Shasta County Sheriff's Office

Shasta County SO Custody Manual

Inmate Recreation

802.1 GENERAL

The Facility Manager will ensure that recreational opportunities and the outdoor exercise areas are provided for the inmate population. Mobility-disabled inmates will be afforded reasonable accommodations and modifications to participate in the Inmate Recreation Program e.g. special modified and fitted exercise equipment.

Restrictions on use may be allowed in situations where the privilege or equipment is abused. Any restriction on recreational use shall be reviewed and approved by the Watch Commander. A jail incident report shall be written in any situation where a recreational privilege is restricted or withheld.

802.2 UTILIZATION

Recreational activity schedules for each housing unit will be maintained on each mod control, which will allow for three hours of scheduled recreation yard use each week for each inmate.Extra recreation yard periods may be allowed on a discretionary basis as time and facilities permit. The recreation yards will be searched and cleaned prior to the recreation period starting each day.

The housing unit deputy will also ensure that all inmates are searched before their return to the housing unit. Deputies should search each recreation yard and inspect for damage prior to inmates returning to their housing unit. Each inmate housing unit will be responsible for the cleanliness and condition of the recreation yard and equipment.

802.2.1 UTILIZATION DURING INCLEMENT WEATHER

The recreation yards will not be used during periods of inclement weather, or when the yards are so wet as to constitute an inmate safety hazard. In cases where the outside temperature is in question, inmates will be allowed to wear extra clothing and/or their sweatshirt.