

2022 ANNUAL REPORT GEO Reentry Services Operated Within River's Edge Academy (REA)



PARTNERSHIP

Shasta County Probation Department – Juvenile Division

PROGRAM

River's Edge Academy (REA) – Program Commencement April 11, 2021

POPULATION SERVED

Youth ages 14 to 17 years of age, in the Juvenile Rehabilitation Facility (JRF)

PROGRAM CAPACITY

15 Youth

TREATMENT SUMMARY

GEO Reentry Services delivers individualized and comprehensive cognitive behavioral treatment services for youth enrolled in Probation's REA Program. Services are tailored to address each youth's individual risk and need factors. The program helps youth learn necessary life skills, develop healthy coping mechanisms, establish self-sufficiency, develop positive attitudes and create long-term, successful reintegration within their natural community. Program length varies based upon the individual needs and circumstances of each youth. The mission of the program is to serve as an effective intervention and solution in addressing criminal thinking, changing behavior and reducing recidivism in Shasta County.

REPORTING TIMEFRAME

The program data included in this annual report is April 11, 2021 through April 10, 2022.

GEO STAFFING

Case Manager Lead
Behavior Change Manager

PROGRAM GRADUATES

7

The first graduation was held on April 8, 2022. Seven youth were recognized who successfully completed the program.

REFERRALS RECEIVED

21

Of the 21 referrals received, two referrals were withdrawn due to severe mental health and four withdrawn due to change in custody status

ENROLLMENTS

11

Total unique youth served during the reporting period

AVERAGE DAILY POPULATION

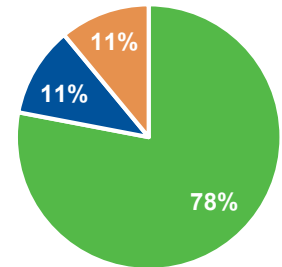
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Average number of youth served during reporting period

DISCHARGE RESULTS

The program had nine total discharges during this reporting period. Discharges are classified by three categories:

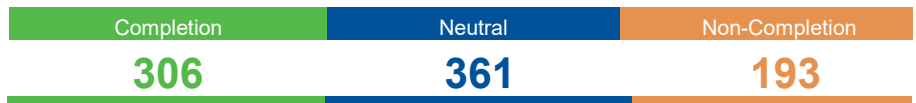
- **Completion:** Completed all GEO programming
- **Neutral:** Agency-ordered terminations and external transfers
- **Non-Completion:** Youth did not make satisfactory progress and staff have exhausted all resources to assist at this time



Total Discharges = 9 ■ Completion (7) ■ Neutral (1) ■ Non-Completion (1)

AVERAGE LENGTH OF PARTICIPATION

Average length of participation in days for the nine youth discharged during the reporting period, based on their discharge category.



PROGRAM FLOW

Our program model consists of four phases, with each phase focusing on a specific objective. Youth advance through the program phases as they achieve behavioral milestones and complete goals.

