-based services while never leaving the community they are familiar with. Successful family reunification or independent living is the goal with a focus on rehabilitation, successful transition to adulthood, positive futures, and reducing recidivism.

REA Mission Statement

The River's Edge Academy is committed to providing residents with a safe environment and the opportunity to participate in treatment and services focused on developing pro-social life skills, an overall well-being and embracing positive values and connections within the community. Residents will have the opportunity to cultivate healthy relationships and build long-term support systems, with the goal of creating successful futures for all participants.

Academy Introduction

The staff at the River's Edge Academy are here to assist you in progressing through the program and making choices that are safe, responsible, and considerate of yourself and others. We believe you are capable of becoming productive members of our community.

Your REA team includes Juvenile Detention Officers (JDOs), a Supervising Juvenile Detention Officer (SJDO), a Division Director, a Deputy Probation Officer (DPO), behavioral change staff, teachers, para-educators, a nurse, a clinician, and treatment providers. This team is committed to supporting you in making positive changes in your life.

The River's Edge Academy follows a Trauma- Informed Care treatment philosophy which identifies the strengths, resiliencies, concerns, and goals for each Resident. An individualized case plan will be created for you to focus on treatment and services that promote positive values and encourage long-term change.

REA Programs/Services

Program services and activities include intensive case management, evidenced based treatment programming provided by our behavior change staff, an onsite Mental Health Clinician, and vocational and educational services. Services and activities include, but are not limited to the following:

- Individual and Family Counseling
- Trauma Focused Cognitive Behavioral Treatment
- Substance Abuse Treatment
- Moral Reconciliation Therapy (MRT)
- Thinking 4 a Change (T4C)
- Anger Management
- Journaling
- Child and Family Team (CFT) Meetings
- Positive Behavioral Interventions and Supports (PBIS)
- On-Site School
- Parent Education and Support
- Life Skills Activities
- Vocation programming

- JRF GROW program
- Culinary program
- Academy Library/Book Club
- Sports Activities/Games
- Off-site Community Activities
- Home Passes/Furloughs
- Community Work Service Projects
- Listening to music on a REA issued iPod
- Video, Board, and Card Games
- Movie Nights
- Holiday Celebrations
- Birthday Celebrations
- Cultural Activities/Celebrations
- In-house Employment
- Off-Site Employment

Rules and Guidelines

The River's Edge Academy Rules are designed to keep you, and others, safe and progressing through the program. Keep these rules in mind as you join the Academy.

- ❖ All directions from staff (written, verbal or implied) must be quickly and respectfully followed. Failure to do so will result in the loss of privileges and may result in you being exited from the program.
- ❖ You must use appropriate language in conversations and use a quiet voice.
- ❖ You are expected to behave in a SAFE, RESPONSIBLE, and CONSIDERATE manner.
- ❖ **Respect for your peers** — Throughout your REA experience you will be placed in situations where your dependence on your peers will be extremely important in order to complete a task or exercise. You are required to allow others to have their space, thoughts, and feelings. This will encourage teamwork, loyalty, and self-improvement for all residents.
- ❖ **Self-Respect** — You may be expected to work harder, learn more, and engage more than you have in the past. The way you feel about yourself has a huge effect on the way you treat yourself and others, and on the types of choices you make. You will be encouraged to take responsibility for yourself, your choices, and your actions. You will be recognized for your accomplishments.
- ❖ **Courtesy** — You are expected to be polite in your actions, attitude, and behavior towards others. Any acts of frustration, disrespect or poor acceptance of correction will be handled by your removal from the situation.

Personal Property

Any personal property will remain in Booking during your stay at REA unless permission has been granted by your REA team to access your personal property. Your parent(s) or legal guardian may take your valuables home if you agree and it is approved by your Probation Officer. All your personal belongings will be documented and stored in a secured area in Booking until you are released.

As you transition through the phases of the program, you may earn access to wearing your own personal clothing items. This will be determined by your treatment team as part of your behavior change plan.

