



# SHASTA COUNTY SHERIFF

Michael L. Johnson  
SHERIFF-CORONER

## Resources After the Loss of a Loved One

California Peer Run Warm Line: 855-845-7415

The Warm Line is a non-emergency resource for anyone in California seeking mental and emotional support. They provide assistance via phone and web chat on a nondiscriminatory basis to anyone in need.

California Hotline: 988

At the 988 hotline, they want you to know that if you are suffering from severe stress or emotional trauma and if you aren't sure where to go for help.

National Suicide Prevention Lifeline: 1-800-273-Talk (8255)

Crisis Text Line Text Listen to 741-741

Teen Crisis Suicide Line: 1-800-843-5200 or 1-800-727-4747

Hill County C.A.R.E Center: 530-691-4446

12:00pm to 9:00am 7 days per week

LGBTQ: Trevor Project: 1-866-488-7386

LGBT Na Help: 1-888-843-4564

Aging Friendship Warmline: 1-800-971-0016

Institute on Aging's 24-hour toll-free Friendship Line is the only accredited crisis line in the country for people aged 60 years and older, and adults living with disabilities. They also make on-going outreach calls to lonely older adults. While there are other organizations that respond to the needs of people who may be contemplating suicide, none provides the type of services that IOA's Friendship Line offers to respond to the public health problem of suicide among the elderly. Knowing that older people do not contact traditional suicide prevention centers on a regular basis even if they are considering suicide, they created the only program nationwide that reaches out to lonely, depressed, isolated, frail, and/or suicidal older adults.

Veterans Text Line: 1-800-273-8255

Text to 838255