PHASE 1

FOCUS: ENGAGEMENT

- Objective: Orientation, Assessment and Readiness

PHASE 2

FOCUS: DISCOVERY

- Objective: Treatment and Dosage

PHASE 3

FOCUS: COMMITMENT

- Objective: Sustainability and Community Reintegration

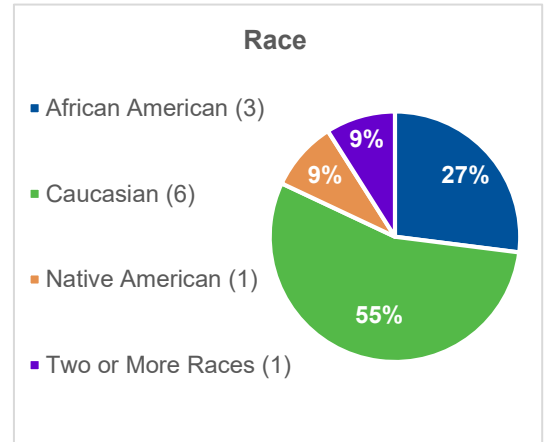
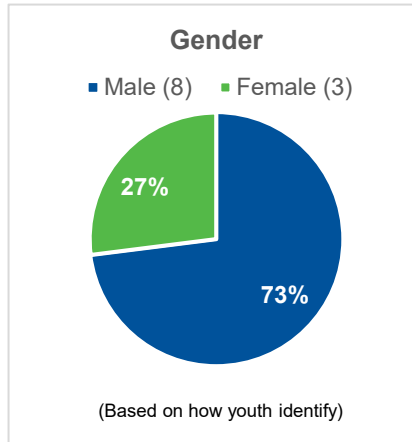
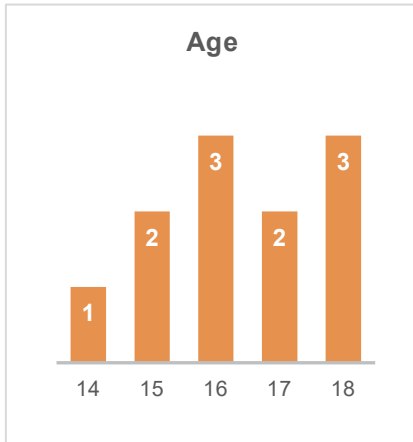
AFTERCARE

FOCUS: SUCCESS

- Objective: Transition Planning

DEMOGRAPHICS

Below is a breakdown of the demographics for the eleven youth served during the reporting period.

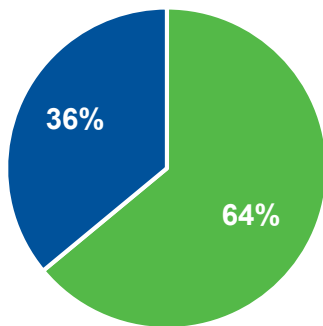


ASSESSMENTS

Youth were assessed using validated risk/need assessments and questionnaires to determine the appropriate programming.

Substance Abuse

We utilize a multi-dimensional assessment called the American Society of Addiction Medicine (ASAM) to determine appropriate substance abuse needs for each youth. For the reporting period, it was determined 64% (7) of the youth served needed substance abuse services.



- SA Services Recommended (7)
- SA Services Not Recommended (4)

Risk and Needs Assessment

Research identifies eight key life areas (known as criminogenic needs) proven to be linked to criminal behavior amongst at-risk youth. Through a validated risk and needs assessment tool, PACT (Positive Achievement Change Tool) conducted by Probation, we identify each youth's top needs that pose the greatest risk to future recidivism.

8 Key Life Areas	
• Anti-Social Attitudes, Values and Beliefs (AVB)	• Lack of Education
• Temperament	• Lack of Family Support
• Anti-Social Peers	• Lack of Pro-Social Leisure Outlets
• History of Anti-Social Behavior	• Substance Abuse

Below are the top risk factors of the youth served upon entering the program.