Your Rights

In addition to basic legal rights, you will also receive the following while participating in the REA program: Three meals a day and one evening snack, exercise, bed, bedding, clothing, medical care, religious services, mail, education, and counseling services. Additionally, you have the right to review Title 15 Minimum Standards for Juvenile Facilities which is located on the pod.

You shall have fair and equal access to all available services, placement, care, treatment, and benefits. You shall not be subject to discrimination or harassment on the basis of actual or perceived race, ethnic group identification, ancestry, national origin, color, religion, gender, sexual orientation, gender identity, gender expression, mental or physical disability, or HIV status.

Access to Legal Services

Should the need arise, you have the right to have a parent or Probation Officer present during any interrogation regarding any alleged offense which occurs while you are in the academy. Prior to any interrogation, you will be given the opportunity to consult with legal counsel (either in person, by phone or by video conference).

You may also request legal services and/or to speak with your attorney at any time. Please complete a request form and staff will follow up as appropriate.

Court Information

You have been committed to the River's Edge Academy by the Judge. You will return to court every six months for a placement review where the Judge will review your overall progress and participation in the REA program. Your probation officer will have regular communication with REA staff and continue to meet with you regularly. Prior to any court proceeding your probation officer will complete an updated report on your progress. Your attorney will also be in contact with you prior to any court appearance. You are encouraged to ask staff or your probation officer if you have any questions about the court process.

If you are charged with a new law violation and/or probation violation during your stay at REA, your first court appearance (*arraignment*) will include an explanation of the charges against you, an attorney will be appointed to represent you and a decision will be made by the Judge whether you will remain in REA custody or return to the JRF. The Judge may make the decision to return you to detention at the JRF, depending on the charges and circumstances of your case.

Your probation officer will continue to meet with you while you go through the court process. Prior to the completion of your case (*disposition*), your Probation Officer will likely complete a report & recommendation that will be available for you to read before your hearing. You are encouraged to ask staff or your Probation Officer if you have any questions about the court process.

Identification Bracelet

You will continue to wear your assigned JRF identification bracelet. This bracelet is to be worn at all times.

- If torn or ripped, advise staff and it will be replaced.
- Do not purposely tamper with or remove your bracelet, if you do, you will receive consequences.
- Exceptions to this rule must be approved by medical staff.

Access to Health Care Services

You will have access to first aid and emergency services regardless of your level, status, or behavior. You will also have access to reproductive and family planning services, and to medical diets due to food allergies or other health related problems.

You will also have access, both written and verbal, to communicate with medical or mental health staff about a medical or mental health need. The nurse is on duty five days per week, a doctor one day per week, and a mental health clinician 5 days per week or as needed. Medical treatment you were receiving in the JRF will continue upon your intake into REA as determined by medical staff. If you need additional medical treatment while in the REA, submit a confidential written request to see the nurse. These requests are located on your living unit, and you can submit them in a confidential locked box.

In addition to the treatment services offered by behavior change staff and the assigned REA clinician, which includes individual and family counseling sessions, you will also have access to crisis treatment and individual counseling by mental health staff or with your current therapist upon request. You have the right to mental health services, including counseling & medication support, to be set up through staff or your probation officer. If you need mental health services, you can submit a confidential request to the nurse. The mental health provider will schedule an appointment. **If at any time you have a medical or mental health emergency, ask for help from staff.**

Housing Assignment

You will be assigned a room upon admittance into REA. No Contact Orders will continue to be enforced while in the program. You are responsible to notify staff of any No Contact Orders. If there are residents in REA with whom you do not get along, please communicate your concerns with the supervisor in order to work through any issues that may affect your housing. You may inquire about new housing arrangements with the supervisor. Should an issue arise, submit a Request for Contact slip requesting supervisor contact.

Youth are only allowed in their own bedroom. You are never to enter another resident's sleeping room.

Classification Status

When admitted into REA, you may be assigned a certain status based on a variety of reasons. Many factors will determine where you will be housed, including, but not limited to your age, gender, body size, and/or by the current or previous charges you have been booked into the facility on. During your time here, your assigned housing will be continually monitored by staff to determine if there are any additional requirements or changes needing to be done. As circumstances change, your status may also change.

Classifications include, but are not limited to:

SR – Security Risk – may be based on charges or security issues;

Room Alone – may be due to inability to get along with a roommate, past behavior or charges;

Suicide Risk – considered at risk for suicide or self-harming behavior

Additional classifications may be assigned based upon progression through the REA program.

Searches

A pat-down search, a clothing search, and/or a clothing exchange may be conducted upon reentry into the facility after visiting, furloughs/home passes and off-site outings to ensure there is no contraband coming into the facility.

Contraband is anything that is not given to you by the REA staff and/or may be against the law for you to have in your possession.

Access to Education, Reading Materials, Programs & Activities

Residents will attend an accredited educational program through the Shasta County Office of Education. The teaching staff will discuss an educational plan with you; however, it is your responsibility to attend daily, participate in your education and help create a positive learning environment for everyone else.

Residents will have the opportunity to participate in college preparatory education or vocational courses. Should you graduate from high school while in the program, efforts will be made to participate in secondary education programs.

Rehabilitative & recreational programming will occur daily.

- Reading materials are provided in the REA library and are available during free recreational program time.
- During free recreation/program time you will be able to write letters, participate in groups, watch television, play games, listen to music, and participate in outdoor activities.
- Bedtimes are determined by the level system, program progress, and your behavior.

Correspondence

Residents will be given the opportunity to send and receive an unlimited number of letters.

- The Academy will pay postage for 1 letter to your parent/guardian each day, and one letter to a non-parent/guardian each week.
- You may “purchase” stationary and metered envelopes with points earned as part of the program’s REA Positive Behavior Support System.

The address to receive mail at REA is:

[Resident’s full true name]
Attn: Juvenile Rehabilitation Facility – River’s Edge Academy
2684 Radio Lane
Redding, CA 96001

As a reminder, you may not write letters to those with whom you have been ordered to have no contact. Letters may not be sent from one institution to another, unless approved by your probation officer. You will receive all mail unless it contains contraband or exhibits gang or racial ideation. Mail will be scanned for security purposes but will not be read by staff unless there is cause to do so.

Visiting

Visiting is a key component of the REA program and will occur 2 times per week for parents/guardians, supportive adults, biological children, and spouses. Visitors must schedule appointments to visit. Visitors who are late will not be allowed to visit but encouraged to sign up for the next available visiting time. Visits can be scheduled by calling 530-245-5838.

Visiting Days/Times
Saturdays and Sundays: 10:15pm – 11:15pm
 12:15pm – 1:15pm

Visiting Days/Times are subject to change and special visits will be scheduled based on your REA program progress and behavior change plan.

You are not allowed to accept any items from visitors. Any items brought to you by a visitor must be given to REA staff and approval granted in order for you to take and/or keep the item.

Telephone

You will have a list of people and phone numbers that are your approved contacts. These approved contacts will be entered into the phone system and you will be allowed to make phone calls to those on your approved list. Phone calls are allowed during free recreation/program time with the permission of staff. You are allowed to call your attorney from the pod phones free of charge.

Religious Services

Religious services are offered on Sundays between 9:00 a.m. and 11:00 am. There are several other religious service opportunities throughout the week. You have the absolute right not to attend religious services or activities and to have a reasonable alternative activity. You have the right to request religious visits with your own clergy. You may request a special diet based on religious need.

Personal Hygiene & Care

You will have the opportunity to shower a minimum of once daily and more often depending on necessity after furloughs, outings, or work. You will also receive clothing, bedding, and hygiene kit (toothbrush, toothpaste & comb). Female hygiene products are available on each housing unit and available upon request. Hair ties are also available. You will be allowed to brush your teeth after each meal and to shave daily. Hair care services are available upon request.

As you progress through the program you will be allowed to have specialized personal hygiene products. Personal hygiene products must be pre-approved by your probation officer prior to being brought into REA. Items must be new and un-opened with your name written in bold letters with black permanent ink. The REA is not responsible for any items which are unreadable, unmarked, or lost.

You are not allowed to share any products with other youth without prior approval.