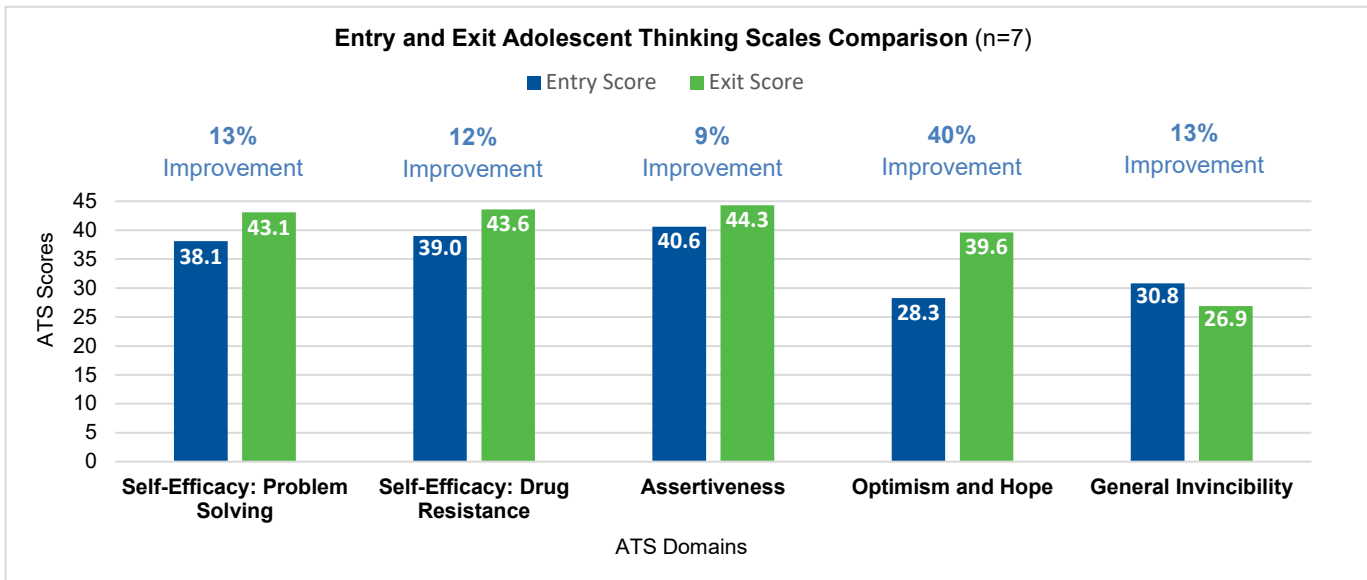
1. Temperament
2. Anti-Social AVB
3. Anti-Social Peers

Behavior Change Plans (BCP): Roadmap for Success

GEO staff collaborate with each youth to create a Behavior Change Plan (BCP). The BCP serves as an action-oriented roadmap to aid in developing pro-social thoughts and behaviors. As youth complete their action-steps and goals, they can earn rewards and recognition for their progress.

Adolescent Thinking Scales (ATS) Assessment

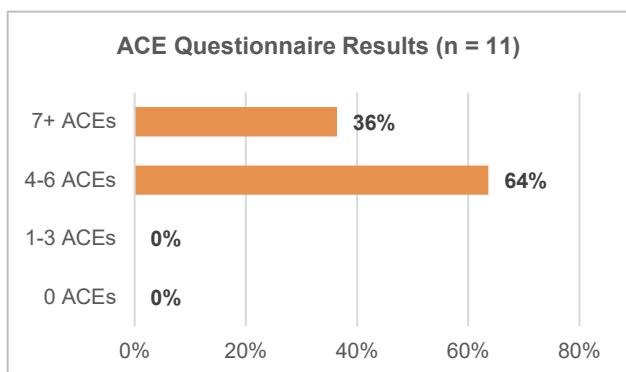
The ATS assessment measures thinking styles and thinking errors among adolescents. We analyzed the entry and exit ATS scores for the seven youth who completed the program during the reporting period. As shown in the table below, the indicator of improvement shows whether an increase or decrease in the score is desired to indicate an improvement. **The graph below illustrates we achieved the desired impact within each domain, averaging 17% (5.7 points) across all five domains.** The results of this entry and exit comparison validate GEO programming has a positive impact in reducing negative thinking styles and increasing youth's self-efficacy and hope, which could reduce the likelihood of future recidivism.