Sexual Abuse or Sexual Harassment

If you are a victim of, or have knowledge of, sexual misconduct you should immediately report the incident either verbally or in writing to a staff member (Juvenile Detention Officer, Probation Officer, supervisor, teacher, mental health therapist, psychologist, nurse, behavior change staff, or any other adult in the building).

You may inform a parent/guardian, your attorney/legal representative, or other trusted adult during a visit, phone call or via written correspondence so that the responsible adult may initiate the report on your behalf by contacting a department employee. You have the ability for reasonable and confidential access to your attorney and parent/legal guardian. Please speak to the staff on duty to make arrangements should you need to speak with your parent/guardian or attorney.

You may utilize the “locked box” grievance procedure to report sexual misconduct. This allows you a method to submit a report without alerting staff, as well as permits the report to be submitted anonymously. Grievance forms, pencils, and a locked box are available on your living unit.

Non-Discrimination Policy

You, and all residents in the facility, shall have fair and equal access to all available services, placement, care, treatment, and benefits offered in the facility and shall be free from physical, verbal or sexual abuse, and harassment by other youth and staff.

You shall not be subject to discrimination or harassment on the basis of actual or perceived race, ethnic group identification, ancestry, national origin, color, religion, gender, sexual orientation, gender identification, gender expression, mental or physical disability, or HIV status. This includes restrictive housing or classification decisions based solely on any of the above-mentioned categories.

Room Expectations & Conduct

You are responsible for the cleanliness and neatness of your assigned room. This includes, but is not limited to, the floor, walls, bed, etc. You are to make your bed and clean your room before breakfast and work throughout the day to keep your room tidy. You may request cleaning supplies as needed.

All clothing items must be properly stored on the shelving unit inside your room. You will be allowed to decorate your room as you progress through the program. Any item you take into your room shall be pre-approved and if not pre-approved, may be considered contraband.

You are to be respectful of the building and others at all times. Hitting/kicking doors or walls; causing damage to the building, REA property, and your clothing; or yelling from your room are not allowed. Talking or making noise of any kind after lights out is prohibited. Residents must keep their head free of any blankets, clothes, or other items. Proper sleeping attire for all residents are shorts or sweats, and a t-shirt and sweatshirt only.

A complete list of the REA expectations and rules are posted in your living unit.

Personal Appearance

You are expected to take pride in your personal appearance. All clothing must fit properly, not be sagging, and not personally altered. Your underwear must never be visible. Hair must be maintained and kept neat and appropriate at all times.

Conduct

You are expected to be polite in your actions, attitude, and behavior towards others. You are to speak respectfully and without profanity to staff and other residents. You are to follow the instructions of REA staff when given. You are to ensure you are keeping your hands to yourself and not engaging in any activity that would be considered disrespectful or sexual in nature. Any acts of frustration, disrespect, or poor acceptance of correction will be handled by your removal from the situation.

Fighting and verbal aggression will not be tolerated. Fighting will result in a loss of privileges and/or the use of force and may result in the filing of new charges and/or returning to the JRF for a reset.

Movement

As a resident of REA you will have more ability to move freely around the living unit. Ensure that you are following staff directives at all times, and if you are asked to not move, follow that directive. If you are asked to line up, you will do so in a polite and orderly fashion. Horseplay is not allowed.

When moving to other parts of the JRF, you will walk in a single file line as to not impede the movement of others in the facility.

Discipline

You are expected to follow REA rules at all times. Should you choose not to do so, the following steps will be taken:

Major Rule Violations:

Some rule violations could result in such consequences as separation from the group, a special program, additional criminal charges or a temporary return to JRF as determined by the REA behavior matrix.

- These will be documented by staff in a Serious Incident Reports (SIR) with recommendations for consequences.
- A supervisor reviews each SIR & authorizes the consequences.
- The Director also reviews all SIRs.
 - Examples of such violations include: fighting, assaulting staff, intimidating others, talking about/planning escape, or running from a furlough or outing.

Minor Rule Violations:

- May result in such consequences as level loss, or alternative programming.
 - Examples of such violations include: not following staff directives, horseplay, and passing notes.

Due Process:

When you receive disciplinary action, you will be given written notice of the specific rule violated and the disciplinary action being taken. If you disagree, a supervisor will allow you an opportunity to present your side of the incident and will decide if the disciplinary action is appropriate. If you are not satisfied with that decision, you may appeal to the Director.

Room Confinement

Room confinement shall not be used before other less restrictive options have been attempted and exhausted, unless attempting those options poses a threat to the safety and security for you, other youth, or staff. Room Confinement shall not be used for the purposes of punishment, coercion, convenience, or retaliation by staff. You will not be separated from programming for a minor rule violation that does not pose a threat to the safety and security of the facility, staff, or other youth

O.C. Pepper Spray

O.C. will not be used for punishment, retaliation, or disciplinary purposes. O.C. is an inflammatory agent and the following effects may last up to 45 minutes:

1. Swelling of the mucous membranes.
2. Involuntary eye closure.
3. Gagging and coughing.
4. Shortness of breath.
5. An intense feeling of burning on all exposed areas.

If exposed to O.C. Pepper Spray, you will be decontaminated as soon as you are deemed safe to do so. If exposed, follow staff directions for decontamination to begin.

Restraints

Restraints will not be used for punishment, retaliation, or as a substitute for treatment. If you are unable to control your behavior and your behavior indicates that you are at risk of harming yourself and/or others, you may be placed in mechanical restraints (handcuffs, shackles or Wrap), until your behavior is deemed safe.

Use of Force, Restraints & Chemical Agents

Be advised that REA staff are authorized to use force, to include the use of O. C. Pepper Spray and physical restraints (handcuffs, shackles) under the following circumstances:

1. During transportation of a resident from one location to another.
2. To protect a resident from self-inflicted injuries or suicide.
3. Self-defense or defense of other staff or resident(s).
4. To prevent destruction of county property.
5. To prevent escape or run from furlough or outings.
6. To control, restrain, or subdue imminent violent behavior.

Staff will use the lowest level of force to gain your compliance unless a delay would result in immediate harm. The force options are listed below beginning with the lowest level of force available:

1. Staff presence/dialogue
2. Verbal commands
3. O. C. Pepper Spray
4. Physical restraint
5. Mechanical restraint

REA Positive Behavior Support System

Behavior and treatment guidelines have been created to help you be successful in the REA program. REA staff to include the JDO's, behavior change staff, teaching staff, treatment staff, and the mental health clinician will have input on your daily grade. The grades will be based on your behavior, treatment, school, and/or program participation throughout the day.

GPA (Grade Point Average): the weekly average of a resident's grades within the REA. This figure is based on a daily grade received during the Evaluation Week, Sunday through the following Saturday.

- All residents who enter REA will be evaluated, rewarded, and held accountable according to the REA Positive Behavior Support System standards.
- Resident receives privileges based on a GPA level system. A resident's level is assigned each Sunday based on the previous week's GPA.
- A resident's level may be lost for disciplinary reasons at any time during the week.

Determining Levels Procedure:

1. Residents are assigned an initial status of "AVERAGE" upon admission into REA. After the completion of 4 grading periods (2 days), a two-day average based on a resident's earned GPA is figured and a new level is assigned.
2. Residents are assigned new levels each Sunday based on the previous week's GPA.
3. All level privileges are to be reviewed by the Saturday Graveyard shift for any change. Items are to be removed or added at this time.
4. Every Saturday night, residents who have a weekly status of "Outstanding" will be eligible for an additional 30 minutes added to their bedtime as a "Saturday late-night privilege."
5. All residents with Honor Level Status are eligible for an additional 15 minutes added to their bedtime nightly and is capped at 2145 hours.