ATS Domain	Description	Indicator of Improvement
Self-Efficacy: Problem Solving	Confidence regarding ability to solve problems	Increase
Self-Efficacy: Drug Resistance	Confidence regarding ability to resist using drugs, avoid situations where drugs are present, and make friends who do not use drugs	Increase
Assertiveness	Confidence regarding ability to express own opinions, stand up for oneself, and say no	Increase
Optimism and Hope	Expectation of positive outcomes and a hopeful future	Increase
General Invincibility	Belief that one will not get hurt from doing risky and dangerous activities	Decrease

Adverse Childhood Experiences (ACEs) Questionnaire

We utilize each youth's ACE Questionnaire results to be responsive to adverse experiences and provide trauma informed care. For the reporting period, all eleven youth served had an ACE score of at least four, with 36% (4) reporting a score of seven or higher. To better understand the specific type of adverse experience, we analyzed the questionnaire results within three categories: childhood abuse, neglect, and household challenges. The chart below on the right shows the prevalence of ACE types among the youth.



Type of ACEs	n = 11 Youth
Abuse	
Emotional Abuse	82% (9)
Physical Abuse	73% (8)
Sexual Abuse	27% (3)
Neglect	
Physical Neglect	82% (9)
Emotional Neglect	55% (6)
Household Challenges	
Separation/Divorce	100% (11)
Mental Illness	91% (10)
Mother Treated Violently	55% (6)
Substance Abuse	55% (6)
Incarcerated Household Member	45% (5)
None	0% (0)

SERVICES PROVIDED AND DOSAGE

Below is an overview of dosage hours provided through GEO groups and services for the 11 youth served during the reporting period:

Group and Individual Cognitive Behavioral Treatment (ICBT) Dosage	
Introduction to Thinking for a Change (T4C)	11
T4C - Social Skills	255
T4C - Cognitive Self Change and Problem Solving	116
Moral Reconciliation Therapy (MRT)	312
Cognitive Behavioral Interventions for Substance Abuse (CBISA)	125
Restorative Justice	52
Cognitive Behavioral Treatment (CBT) Labs	237
Trauma-focused CBT Sessions	122
Aftercare Transition Meetings	30
Individual Cognitive Behavioral Treatment (ICBT) Sessions	322
Total Group and ICBT Dosage	1,582

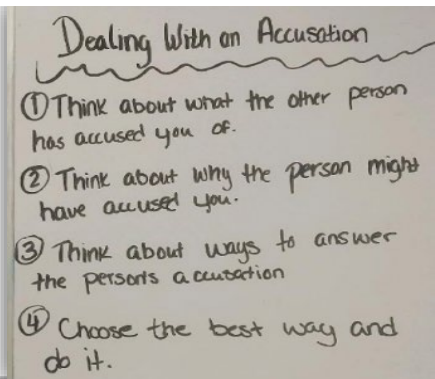
GEO staff facilitate ongoing services, including Essential Needs and Resources, Assessments & Questionnaires, Behavior Change Plans (BCPs), Collaborative Treatment Meetings, Education and Employment Services, Reentry and Discharge Planning.

Practicing New Behaviors

All youth attend a weekly Social Skills group to help them learn new behaviors. Each social skill is comprised of thinking and action steps to help them understand how to utilize these skills effectively when engaging with others.

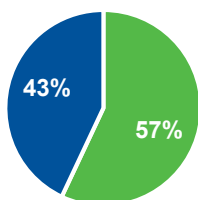
GEO staff created a social skills whiteboard where a youth writes out the steps of the social skill of the week. Youth then practice the skill with their fellow peers and GEO and Probation staff members.

Upon program completion, youth will have consistently practiced and become proficient in over 25 different social skills.



Employment

■ Employed (4) ■ Unemployed (3)



Number of youth who gained employment prior to exiting program

Employment Gains

Throughout the program, GEO staff work to help youth prepare for successful reentry into the community. A key focus is helping youth gain employment. To support our efforts and connect youth with a valuable resource in the community, we established a partnership with The SMART Center. Youth go every other Friday to The SMART Center to get help with resume building, job searching, filling out job applications and interview skills.

Four of seven youth who successfully completed the program (57%) gained employment before program completion.

OPPORTUNITIES

Aftercare and Alumni Services: We are working to refine Aftercare services and identify how to enhance the support for youth as they complete the program and become alumni. We are planning to have regularly scheduled alumni events, with our first one planned for Fall 2022.