Grades are given at the end of each shift in whole numbers:

- 4 = OUTSTANDING
- 3 = EXCEEDS EXPECTATIONS
- 2 = AVERAGE
- 1 = NEEDS IMPROVEMENT

Daily and Weekly averages will be defined in the following ranges and will be your assigned level:

3.5 to 4.0 = OUTSTANDING

3.0 to 3.4 = EXCEEDS EXPECTATIONS

2.0 to 2.9 = AVERAGE

1.0 to 1.9 = NEEDS IMPROVEMENT

Each resident will be graded in the following 5 categories:

- Behavior / Attitude
- Relationships (staff/peers)
- Programming / school participation / GEO Group
- Personal appearance / Room Appearance
- REA Furlough/Outing

Incentive/Commissary points can be earned by doing extra chores. Examples include but are not limited to:

- Cleaning Tables
- Sweeping/Mopping the day room floors
- Cleaning showers
- Vacuuming
- Folding Laundry/Shower rolls
- Cleaning staff bathroom
- Staff may also give incentive points for helping other residents or being a positive role model.

You will have access to a more detailed version of the Resident Evaluation System which will be posted on your living unit.

Grievance Process & Right to Ask for Appropriate Treatment

You have the right to appeal issues of health care services, classification, programming, telephone, mail, visiting procedures, food, clothing and bedding, and staff treatment. When you file a grievance, this will not be held against you, and your case will be taken up as soon as possible. However, in the meantime, you still must do as you have been told; even if this is the issue you are grieving.

You may notify any staff member that you have a complaint. It is hoped that most issues can be resolved by informal discussions between you and staff. But if that does not happen, you may file a written grievance and the following process will take place:

1. Grievance forms are located on your living unit. During free recreation time, you will have the opportunity to fill out a grievance form. When the grievance form is complete, place the form in the locked Confidential Communication box located in the dayroom or by delivering the form to any REA staff member.
2. Grievances containing profanity or disrespectful language or grievances containing threats against staff or others will be returned to you to be re-written. Grievances will not be denied simply because they contain profanity or other language objectionable to staff.
3. The staff member who was unable to resolve the grievance at the informal (discussion) level will document their findings within 24 hours on the Grievance Form and submit it immediately to the Supervisor if is not resolved.
4. A Supervisor will next attempt to resolve the grievance through discussion with you and involved staff within 3 days. The Supervisor who hears the grievance will not be involved in the incident leading to the grievance.

5. If the matter cannot satisfactorily be resolved, the Supervisor will give the Grievance Form to the Division Director. The Division Director will review the Supervisor's findings within 3 days and investigate the grievance if warranted. The Division Director may conduct a hearing with you, involved staff, and Supervisor within 5 days. The Division Director will report findings in writing to you within 3 days. The Division Director's findings are final in the Grievance Procedure process.

In all cases involving short-term discipline, you should be aware that the grievance process may not be finalized before the completion of the discipline.

At no time will any retaliatory action be taken by staff against you for filing a grievance and you should report any such action to the Division Director immediately.

Questions for Supervisors

- If you have any questions or concerns regarding your housing assignment, programming and work assignments put in a request to speak with a supervisor.
- If you have any questions or requests for services other than the ones listed in this booklet, or trouble reading or understanding what is in this booklet contact a supervisor.

Request Slips

Request Slips are located in the Dayroom of your living unit. If you want to talk to your Probation Officer, talk to a Supervisor, need medical attention, or have mental health needs, fill out a Request Slip and give it to staff or place it in the confidential communication box in your living unit.

Immigration Services

Should you require immigration services please request to see a Supervisor for assistance.

Limited Literacy or English Language Learners

If you do not understand something or have any questions, please ask staff for assistance.

Emergency Evacuation Plan

In the event of an emergency, remain calm and listen to staff. They will direct you where to go and what to do.

Fire & other emergency drills are conducted on a regular basis so you will know what is expected in the event of an emergency.

Identification of REA Staff and Their Roles

Throughout your stay, you will come in contact with many individuals assigned to REA that are here to assist you with your needs. They are:

- Juvenile Detention Officers (JDO's): Officers that you will see on a daily basis. They are your first contact for any assistance you may require. They are here to make sure you and the other residents are safe and cared for.
- Supervising Juvenile Detention Officer or Supervising Probation Officer: The supervisors are in charge of the day to day running of the facility. If you have questions about your housing, programming, or just general concerns, speak with a supervisor.
- SCOE Staff (Teachers): Teaching staff are available daily during normal school hours. They are here to assist you in credit recovery and any additional educational needs.
- Programming Staff: Individuals responsible for counseling services, rehabilitative programming, and individual therapy.

- Behavioral Change Staff: Individuals responsible for evidence-based treatment and rehabilitative programming to include restorative justice and pro-social interventions and support on both a group and individual basis.
- Mental Health Clinician: Individual(s) responsible to assist you with your mental health or behavioral health needs.
- Medical Staff: A nurse will be available to assist you with your medical or mental health needs.

REA Program Design

The REA program will consist of two tracks - Behavior and Rehabilitative Skill Development.

The two separate tracks are designed to allow the you to continue to progress in treatment without delay due to negative behavioral struggles. When negative behavior becomes an issue, REA staff will provide behavioral interventions to allow for your continued progress in the program. This behavioral intervention cycle will coincide with the treatment component and interventions. However, to graduate the program you must progress through both tracks and maintain appropriate behavior.

Behavior Track:

The Behavior Track will consist of 4 levels. You can transition forward or back a level depending on behavior. Additional privileges are earned with your progression through the levels.

Phase A: Intake—getting settled.

- You will learn the program rules and start understanding the program structure and expectations.
- This level will go hand in hand with the Intake Rehabilitation Phase.
- This level will last 7 days and then you will transition to Phase B.

Phase B: Pre-Contemplation to Contemplation

During this level you will work on the following:

- To stabilize behavior.
- To understand the behavior system and getting accustomed to the program routine and expectations.
- Positive program participation.
- Participate in the GROW program

Your evaluations and the Resident Evaluation System will dictate when you are ready to move to the next level.

- You will need a minimum of 30 successful days and be earning Exceeds Expectations grades or above for a minimum of one week before transition to the next level.
- You will participate in furloughs for REA activities or community service as approved by the treatment team.

Phase C: Action—the real work begins.

During this level you will work on the following:

- Stabilizing your behavior.
- Advancing and working towards an exit plan.
- The possible return to comprehensive school.
- Participating in furloughs for REA activities or community service.
- Working on finding employment.
- Working in the kitchen, GROW program, and around the facility.
- Begin working with ILP worker, if no family reunification.

- Creating a permanency plan.
- Participating in furloughs to support the re-entry plan.
- Participating in Community Service/Volunteer activities.

Your evaluations and the Resident Evaluation System will dictate when you are ready to move to the next level;

- You will need a minimum of 90 successful days earning Outstanding grades 85% of the time to transition to Phase D.

Phase D: Maintenance—getting ready to move on

During this level you will work on the following:

- Preparing to exit; including all items listed in level 3 which are applicable.
- Participation in college or preparing for college.
- Planning for life’s next steps.
- Expanded independent living skills.
- Permanency planning.
- Participating in the Mentor Program for the lower levels and new intakes.
- Maintain Honors status with no more than two “Bump Backs.”

In addition, you will have gained the following privileges:

- You will be allowed to wear you own clothing.
- You will be granted extended furloughs.

Treatment Track

The Treatment Track will consist of 4 levels. The REA program is developed for you to advance through the phases based upon your program participation. Each Phase below lists the treatment components you will participate in.

Phase One: Orientation, Assessment and Readiness

- Orientation to the program
- Assessments to determine individual risk factors
- Introduction of treatment team
- Initial treatment plan

Your transition to next phase is determined by the treatment team.

Phase Two: Treatment

- Begin treatment
- Complete MRT Steps 1 through 6
- Proficiency in demonstrating pro-social skills
- Individualized treatment plan (creating goals and action steps)
- Individual treatment sessions
- Group participation
- Establish support system

Your transition to next phase is determined by the treatment team.

Phase Three: Sustainability & Community Reintegration

- Community reentry stabilization plan established
- Complete MRT Steps 7 through 12
- Ongoing proficiency in demonstrating pro-social skills
- Ongoing progress in treatment plan
- Individual treatment sessions
- Group participation and completion
- Restorative Justice
- Continue to build and utilize support system
- Strengthen family relationships and communication
- Pro-social events and getting involved in your community

Your transition to next phase is determined by the treatment team.

Aftercare: Transition Planning

- Community reentry stabilization plan established
- Individualized Aftercare and Reentry treatment plan
- Individual treatment sessions
- Continue to build and utilize support system
- Demonstrate improved family relationships and communication
- Pro-social events and continuing community involvement
- Mentor Phase 1 to 3 program participants

It is REA's goal for all youth to be successful, however if certain behaviors arise, the appropriate sanction will be utilized based on the behavior matrix. For program noncompliance REA staff will refer to the behavior matrix for additional sanctions.

Behavior Matrix System

REA will follow a behavior matrix which will be provided to you upon entry into the program. This matrix will show you the exact behaviors that are expected of you as well as the rewards and consequences for your behavior during your stay at the academy. This matrix will also be posted for you to review on your living unit.

REA Schedules

Attached are the schedules for the REA program for your reference. They are subject to changes as needed.

Answers to your questions...

The information provided in this handbook will assist you in understanding your rights, procedures, academy rules, the daily routine, visitation with your family and expectations of you while you are housed at the River's Edge Academy (REA). Ask a staff member to help clarify any questions you might have.

“Go confidently in the direction of your dreams, live the life you've imagined.”

Resident Name: _____ Date: _____

I have been provided a copy of the REA Resident Handbook. The REA procedures, rules and expectations provided in this handbook have been explained to me by staff, and I understand if I have further questions I can ask staff.

Signature: _____ Date: _____

River's Edge Academy (REA) Treatment Schedule

River's Edge Academy (REA) Treatment Schedule														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
Time	CML	BCM	Time	CML	BCM	Time	CML	BCM	Time	CML	BCM	Time	CML	BCM
11:00 AM	Morning Prep		11:00 AM	Morning Prep		11:00 AM	Morning Prep		11:00 AM	Morning Prep		11:00 AM	Morning Prep	
12:00 PM			12:00 PM			12:00 PM	Team Collaboration Meeting (aka Staffing's and Promotions)		12:00 PM	Team Meeting		12:00 PM		
1:00 PM			1:00 PM			1:00 PM			1:00 PM			1:00 PM		
2:00 PM	Shift Change Meeting Staff Lunch		2:00 PM	Shift Change Meeting Staff Lunch		2:00 PM	Shift Change Meeting Staff Lunch		2:00 PM	Shift Change Meeting Staff Lunch		2:00 PM	Shift Change Meeting Staff Lunch	
3:00 PM	MRT (A)		3:00 PM	Male Trauma Group		3:00 PM	Restorative Justice (P3)		3:00 PM	MRT (B)		3:00 PM	Substance Abuse (B)	
4:00 PM	Youth Dinner Break (4:45-5:30)		4:00 PM	Youth Dinner Break (4:45-5:30)		4:00 PM	Youth Dinner Break (4:45-5:30)		4:00 PM	Youth Dinner Break (4:45-5:30)		4:00 PM	Youth Dinner Break (4:45-5:30)	
5:00 PM			5:00 PM			5:00 PM	Substance Abuse (A)		5:00 PM	Social Skills		5:00 PM		
6:00 PM			6:00 PM			6:00 PM			6:00 PM			6:00 PM		
7:00 PM	Wrap Up / LME		7:30 PM	Wrap Up / LME		7:30 PM	Wrap Up / LME		7:30 PM	Wrap Up / LME		7:30 PM	Wrap Up / LME	

	Grp/Serv.	ICBTs		Grp/Serv.	ICBTs		Grp/Serv.	ICBTs		Grp/Serv.	ICBTs
CML	MRT	TBD	CML		TBD	CML	RJ-P3	TBD	CML	SS (if App.)	TBD
BCM		TBD	BCM	M-Trauma	TBD	BCM	SA	TBD	BCM	MRT-B	TBD
									BCM	N/A	TBD
									BCM	SA-B	TBD